



Women's HIV Resource Guide

A Directory of Services in Los Angeles County



Women Together is a community partnership in LA County that was created just for women living with HIV. Our programs provide a safe space for conversations, peer support, and new friendships.

Welcome to the Inaugural Edition of the Women’s HIV Resource Guide. The resource guide represents a partnership between the Women Together program at APLA Health, the Women’s Caucus of the Los Angeles Commission on HIV, and the LA Women’s HIV Task Force. Included in the Directory are medical and maternal health clinics specializing in women’s health, where to access mental health, substance use and social support and help with legal, nutritional needs, jobs and transportation, among other categories of interest to women with HIV in Los Angeles County.

Having this resource guide now will help to address some of the health disparities that exist for women with HIV in Los Angeles County. Findings from the Women’s Caucus of the Los Angeles Commission on HIV show a lack of information about the services available to women or information about service providers. The LA Women’s HIV Task Force presented data at their 2023 Treatment Summit that showed HIV-positive women in Los Angeles County represent the population with the lowest levels of linkage to care within 30 days.

With this resource guide and our combined efforts to improve women’s HIV health outcomes, our intention is to provide helpful resources, information and referrals for women that link directly to healthcare and support services. Moreover, we support the intention of APLA Health to keep this a fluid Women’s HIV Resource Guide and update the many pages of information with the valuable input from providers and women in the HIV community in Los Angeles County.

We hope that you will share this directory with your colleagues and friends and use it for your benefit and better health outcomes.

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AIDS Drug Assistance Program (ADAP)

ADAP offers co-pay assistance for HIV medications to uninsured or underinsured individuals with incomes between 138% and 500% of the Federal Poverty Level. It may also provide comprehensive medical, dental, and vision coverage, especially for self-employed or gig-economy workers. ADAP offers various programs, such as PrEP access, coverage for Medicare supplemental insurance, and employer-based support for high-cost insurance plans. The program ensures access to medications and encourages ongoing care and viral suppression. It is supported by the California Department of Public Health and provides same-day assistance to anyone, regardless of their client status.

El programa ADAP ofrece ayuda para el copago de medicamentos para el VIH a personas sin seguro o con seguro insuficiente con ingresos entre el 138% y el 500% del nivel federal de pobreza. También puede proporcionar cobertura médica, dental y de visión completa, especialmente para trabajadores independientes o de temporada. El ADAP ofrece varios programas, como acceso a PrEP, cobertura para el seguro complementario de Medicare y apoyo basado en el empleador para planes de seguro de alto costo. El programa garantiza el acceso a los medicamentos y fomenta el cuidado continuo y la supresión viral. Este programa cuenta con el apoyo del Departamento de Salud Pública de California y ofrece asistencia el mismo día a cualquier persona, independientemente del estado del cliente.

AHF HEALTHCARE CENTER

Provides assistance with enrollment under the ADAP.

Ofrece asistencia para la inscripción en el programa ADAP.

[freestdcheck.org](#)

[hivcare.org](#)

Antelope Valley

1669 W Ave J, Ste 301, Lancaster, CA 93534

TEL 661-723-3244

Tuesday and Thursday 8:30 AM–5:00 PM

Beverly Hills

99 N La Cienega Blvd, #200
Beverly Hills, CA 90211

310-657-9353

Monday–Friday 8:30 AM–5:30 PM

Downtown LA

1400 S Grand Ave, #801
Los Angeles, CA 90015

213-741-9727

Monday–Friday 8:30 AM–5:30 PM

El Monte

11001 Main St #311, El Monte, CA 91733

626-444-9453

Monday 8:30 PM–5:30 PM

Hollywood

4905 Hollywood Blvd
Los Angeles, CA 90027

323-662-0492

Monday 8 AM–8 PM; Tuesday–Friday 8:30 AM–5:30 PM

Redondo Beach

520 N Prospect Ave, Ste 209
Redondo Beach, CA 90277

310-374-5474

Wednesday 8:30 AM–5:30 PM

Sherman Oaks

4940 Van Nuys Blvd, #200
Sherman Oaks, CA 91423

818-380-2626

Monday, Tuesday, Thursday, & Friday 8:30 AM–5:30 PM; Wednesday 8:30 AM–7:00 PM

West Adams

2146 W Adams Blvd, Los Angeles, CA 90018

855-783-2434

Monday–Friday 12 PM–8 PM; Saturday 9:30 AM–5:30 PM

Whittier

15141 Whittier Blvd, #260, Whittier, CA

562-693-2654

Monday 8:30 AM–5:30 PM

ALTAMED HEALTH SERVICES

Provides assistance with enrollment under the ADAP.

