

HIV & Older Adults Calendar

May 2019



Contact Emmanuel @ 213.201.1547 or esanchezramos@apla.org to find out more information. Leave your name, phone number and name of the event you plan to attend.

[A] APLA H&W David Geffen <i>Address: 611 S. Kingsley Dr. 90005</i>		[B] APLA H&W Baldwin Hills <i>Address: 3741 S. La Brea Ave 90016</i>		Wednesday 1 /Thursday 2	Friday	Sat / Sun
[C] JFS (Family Jewish Services) Freda Mohr Multipurpose Center <i>Address: 6310 San Vicente Blvd., Suite 275 90048</i>	[D] APLA Health West Hollywood <i>Address: 1151 N. La Brea Ave., West Hollywood CA</i>	[E] LGBT Center - The Village at Ed Gould Plaza <i>Address: 1125 N. McCadden Place</i>	[F] WHCSC Plummer Park (West Hollywood Comprehensive Service Center) <i>Address: 7377 Santa Monica Blvd, 90046</i>	1 [O] HIVE presents: Maggianos Dinner 6:30PM Maggianos Little Italy 189 The Grove Dr Suite Z80 Los Angeles, CA 90036 RSVP to 213.201.1547**	3 [E] Art Lab 10:30 a.m. Drop-In @ The Village at Ed Gould Plaza [C] Arthritis Exercise with Phyllis 9:30-10:30 a.m. JFS-Freda Mohr Multipurpose Ctr	4/5
[G] Triangle Square <i>Address: 1602 Ivar Ave</i>	[O] Other: For more information please call Emmanuel at 213.201.1547.			2 [A] Newly Diagnosed with HIV Support Group 7:00 – 8:30 p.m. David Geffen – 2 nd floor		
Monday	Tuesday	Wednesday	Thursday	Friday	Sat / Sun	
6 [A] G3 (Gay, Gray & Great) ** Support Group for HIV older gay men. 6:00 – 7:30 p.m. David Geffen 4 th Floor Call Walter @ 213.201.1621 [A][B] Housing On-Call 9:00 a.m. - 2:30 p.m. WALK-IN David Geffen – 3 rd Floor or APLA Health Education Center [C] Arthritis Exercise with Phyllis 9:30-10:30 a.m. JFS-Freda Mohr Multipurpose Ctr	7 [B] FREE YOGA 7-8 p.m. APLA Health Education Center - Conference Room D [C] Film: The Hundred Foot Journey 1:00-3:00 p.m. JFS-Freda Mohr Multipurpose Ctr. [A][B] Housing On-Call 9:00 a.m. - 2:30 p.m. WALK-IN David Geffen – 3 rd Floor or APLA Health Education Center	8 [E] Men's Social Group 10 a.m. The Village at Ed Gould Plaza [E] Chair Yoga 11 a.m. The Village at Ed Gould Plaza [F] Project Rainbow - A weekly social club for LGBT seniors** 12:00 - 1:30 p.m. Plummer Park, Senior Lounge	9 [O] Men's Hike 9:30 a.m. Griffith Park corner of Fern Dell Drive and Black Oak Drive. [E] HIV+ Men's Support Group** 1:00 p.m. The Village at Ed Gould Plaza [C] Film: Quiz Show 1:00-3:15 p.m. JFS-Freda Mohr Multipurpose Ctr.	10 [E] Art Lab 10:30 a.m. The Village at Ed Gould Plaza [C] Arthritis Exercise with Phyllis 9:30-10:30 a.m. JFS-Freda Mohr Multipurpose Ctr [A][B] Housing On-Call 9:00 a.m. - 2:30 p.m. WALK-IN David Geffen – 3 rd Floor or APLA Health Education Center	11/12	
13 [A] G3 (Gay, Gray & Great)** Support Group for HIV older gay men. 6:00 – 7:30 p.m. David Geffen 4 th Floor Call Walter @ 213.201.1621 [A][B] Housing On-Call 9:00 a.m. - 2:30 p.m. WALK-IN David Geffen – 3 rd Floor or APLA Health Education Cntr [D] Sex, Relationships and RECOVERY Weekly Workshop - 7PM APLA Health West Hollywood RSVP with Paul-Roy at 323.329.9722	14 [E] Bereavement Group 1:15p.m. The Village at Ed Gould Plaza RSVP at 323-860-7307. [C] Yoga/Tai-Chi Class 10:30-11:30 a.m. JFS-Freda Mohr Multipurpose Ctr [C] Film: International House 1:00-3:00 p.m. JFS-Freda Mohr Multipurpose Ctr [A][B] Housing On-Call 9:00 a.m. - 2:30 p.m. WALK-IN David Geffen – 3 rd Floor or APLA Health Education Center	15 [E] Men's Social Group 10 a.m. The Village at Ed Gould Plaza [F] Project Rainbow- A weekly social club for LGBT seniors** 12:00 - 1:30 p.m. Plummer Park, Senior Lounge [D] Mindfulness Workshop A skill building group to practice stress reduction and improve emotional well-being. 