

For more information, email or call Joyce Paraico jparaico@aplahealth.org (714) 452 4783

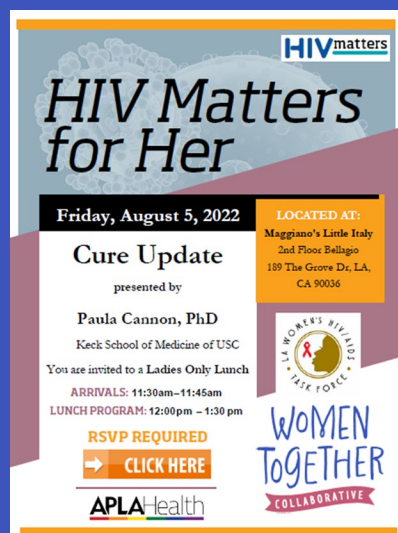
Sun/ Mon	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 HIV Matters for Her 11:00 am – 1:30 pm Maggiano's – The Grove 189 The Grove Dr, Los Angeles, CA 90036 Parking Validation at The Grove Parking Structure ONLY	5
7/8	9	10	11	12 Yoga & Mindful Meditation 10:00 am – 12:00 pm APLA – David Geffen Center 2 nd Floor Founder's Room	13
14/15	16	17 Ladies Coffee Chat & Speed Walk 1:00 – 3:00 pm Starbucks – Exposition Park	18	19	20
21/22	23	24	25	26 Ladies Movie Day Rooftop Cinema Club - Arts District "50 First Dates" Showtime: 8:00 pm Transportation Provided	27
28/29	30	31 Bingo Blitz APLA David Geffen Center 2:00 – 4:00 pm Lunch Provided			

Join Women Together



APLA- David Geffen Center
10 am -12 pm

Every other Friday of the month Mats will be provided



HIV Matters for Her @ Maggiano's
The Grove
Friday, August 5th 2022
11:30 am – 1:30 pm

Socialize and Build Friendships



Starbucks – Exposition Park
Wednesday, August 17th 2022
1:00 pm – 3:00 pm

Limited Parking, Contact Joyce for Transportation assistance