Ofrece asistencia para la inscripción en el programa ADAP.

[altamed.org](#)

East Los Angeles

5427 Whittier Blvd, Los Angeles, CA 90022

888-499-9303

Tues., Wed., and Fri. 9:00 AM–4:00 PM

El Monte

3208 Santa Anita Ave, Ste 200
El Monte, CA 91733

626-454-1990

Monday, Wednesday, Thursday, Friday 8 AM–5 PM; Tuesday 9 AM–5 PM

Pico Rivera

9436 E Slauson Ave, Pico Rivera, CA 90660

888-499-9303

Monday, Wednesday, Thursday, Friday 8 AM–7 PM; Tuesday 9 AM–7 PM

APLA HEALTH & WELLNESS

Benefits Counseling services aim to provide individuals with guidance on comprehending both public and private benefits, and they offer support in the process of coordinating these benefits, particularly in relation to ADAP eligibility and enrollment.

Los servicios de asesoramiento sobre beneficios tienen como objetivo orientar a las personas para que comprendan los beneficios tanto públicos como privados, y ofrecen apoyo en el proceso de coordinación de estos beneficios, especialmente en relación con la elegibilidad y la inscripción al programa ADAP.

[aplahealth.org](#)

Baldwin Hills

Gleicher/Chen Health Center
3743 S La Brea Ave, Los Angeles, CA 90016

323-329-9900

Monday–Friday 8 AM–5 PM

Koreatown

David Geffen Health Center
611 S Kingsley Dr, Los Angeles, CA 90005

213-201-1600

Monday / Wednesday / Friday: 9 a.m.–5 p.m.
Tuesday / Thursday: 9 a.m.–3 p.m.

Long Beach

APLA Health Center
1043 Elm Ave, Ste 302
Long Beach, CA 90813

562-247-7752

Monday / Thursday / Friday: 8 a.m.–5 p.m.;
Tuesday / Wednesday: 8 a.m.–7 p.m.

BANJ HEALTH CENTER

201 S Central Ave, Compton, CA 90220

Benefits Counseling services aim to provide individuals with guidance on comprehending both public and private benefits, and they offer support in the process of coordinating these benefits, particularly in relation to ADAP eligibility and enrollment.

Los servicios de asesoramiento sobre beneficios tienen como objetivo orientar a las personas para que comprendan los beneficios tanto públicos como privados, y ofrecen apoyo en el proceso de coordinación de estos beneficios, especialmente en relación con la elegibilidad y la inscripción al programa ADAP. Compton

424-296-0563

Monday–Thursday 9 AM–5 PM; Friday and Saturday 9 AM–1 PM

BARTZ-ALTADONNA COMMUNITY HEALTH CENTER

43322 Gingham Ave, Lancaster, CA 93535

Ofrece asistencia para la inscripción en el programa ADAP.

616-874-4050

Monday–Friday 7:30 PM–6:30 PM

[bartz-altadonna-chc.org](#)

BEING ALIVE

7080 Hollywood Blvd, Ste 450
Los Angeles, CA 90028

Provides ADAP services by appointment.

323-874-4322

Monday–Friday 10 AM–6 PM

[beingalivela.org](#)

CHILDREN HOSPITAL OF LOS ANGELES

4650 Sunset Blvd, Los Angeles, CA 90027

Provides assistance with enrollment under the ADAP.

Ofrece asistencia para la inscripción en el programa ADAP.

323-660-2450

[chla.org](#)

EAST VALLEY COMMUNITY HEALTH CENTER

420 S Glendora Ave, West Covina, CA 91790

Provides assistance with enrollment under the ADAP.

Ofrece asistencia para la inscripción en el programa ADAP.

626-919-4333

Monday–Friday 8 AM–5 PM
lcabral@elproyecto.us

[evchc.org](#)

ESPERANZA CLINIC

Panorama City
9140 Van Nuys Blvd
Panorama City, CA 91402

Provides assistance with enrollment under the ADAP.

818-830-7181

[elproyecto.us](#)

HARBOR UCLA MEDICAL CENTER

UCLA Harbor
1000 W Carson St, Building N–24
Torrance, CA 90509

UCLA Harbor provides medical care coordination and ADAP enrollment. Medical care coordination will assist you in making medical appointments and address other barriers you may be facing. ADAP helps cover a portion, or all, of your HIV medication so you may receive it free from cost.

