



APLAHealth

Women Together presents

YOGA & MINDFUL MEDITATION

**Every other Friday
10:30 AM - 11:45 AM
Yoga mats provided**

**David Geffen Center
2nd Floor - Founders Room
611 S. Kingsley Dr. Los Angeles, CA 90005**

**Space is Limited
RSVP with Joyce (213) 201-1365**

APLAHealth.org

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