


HIV & Older Adults Calendar

January 2019



Contact Emmanuel @ 213.201.1547 or esanchezramos@apla.org to find out more information. Leave your name, phone number and name of the event you plan to attend.

[A] APLA H&W David Geffen <i>Address: 611 S. Kingsley Dr. 90005</i>		[B] APLA H&W Baldwin Hills <i>Address: 3741 S. La Brea Ave 90016</i>		Thursday	Friday	Sat / Sun
[C] JFS (Family Jewish Services) Freda Mohr Multipurpose Center <i>Address: 6310 San Vicente Blvd., Suite 275 90048</i>		[D] Cedars Sinai <i>Address: 8700 Beverly Blvd, 90048</i>		3 [E] Men's Hike 9:30 a.m. Griffith Park corner of Fern Dell Drive and Black Oak Drive. [E] HIV+ Support Group** 1:00 p.m. The Village at Ed Gould Plaza	4 NOLP Food Bank CLOSED [E] Art Lab 10:30 a.m. Drop-In @ The Village at Ed Gould Plaza [E] BINGO! 1:00 p.m. The Village at Ed Gould Plaza [C] Strength Class with Danny 9:30-10:30 a.m. JFS-Freda Mohr Multipurpose Ctr	5/6
[E] LGBT Center - The Village at Ed Gould Plaza <i>Address: 1125 N. McCadden Place</i>		[F] WHCSC Plummer Park (West Hollywood Comprehensive Service Center) <i>Address: 7377 Santa Monica Blvd, 90046</i>				
[G] Triangle Square <i>Address: 1602 Ivar Ave</i>		[O] Other: For more information please call Emmanuel at 213.201.1547.				
Monday	Tuesday	Wednesday	Thursday	Friday	Sat / Sun	
7 [A] G3 (Gay, Gray & Great)** Support Group for HIV older gay men. 6:00 – 7:30 p.m. David Geffen 4 th Floor Call Walter @ 213.201.1621 [A][B] Housing On-Call 9:00 a.m. - 2:30 p.m. WALK-IN David Geffen – 3 rd Floor or APLA Health Education Center [C] Strength Class with Danny 9:30-10:30 a.m. JFS-Freda Mohr Multipurpose Ctr	8 [B] FREE YOGA 7-8 p.m. APLA Health Education Center - Conference Room D [C] Film: Joseph and the amazing technicolor Dreamcoat 1:00-3:00 p.m. JFS-Freda Mohr Multipurpose Ctr. [A][B] Housing On-Call 9:00 a.m. - 2:30 p.m. WALK-IN David Geffen – 3 rd Floor or APLA Health Education Center	9 [E] Men's Social Group 10 a.m. The Village at Ed Gould Plaza [E] Chair Yoga 11 a.m. The Village at Ed Gould Plaza [F] Project Rainbow - A weekly social club for LGBT seniors** 12:00 - 1:30 p.m. Plummer Park, Senior Lounge [A] NOLP Food Bank 10:30 – 12:00p.m. & 1:00 – 5:30p.m. David Geffen – 2 nd floor	10 [E] Men's Hike 9:30 a.m. Griffith Park corner of Fern Dell Drive and Black Oak Drive. [E] HIV+ Support Group** 1:00 p.m. The Village at Ed Gould Plaza [E] Visual Art Class 1:30-3:00 p.m. WHCSC Plummer Park [C] Film: Brooklyn 1:00-3:00 p.m. JFS-Freda Mohr Multipurpose Ctr [A][B] Housing On-Call 9:00 a.m. - 2:00 p.m. WALK-IN David Geffen – 3 rd Floor or APLA Health Education Center	11 [E] Art Lab 10:30 a.m. The Village at Ed Gould Plaza [C] Strength Class with Danny 9:30-10:30 a.m. JFS-Freda Mohr Multipurpose Ctr [B] HIVE Workshop: Creating tools for meaning and healthy changes. 2:00 - 4:00 PM APLA Health Education Center - Conference Room D RSVP to 213.201.1335	12/13	
14 [A] G3 (Gay, Gray & Great)** Support Group for HIV older gay men. 6:00 – 7:30 p.m. David Geffen 4 th Floor Call Walter @ 213.201.1621 [E] Movie for Those Living with HIV** 1:00 p.m. The Village at Ed Gould Plaza DROP-IN [C] Strength Class with Danny 9:30-10:30 a.m. JFS-Freda Mohr Multipurpose Ctr [A][B] Housing On-Call 9:00 a.m. - 2:30 p.m. WALK-IN David Geffen – 3 rd Floor or APLA Health Education Cntr	15 [E] Bereavement Group 1:15p.m. The Village at Ed Gould Plaza RSVP at 323-860-7307. [C] Yoga/Tai-Chi Class 10:30-11:30 a.m. JFS-Freda Mohr Multipurpose Ctr [C] Film: Ghostbusters 1:00-3:00 p.m. JFS-Freda Mohr Multipurpose Ctr [A][B] Housing On-Call 9:00 a.m. - 2:30 p.m. WALK-IN David Geffen – 3 rd Floor or APLA Health Education Center	16 [E] Men's Social Group 10 a.m. The Village at Ed Gould Plaza [E] Chair Yoga 11 a.m. The Village at Ed Gould Plaza [F] Project Rainbow - A weekly social club for LGBT seniors** 12:00 - 1:30 p.m. Plummer Park, Senior Lounge [A] NOLP Food Bank 10:30-12:00p.m. & 1:00-5:30p.m. David Geffen – 2 nd floor	17 [C] Yoga/Tai-Chi Class 10:30-11:30 a.m. JFS-Freda Mohr Multipurpose Ctr [E] HIV+ Support Group** 1:00 p.m. The Village at Ed Gould Plaza [E] Free Dinner: Living with HIV Over 50 Dinner: I Work It Out for My Health with Michelle Simek** 6:00-8:00 p.m. West Hollywood Library Community Room RSVP to 213.201.1547	18 [A] NOLP Food Bank 10:30 – 12:00p.m. & 1:00 – 5:30p.m. David Geffen – 2 nd floor [E] Art Lab 10:30 a.m. The Village at Ed Gould Plaza [C] Strength Class with Danny 9:30-10:30 a.m. JFS-Freda Mohr Multipurpose Ctr [A][B] Housing On-Call 9:00 a.m. - 2:30 p.m. WALK-IN David Geffen – 3 rd Floor or APLA Health Education Center	19/20 [E] MOCA 50+ Men of Color Support Group Saturday Dec.15 4:00-6:00 p.m. DROP-IN The Village at Ed Gould Plaza	
21 APLA Health Offices CLOSED  Martin Luther King Jr. Day	22 [E] Bereavement Group 1:15p.m. The Village at Ed Gould Plaza RSVP at 323-860-7307. [C] Yoga/Tai-Chi Class 10:30-11:30 a.m. JFS-Freda Mohr Multipurpose Ctr [C] Film: Some Like It Hot 1:00-3:00 p.m. JFS-Freda Mohr Multipurpose Ctr	23 [E] Men's Social Group 10 a.m. The Village at Ed Gould Plaza [E] Chair Yoga 10:30 a.m. The Village at Ed Gould Plaza [A] NOLP Food Bank 10:30 – 12:00p.m. & 1:00-5:30p.m. David Geffen – 2 nd floor [C] Strength Training w/Danny 10:30-11:30 a.m. JFS-Freda Mohr Multipurpose Ctr	24 [E] HIV+ Support Group** 1:00 p.m. The Village at Ed Gould Plaza [E] HIVE Bowling Night 6:00 – 8:00 PM Shatto 39 Lanes - Koreatown RSVP to 213.201.1547	25 [A] Free NOLP Yoga 10:15 – 11:30 AM David Geffen – 2 nd floor [A] NOLP Food Bank 10:30 – 12:00p.m. & 1:00 – 5:30p.m. David Geffen – 2 nd floor [C] Strength Class with Danny 9:30-10:30 a.m. JFS-Freda Mohr Multipurpose Ctr [A][B] Housing On-Call 9:00 a.m. - 2:30 p.m. WALK-IN David Geffen – 3 rd Floor or APLA Health Education Center	26/27	
28 [A] G3 (Gay, Gray & Great)** Support Group for HIV older gay men. 6:00 – 7:30 p.m. David Geffen 4 th Floor Call Walter @ 213.201.1621 [E] Men's Dinner 6:30 p.m. The Village at Ed Gould Plaza [A][B] Housing On-Call 9:00 a.m. - 2:30 p.m. WALK-IN David Geffen – 3 rd Floor or APLA Health Education Cntr	29 [E] Bereavement Group 1:15p.m. The Village at Ed Gould Plaza RSVP at 323-860-7307. [C] Yoga/Tai-Chi Class 10:30-11:30 a.m. JFS-Freda Mohr Multipurpose Ctr [C] Film: The Phantom of the Opera 1:00-3:00 p.m. JFS-Freda Mohr Multipurpose Ctr	30 [E] Men's Social Group 10 a.m. The Village at Ed Gould Plaza [E] Chair Yoga 11 a.m. The Village at Ed Gould Plaza [C] Computer Class with Bill 10:00-12:00p.m. JFS-Freda Mohr Multipurpose Ctr [A][B] Housing On-Call 9:00 a.m. - 2:30 p.m. WALK-IN David Geffen – 3 rd Floor or APLA Health Education Center [F] Project Rainbow - A weekly social club for LGBT seniors** 12:00 - 1:30 p.m. Plummer Park, Senior Lounge	31 [E] Men's Hike 9:30 a.m. Griffith Park corner of Fern Dell Drive and Black Oak Drive. [C] Film: Oklahoma 1:00-3:00 p.m. JFS-Freda Mohr Multipurpose Ctr [E] Lunch for Those Living with HIV** 12:30 p.m. The Village at Ed Gould Plaza [E] HIV+ Support Group** 1:00 p.m. The Village at Ed Gould Plaza			

** Program/Event Designed for People Living with HIV