UCLA Harbor ofrece coordinación de atención médica e inscripción en el programa ADAP. La coordinación de la

atención médica le ayudará a acudir a cada una de sus citas médicas y resolver otros obstáculos a los que pueda enfrentarse. ADAP ayuda a cubrir una parte, o la totalidad, de su medicación contra el VIH para que pueda recibirla sin costo alguno.

310-222-5472

[dhs.lacounty.gov](#)

HUBERT H HUMPHREY HEALTH CENTER

5850 Main St, Los Angeles, CA 90003

Provides assistance with enrollment under the ADAP.

323-897-6000

Monday–Friday 8 AM–4:30 PM

[dhs.lacounty.gov](#)

JEFFREY GOODMAN SPECIALTY CARE

LGBT Center
1625 Schrader Blvd, 3rd floor
Los Angeles, CA 90028

Provides assistance with enrollment under the ADAP.

Ofrece asistencia para la inscripción en el programa ADAP.

323-993-7500

Monday–Friday 8 AM–5 PM

[lalgbtcenter.org](#)

JOHN WESLEY HEALTH CENTER (JWCH)

Andrew Escajeda Clinic
1845 N Fair Oaks Ave, Ste G-151
Pasadena, CA 91103

Provides assistance with enrollment under the ADAP.

Ofrece asistencia para la inscripción en el programa ADAP.

866-733-5924
562-867-7999

(Closed for lunch Mon–Fri 12:00pm–1:00pm);
Monday: 7:30AM – 4:30PM; Tuesday: 7:30AM – 4:30PM; Wednesday: 7:30AM – 12:00PM; Thursday: 7:30AM – 4:30PM; Friday: 7:30AM – 12:00PM

[jwchinstitute.org](#)

KAISER PERMANENTE MEDICAL CENTER

9333 Imperial Highway Downey, CA 90242

Provides assistance with enrollment under the ADAP.

Ofrece asistencia para la inscripción en el programa ADAP.

562-657-9823

[thrive.kaiserpermanente.org](#)

Kaiser Permanente Medical Center

25825 Vermont Ave, Harbor City, CA 90710

Provides assistance with enrollment under the ADAP.

Ofrece asistencia para la inscripción en el programa ADAP.

424-251-7793

[healthy.kaiserpermanente.org](#)

Kaiser Permanente Medical Center

4867 W Sunset Blvd, Los Angeles, CA 90027

Provides assistance with enrollment under the ADAP.

Ofrece asistencia para la inscripción en el programa ADAP.

833-574-2273

[healthy.kaiserpermanente.org](#)

Kaiser Permanente Medical Center

Panorama City
13651 Willard St, Los Angeles, CA 91402

Provides assistance with enrollment under the ADAP.

Ofrece asistencia para la inscripción en el programa ADAP.

833-574-2273

[healthy.kaiserpermanente.org](#)

Kaiser Permanente Medical Center

West Los Angeles
6041 Cadillac Ave, Los Angeles, CA 90034

Provides assistance with enrollment under the ADAP.

833-574-2273

[healthy.kaiserpermanente.org](#)

Kaiser Permanente Medical Center

5601 De Soto Ave
Woodland Hills, CA 91367

Provides assistance with enrollment under the ADAP.

Ofrece asistencia para la inscripción en el programa ADAP.

833-574-2273

[healthy.kaiserpermanente.org](#)

LA COUNTY & USC MATERNAL CHILD AND ADOLESCENT CLINIC

2010 Zonal Ave, OPD 5 West
Los Angeles, CA 90033

Provides assistance with enrollment under the ADAP enrollment through Maternal Child and Adolescent/Adult Center for Infectious Diseases and Virology

Ofrece asistencia para la inscripción en el programa ADAP a través del Centro de Enfermedades Infecciosas y Virología Materno Infantil y Adolescente/Adulto.

323-409-2200

[keck.usc.edu](#)

LONG BEACH COMPREHENSIVE HEALTH CENTER

1333 Chestnut Ave, Long Beach, CA 90813

Provides assistance with enrollment under the ADAP.

562-599-2153

Monday–Friday 8 AM–4 PM

[dhs.lacounty.gov](#)

MARTIN LUTHER KING JR. HOSPITAL-OASIS CLINIC

1807 E 120th St, Los Angeles, CA 90059

Provides assistance with enrollment under the ADAP.

