

APRIL 2024



For more information, call or text Emmanuel @ 213-201-1547 or visit the <u>APLA Health</u> website. Or find us on Facebook [HIVE]

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
HIVE 1-on-1 chats 12pm-2pm Schedule at 213-201-1547 HIVE Connections Support Group 5:00PM	HIVE Beach Walk Meet at Hot Java at 1PM Followed by Lunch at Gaucho Beach 3:00PM - 780 E Shoreline Dr., Long Beach, CA 90802 RSVP at 213.201.1547	HIVE CAB Meeting David Geffen Center 2nd Floor 611 S. Kingsley Dr. 12 - 1:30PM HIVE Writers Group Final Readings @ Out Here in Room D 5:00pm	4 HIVE Virtual Bingo! 4:00 - 5:00 PM	Precinct Happy Hour and RuPaul's Drag Race Viewing! 357 S Broadway, LA, CA 90013 - 7:00-9:00PM RSVP at 213.201.1547	6/7
HIVE Connections Support Group 5:00PM My Fabulous Disease with Mark S. King -WeHo Park Community Room At 7:00pm. RSVP at 213.20111547	HIVE Long Beach Coffee Beach Walk Meet at Hot Java at 1PM RSVP at (562) 247-7353. HIVE Virtual Bingo! 4:30 - 5:30 PM	Runyon Canyon Hike Meet at Entrance on 2000 N Fuller Ave, Los Angeles, CA, 90046 12:00PM	Friendly Trivia Game 4:00PM - 5:15PM Game will Start @4:15PM	HIVE en Español Cafe y Platica en Echo Park 3:00-5:00PM RSVP 213.201.1547 HIVE	13/14
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HIVE 1-on-1 chats 12pm-2pm Schedule at 213-201-1547 HIVE Connections Support Group 5:00PM	Regal LA Live Movie Matinee - Time - TBD RSVP213.201.1547 HIVE Long Beach Coffee Beach Walk Meet at Hot Java at 1PM RSVP at (562) 247-7353.		HIVE Birthday Coffee Chat Let's celebrate April birthdays! LA meets on 4/24 at 3PM LB meets on 4/26 at 1PM	To join a meeting, click on the link. If you need Zoom technical assistance, contact Michael or Emmanuel.	

Life Skills: "Improving Inflammation and GI Health" with Brian Coppedge

Dinner will be provided.

Thursday, April 18
Dinner 6:00-6:30PM
Presentation 6:30 - 7:30PM

Plummer Park - Fiesta Hall 1160 N Vista, West Hollywood, CA 90046

RSVP HERE or call 213.201.1547

Mindfulness

Join HIVE for our Mindfulness series. Learn how to be present in the moment, manage your emotions and thoughts, and create a more positive mindset.

Starting Friday, April 19 1:30pm to 3:30pm.

4- SERIES WORKSHOP
Complete All Sessions
and Receive a \$100 Gift Card.

MUST RSVP at 213.201.1547

Funny Girl

Win a ticket for Funny Girl, the sensational musical comedy revival at the Ahmanson Theatre, with Grammy Award-winning singer-songwriter Melissa Manchester and directed by Tony Award-winner Michael Mayer

Thursday, April 25 at 7PM

Please complete monthly survey evaluation to enter raffle.

Contact Emmanuel at 213.201.1547

Happy Hour and Drag Race Screening at PRECINCT!

Friday, April 5
Meet at 7:00PM

DTLA PRECINCT

357 S Broadway, Los Angeles, CA 90013



RSVP with Emmanuel at 213.201.1547