7 – 8:30PM APLA Health West Hollywood RSVP with Lydia at 213.201.1369	16 [E] HIV+ Support Group** 1:00 p.m. The Village at Ed Gould Plaza [E] Elders Day Lunch for Everyone** 12:00 – 2:00 PM. The Village at Ed Gould Plaza [O] HIVE Presents: Free Dinner: Write your Life With Dan Nussbaum 6:30-8:30 p.m. West Hollywood Library Community Room RSVP to 213.201.1335**	17 [E] Art Lab 10:30 a.m. The Village at Ed Gould Plaza [C] Arthritis Exercise with Phyllis 9:30-10:30 a.m. JFS-Freda Mohr Multipurpose Ctr [A][B] Housing On-Call 9:00 a.m. - 2:30 p.m. WALK-IN David Geffen – 3 rd Floor or APLA Health Education Center [A] Free NOLP Yoga 10:15 – 11:30 AM David Geffen – 2 nd floor	18/19 [O] HIVE Presents: Elevate Next Level Care Aging & HIV May 18 10am – 5pm West Hollywood RSVP to 888-208-8081 [E] MOCA 50+ Men of Color Support Group Saturday May 18 4:00-6:00 p.m. DROP-IN The Village at Ed Gould Plaza	
20 [A] G3 (Gay, Gray & Great)** Support Group for HIV older gay men. 6:00 – 7:30 p.m. David Geffen 4 th Floor Call Walter @ 213.201.1621 [E] Men's Dinner 6:30 p.m. The Village at Ed Gould Plaza [A][B] Housing On-Call 9:00 a.m. - 2:30 p.m. WALK-IN David Geffen – 3 rd Floor or APLA Health Education Cntr	21 [C] Yoga/Tai-Chi Class 10:30-11:30 a.m. JFS-Freda Mohr Multipurpose Ctr [C] Film: Jackie 1:00-3:00 p.m. JFS-Freda Mohr Multipurpose Ctr [D] The Benefits of Mindfulness Learn more about mindfulness and ways to integrate it into your life. 7 – 9 PM APLA Health West Hollywood RSVP to 213.201.1369 Sandwiches will be Provided!	22 [E] Men's Social Group 10 a.m. The Village at Ed Gould Plaza [O] HIVE Presents: Chat N Chew 9:30-10:30 AM NOLP David Geffen Center Parking Lot**	23 [O] Men's Hike 9:30 a.m. Griffith Park corner of Fern Dell Drive and Black Oak Drive. [E] HIV+ Support Group** 1:00 p.m. The Village at Ed Gould Plaza [B] Movie Night: Whale Rider and Kumu Hina 5:30 PM – 8:30PM APLA Health Education Center RSVP to 323.329.9906	24 [A] Free NOLP Yoga 10:15 – 11:30 AM David Geffen – 2 nd floor [C] Arthritis Exercise with Phyllis 9:30-10:30 a.m. JFS-Freda Mohr Multipurpose Ctr [A][B] Housing On-Call 9:00 a.m. - 2:30 p.m. WALK-IN David Geffen – 3 rd Floor or APLA Health Education Center	25/26	
27 [C] Arthritis exercise with Phyllis 9:30-10:30 a.m. JFS-Freda Mohr Multipurpose Ctr [A] G3 (Gay, Gray & Great)** Support Group for HIV older gay men. 6:00 – 7:30 p.m. David Geffen 4 th Floor Call Walter @ 213.201.1621 [A][B] Housing On-Call 9:00 a.m. - 2:30 p.m. WALK-IN David Geffen – 3 rd Floor or APLA Health Education Cntr	28 [E] Bereavement Group 1:15p.m. The Village at Ed Gould Plaza RSVP at 323-860-7307. [C] Yoga/Tai-Chi Class 10:30-11:30 a.m. JFS-Freda Mohr Multipurpose Ctr [C] Film: I, Tonya 1:00-3:00 p.m. JFS-Freda Mohr Multipurpose Ctr	29 [E] Men's Social Group 10 a.m. The Village at Ed Gould Plaza [C] Arthritis exercise with Phyllis 9:30-10:30 a.m. JFS-Freda Mohr Multipurpose Ctr [A] CalFresh Workshop SSI Recipients Now Eligible to Apply for Food Stamps 12 – 1 PM David Geffen Center – 2 nd Floor RSVP to 213.201.1615	30 [O] Men's Hike 9:30 a.m. Griffith Park corner of Fern Dell Drive and Black Oak Drive. [E] Lunch for Those Living with HIV** 12:30 p.m. The Village at Ed Gould Plaza [E] HIV+ Support Group** 1:00 p.m. The Village at Ed Gould Plaza	31 [A] HIVE Presents: FUN FRIDAY Water Color Painting 12:00 – 1:30 PM David Geffen 2 nd Floor Lunch will be provided RSVP to 213.201.1335** [A] Free NOLP Yoga 10:15 – 11:30 AM David Geffen – 2 nd floor		

** Program/Event Designed for People Living with HIV