Ofrece asistencia para la inscripción en el programa ADAP.

424-338-2929

Monday, Wednesday, Thursday, Friday 8 AM–7 PM; Tuesday 9 AM–7 PM

[cdrewu.edu](#)

NORTHEAST VALLEY HEALTH CORPORATION

14624 Sherman Way, Ste 600
Van Nuys, CA 91405

Provides assistance with enrollment under the ADAP.

Ofrece asistencia para la inscripción en el programa ADAP.

818-270-9777

Monday, Thursday, & Friday 8 AM–4:30 PM; Tuesday 8 AM–7:30 PM

[nevhc.org](#)

OLIVE VIEW MEDICAL CENTER

14445 Olive View Dr, Sylmar, CA 91342

Provides assistance with enrollment under the ADAP.

Ofrece asistencia para la inscripción en el programa ADAP.

747-210-3000

Monday-Friday 7:30 am AM-5:30 PM

dhs.lacounty.gov

RAND SCHRADER CLINIC

LAC + USC

1300 N Mission Rd, Los Angeles, CA 90033

Provides assistance with enrollment under the ADAP.

Ofrece asistencia para la inscripción en el programa ADAP.

323-409-8255

Monday-Friday 8:30 am AM-4:30 PM

dhs.lacounty.gov

SABAN COMMUNITY CLINIC

Provides assistance with enrollment under the ADAP.

Ofrece asistencia para la inscripción en el programa ADAP.

323-653-1990

Monday -Thursday: 7:00am -7:00pm; Friday: 7am -4:30pm; Saturday: 7:30am -4:00pm

sabancommunityclinic.org

ST. JOHN'S COMMUNITY HEALTH

Ofrece asistencia para la inscripción en el programa ADAP.

Provides assistance with enrollment under the ADAP.

323-541-1600 ext 1079

ST. MARY MEDICAL CENTER

C.A.R.E. Center

Dignity Health

1040 Elm Ave, #200

Long Beach, CA 90813

Ofrece asistencia para la inscripción en el programa ADAP.

Provides assistance with enrollment under the ADAP.

562-606-5471

Monday-Friday 8:30 AM-12:00 PM & 1:15 PM-4:30 PM

dignityhealth.org

TARZANA TREATMENT CENTER

Provides assistance with enrollment under the ADAP.

Ofrece asistencia para la inscripción en el programa ADAP.

888-777-8565

tarzanatc.org

THE PASADENA PUBLIC HEALTH DEPARTMENT

100 N Garfield Ave, Pasadena, CA 91101

The Pasadena Public Health Department is an official enrollment site for the AIDS Drug Assistance Program (ADAP). ADAP is a State prescription drug assistance program that helps provide qualified individuals with medications to treat HIV or prevent related serious deterioration of health.

El Departamento de Salud Pública de Pasadena es un sitio oficial de inscripción para el Programa de Asistencia de Medicamentos para el SIDA (ADAP). ADAP es un programa estatal de asistencia de medicamentos recetados que ayuda a proporcionar a las personas calificadas con medicamentos para tratar el VIH o prevenir el deterioro grave de la salud.

626-744-6355

TO HELP EVERYONE

3834 S Western Ave, Los Angeles, CA 90062

Provides assistance with enrollment under the ADAP.

Ofrece asistencia para la inscripción en el programa ADAP.

323-730-1020

Monday-Thursday 7 AM-6:00 PM; Friday 7 AM-5 PM; Saturday 9 AM-1 PM

publichealth.lacounty.gov

UCLA CARE CLINIC

ADAP ensures that people living with HIV/ AIDS receive their HIV and HIV-related medications at no cost with free HIV medications, HIV related medications, insurance premium payment assistance for patients enrolled in a private health insurance plan, premium payment assistance for individuals enrolled in a Medicare Part D prescription plan, and co-pay reimbursements for services covered by requirements.

El ADAP garantiza que las personas que viven con el VIH/SIDA reciban sus medicamentos contra el VIH y relacionados con el VIH sin costo alguno, con medicamentos gratuitos contra el VIH,

medicamentos relacionados con el VIH, asistencia para el pago de primas de seguros para pacientes inscritos en un plan de seguro médico privado, asistencia para el pago de primas para personas inscritas en un plan de medicamentos recetados de la Parte D de Medicare y reembolsos de copagos por servicios cubiertos por requisitos.

310-825-02631

uclahealth.org

VALLEY COMMUNITY CLINIC

Smart Health

9119 Haskell Ave, North Hills, CA 91343

Provides assistance with enrollment under the ADAP.

Ofrece asistencia para la inscripción en el programa ADAP.

818-763-8836

Mon–Fri 8 AM-5 PM; Sat 8 AM–12 PM

info@vchcare.org

valleycommunityhealthcare.org

VENICE FAMILY CLINIC

Common Ground

622 Rose Ave, Santa Monica, CA 90405

Provides assistance with enrollment under the ADAP.

Ofrece asistencia para la inscripción en el programa ADAP.

310-392-8630

Monday-Friday 9 AM-5 PM

VFCInfo@mednet.ucla.edu

venicefamilyclinic.org

WATTS HEALTH CENTER

10300 Compton Ave

Los Angeles, CA 90002

Provides assistance with enrollment under the ADAP.

Ofrece asistencia para la inscripción en el programa ADAP.

323-564-4331

Monday-Friday 8 AM-5 PM

info@wattshealth.org

wattshealth.org

Case Management

1736 FAMILY CRISIS CENTER

2116 Arlington Ave, #200

Los Angeles, CA 90018

This organization provides services to families and individuals who are homeless or at risk of being homeless including those who are survivors of domestic violence, sexual assault, and human trafficking, veterans, at-risk youth, and low-income families. Services provided include legal services, residential services, crisis intervention and case management. Case management services provide clients the support needed to navigate services, including job development, legal and mental health services.

Esta organización ofrece servicios a familias y personas sin hogar o en riesgo de quedarse sin hogar, incluyendo sobrevivientes de violencia doméstica, agresión sexual, el tráfico humano, veteranos, jóvenes en situación de riesgo y familias con bajos ingresos. Los servicios incluyen servicios legales, servicios de residencia, intervención en crisis y el manejo de casos. Los servicios de manejo de casos proporcionan a los clientes el apoyo necesario para navegar por los servicios, incluyendo el desarrollo de empleo, servicios legales y de salud mental.

323-737-3900

1736fcc.org

APLA HEALTH & WELLNESS

Linkage & Retention to HIV Medical Care

611 S Kingsley Dr, Los Angeles, CA 90005

Linkage to Care Case Management Services is a program designed to identify and link HIV-positive clients to medical care and services. These services are offered by qualified non-medical case managers who will assess a client's needs and address barriers to receiving HIV care.

213-201-1500

aplahealth.org

BEING ALIVE

7080 Hollywood Blvd, Ste 450

Los Angeles, CA 90028

This organization incentives for participating in their case management program. Their services also include acupuncture, a Facial Rejuvenation Clinic, field trips/social outings, and a syringe service program.

Esta organización ofrece incentivos por participar en su programa de manejo de casos. Sus servicios también incluyen acupuntura, una clínica de rejuvenecimiento facial, excursiones y salidas sociales, y un programa de servicio de jeringa.

323-874-4322

beingalivela.org

FOOTHILLS AIDS PROJECT (FAP)

Family Support

2555 E Colorado Blvd, Ste 202

Pasadena, CA 91101

Provides case management for families including food services, women's support groups, family counseling and family-support activities.

Ofrece manejo de casos para familias, incluidos servicios de alimentación, grupos de apoyo a mujeres, asesoramiento familiar y actividades de apoyo a la familia.

626-639-3321

zacharym@fapinfo.org

fapinfo.org

HOMELESS OUTREACH PROGRAM INTEGRATED CARE SYSTEM (HOPICS)

Family Solutions Center

5849 Crock St, Los Angeles, CA 90003

HOPICS provides intensive case management and housing placement services to homeless families with children ages 0-5.

HOPICS ofrece servicios intensivos de manejo de casos y búsqueda de vivienda a familias sin hogar con niños de 0 a 5 años.

323-432-4399

JEWISH FAMILY SERVICE OF LOS ANGELES — JONA GOLDRICH MULTISERVICE CENTER

Case/Care Management (At Risk for Homelessness, Compulsive Hoarding, Older Adults)

Case Management

Jewish Family Service of Los Angeles—Jona Goldrich

Multiservice Center

330 N Fairfax Ave, Los Angeles , CA 90036

The center provides a variety of services for older adults, 60 years and older, who live in the West Wilshire area of Los

Angeles. Services include case/care management, certificates/forms assistance, congregate meals/nutrition sites, escort programs, friendly visiting, home delivered meals, recreational activities/sports, senior housing information and referral, senior centers, specialized information and referral, telephone reassurance, and welfare rights assistance. Age and income restrictions apply for some services; services are restricted to residents of the Hollywood-Wilshire area.

El centro ofrece una variedad de servicios para adultos mayores, de 60 años o más, que viven en el área de West Wilshire de Los Ángeles. Los servicios incluyen manejo de casos/cuidados, asistencia con formularios y certificados, sitios de comidas y nutrición en grupo, programas de acompañamiento, visitas amistosas, comidas a domicilio, actividades recreativas y deportes, información y referencias sobre viviendas para mayores, centros para mayores, información y referencias especializada, consuelo telefónico y asistencia sobre derechos de bienestar. Se aplican restricciones de edad e ingresos para algunos servicios; los servicios están restringidos a los residentes de la zona de Hollywood-Wilshire.

323-937-5900

jfsla.org

MINORITY AIDS PROJECT (MAPS)

IN-HOME REGISTERED NURSE CASE MANAGEMENT

5149 W Jefferson Blvd

Los Angeles, CA 90016

At MAPS the Registered Nurse Case Manager works in conjunction with the In-Home Care Social Worker. The Nurse Case Manager Assists the client to implement goals, monitor service delivery to client and document all contact, follow-up activities in client file. This program could offer, limited in-home medical equipment, nutritional supplements, home-maker services, in-home mental health services, CNA services, LVNA services and RN services, Registered Dietitian services and non-emergency medical transportation.

En MAPS, la Enfermera Registrada-Administradora de Casos trabaja en conjunto con el Trabajador Social de atención a domicilio. La enfermera administradora de casos ayuda al cliente a alcanzar sus objetivos, supervisa el suministro de servicios al cliente y documenta todos los contactos y actividades de seguimiento en el expediente del cliente. Este programa podría ofrecer equipo médico a domicilio limitado, suplementos nutricionales, servicios de ama de casa, servicios de

salud mental a domicilio, servicios de CNA, servicios de LVNA y servicios de RN, servicios de dietista registrado y transporte médico no urgente.

323-936-4949

SPECIAL SERVICE FOR GROUPS (SSG)

515 Columbia Ave, Ste 300, LA, CA, 90017

SSG offers case management services for behavioral health, forensic treatment projects and mental health.

SSG ofrece servicios de manejo de casos sobre la salud del comportamiento, proyectos de tratamiento forense y salud mental.

213-553-9121

THE CATALYST FOUNDATION

547 West Lancaster Blvd

Lancaster, CA 93534

Intensive Case Management Services Program for Housing for Health are homeless and have a chronic illness or physical disability and/or are "high users" of Los Angeles County Department of Health Services programs.

El Programa de Servicios de Manejo de Casos Intensivos son para personas sin hogar y padecen una enfermedad crónica o una discapacidad física y/o son 'grandes usuarios' de los programas del Departamento de Servicios de Salud del Condado de Los Ángeles.

661-948-8559

THE TRANSLATIN @ COALITION (TLC)

3055 Wilshire Blvd, Ste 350

Los Angeles, CA 90010

This organization provides comprehensive services including outreach, case management and referrals to TGI people who live, work, go to school, or spend a significant amount of time within the City Of West Hollywood.

Esta organización ofrece servicios completos que incluyen difusión pública, manejo de casos y referencias a personas TGI que viven, trabajan, van a la escuela o pasan una cantidad significativa de tiempo dentro de la ciudad de West Hollywood.

833-847-2331

Child Care

ALL PEOPLES COMMUNITY CENTER

Extended Daycare

822 E 20th St, Los Angeles, CA 90011

This community center collaborates with International Institute of Los Angeles to provide licensed childcare for children 2-5. State preschool classes are also available.

213-747-6357

allpeoples@allpeoplescc.org

allpeoplescc.org

After-School Programs

Offering academic, sports and recreation opportunities; computer training; and enrichment activities, like art & crafts and gardening. For grades 11-12, summer day camp, educational & cultural excursions; and outings to local colleges & universities, museums, libraries, and parks.

CALIFORNIA CHILDRENS ACADEMY

Multiple Locations

California Children's Academy's early care & education centers provide services for infants, toddlers & preschoolers. Professional, experienced staff provide a safe environment that meets the cognitive, social, physical & emotional needs of each child.

323-223-3313

Monday – Friday, 8:00 am – 5:00 pm

californiachildrensacademy.org

CATHOLIC CHARITIES OF LOS ANGELES

1530 James M. Wood Blvd

Los Angeles, CA 90015

Adeste is a quality, before-and-after school child care program that offers working families affordable child care. The program helps advance economic self-reliance by giving parents the opportunity to work, knowing that their children are in a safe, nurturing environment. Adeste's program focuses on structure, socialization, ethics and character development, while providing tutoring and extra language help for children who need it.

213-251-3468

catholiccharitiesla.org

El Santo Niño
Community Center

601 E 23rd St, Los Angeles, CA 90011

This location offers adeste after-school care for elementary children; MY CLUB after-school program for middle and high school youth; cultural and recreational activities and job coaching for youth.

213-318-5705

213-318-5703

Mon-Fri: 7:30 a.m. – 6:00 p.m.

CHILDREN’S HOSPITAL
LOS ANGELES

Clinical Immunology and Allergy
4650 Sunset Blvd, Los Angeles, CA 90027

323-361-2501

CHILDREN’S INSTITUTE

Multiple Locations

This organization offers home-based and center-based early childhood programs for children birth to five years old in Koreatown, Watts, South Los Angeles, Compton and Wilmington, which are free for qualifying families.

213-260-7600

childrensinstitute.org

HEAD START

Mexican American Opportunity
Foundation Head Start
Administration
2650 Zoe St, Huntington Park, CA 90255

The agency provides early childhood education services through a variety of programs. Services include a Head Start Delegate Agency through the LA County Office of Education for children, age 3 to 5; infant care programs, for children from birth to age 3; general child care centers for children 18 months to age 5; and preschool programs for children age 3 to 5. Geographic restrictions apply for some programs. Head Start service area is restricted to zip codes 90001, 90002, 90058, 90255, 90280.

323-586-9084

maof.org

MOUNT SAINT MARY’S
UNIVERSITY CHILD
DEVELOPMENT CENTER

17 Chester Pl, Los Angeles, CA 90007

The child development center provides child care for families in the Los Angeles area. Services include a day care program

for children age one and a half to four. There are no geographic restrictions.

El centro de desarrollo infantil ofrece servicios de guardería a familias de la zona de Los Ángeles. Los servicios incluyen un completo programa de guardería para niños de un año y medio a cuatro años. No hay restricciones geográficas.

213-477-2977

msmu.edu

ST. ANNES FAMILY SERVICES

155 N Occidental Blvd
Los Angeles, CA 90026

This organization offers Early Head Start and Head Start services (age: birth – 5 years) for families in Hancock Park/Greater Wilshire, Wilshire Park, Koreatown, West Adams, Westlake, Jefferson Park, Mid-City/Wilshire, Central LA, Silver Lake, Echo Park, Rampart Village, Elysian Heights, Miracle Mile, Lynwood and Paramount. Programs support school readiness by focusing on health, mental health, nutrition, family engagement, and social/emotional development. All early childhood education services are free to eligible families, and children attending one of our ten centers receive free nutritious snacks and meals.

213-381-2931 ext 450

M-F, 8 a.m.-6 p.m.

ELC@stannes.org

stannes.org

THE LAUREL FOUNDATION

75 S Grand Ave, Pasadena, CA 91105

The Laurel Foundation seeks to enrich and empower transgender/gender diverse youth and children, youth and families affected by HIV/AIDS through diverse and educational camp experience.

La Fundación Laurel pretende enriquecer y empoderar a los jóvenes transgénero/género diversos y a los niños, jóvenes y familias afectados por el VIH/SIDA a través de una experiencia de campamento diversa y educativa.

626-683-0800

laurel-foundation.org

YWCA
GREATER LOS ANGELES

Compton Empowerment Center
1600 E Compton Blvd Compton, CA 90221

Services are restricted to South Central and Southeast Los Angeles residents and provides child care for families who live in Compton, Rancho Dominguez, Lynwood, and Gardena. The licensed child care

center provides summer day care in the months of June to August. APPLICATION PROCEDURE: call for information or to apply. FEES/PAYMENT SOURCE: fees are based on family income.

El programa ofrece cuidado infantil para las familias con niños que viven en Compton, Rancho Domínguez, Lynwood, y Gardena. Los servicios incluyen una guardería autorizado, y servicios de cuidado infantil. Los servicios están restringidos a los residentes de South Central y Southeast Los Angeles. La guardería de verano se proporciona en los meses de junio a agosto. Procedimiento de solicitud: Llame para información o para solicitar. Cuotas/ Fuentes de pago: Las cuotas se basan en los ingresos de las familias.

310-763-9117

ywcagla.org

Dental Care

ALTAMED DENTAL SERVICES

Westlake
2100 W 3rd St, Ste 220
Los Angeles, CA 90057

Altamed provides dental services such as exams, x-rays, cleanings, and preventive services.

Altamed brinda servicios dentales como exámenes, radiografías, limpiezas y servicios preventivos.

888-499-9303

M/W/F 8 am -5 pm; T/Th 9 am -5 pm

altamed.org

Boyle Heights

3945 Whittier Blvd, Los Angeles, CA90023

888-499-9303

M/W/F 8 am -5 pm; T/Th 9 am -5 pm

El Monte

10418 Valley Blvd, El Monte, CA91731

888-499-9303

M/W/F/Sat 8 am -5 pm; T/Th 9 am -5 pm

APLA HEALTH & WELLNESS

APLA Health offers dental care for anyone in the community. They see anyone regardless of their insurance status, their sexual orientation, their gender or their HIV status. Services provided include exams, cleanings, fillings and oral surgery.

APLA Health ofrece atención dental para cualquier persona de la comunidad. Ven a cualquier persona independientemente

de su estado de seguro, su orientación sexual, su género o su estado de VIH. Los servicios brindados incluyen exámenes, limpiezas, empastes y cirugía bucal..

Baldwin Hills

Gleicher/Chen Health Center
3743 S La Brea Ave, Los Angeles, CA 90016

323-329-9900

Downtown Los Angeles

APLA Health Dental Clinic
1127 Wilshire Blvd, Ste 1504
Los Angeles, CA 90017

213-201-1388

MON – FRI 8 am – 5 pm

aplahealth.org

Long Beach

APLA Health Center
1043 Elm Ave, Ste 302
Long Beach, CA 90813

562-247-7740

WED / THR 8 am – 5 pm

South Los Angeles

APLA Health Center, CDU/MLK
Medical Campus
1679 E 120th St, Los Angeles, CA 90059

323-329-9700

MON / THR / FRI 8 am – 12 pm; 1 pm – 5 pm

ARROYO VISTA FAMILY
HEALTH CENTER

Highland Park
6000 N Figueroa St, Los Angeles, CA 90042

This health center offers low cost dental plans to those who qualify. Services provided include oral exams, checkups, root canals, and fillings.

Este centro de salud ofrece planes dentales de bajo costo a quienes califican. Los servicios brindados incluyen exámenes orales, chequeos, endodancias y empastes.

323-254-5221 ext 3211

Monday – Friday 8:00am – 5:00pm, Saturday 8:00am – 5:00pm

arroyovista.org

Lincoln Heights

2411 N Broadway, Los Angeles, CA 90031

323-987-2060

Monday – Friday 8:00am – 5:00pm

ASSISTANCE LEAGUE:
SAN PEDRO

Frances J. Johnson Dental Center
1441 W Eighth St, San Pedro, CA 90732

This dental center is staffed by an accredited dental team, and provides quality, low-cost dental and orthodontia care to children of preschool through high school age from low-income families.

Este centro dental cuenta con un equipo dental acreditado y brinda atención dental y de ortodoncia de calidad y de bajo costo a niños desde preescolar hasta la escuela secundaria de familias de bajos ingresos.

310-832-8355

alsp-sb@sbcglobal.net

assistanceleague.org

CHAPCARE FAIR OAKS
COMMUNITY HEALTH
ALLIANCE

1855 N Fair Oaks Ave, Pasadena, CA 91103

This clinic offers dental services that include adult and child exams, fluoride treatment, fillings, crowns/spacers, X-rays.

Esta clínica ofrece servicios dentales que incluyen exámenes dentales para adultos y niños, tratamiento con floururo, rellenos, coronas/espacios, radiografías.

626-398-6300

EAST VALLEY COMMUNITY
HEALTH CENTER

West Covina Health Center
420 S Glendora Ave, West Covina, CA 91790

East Valley's dental clinic provides quality comprehensive dental services for infants, children and adults of all ages. Services include child and adult dentistry, oral well-ness, tooth extractions and annual exams.

La clínica dental de East Valley brinda servicios dentales integrales de calidad para bebés, niños y adultos de todas las edades. Los servicios incluyen odontología infantil y de adultos, bienestar bucal, extracciones dentales y exámenes anuales.

626-919-4333

evchc.org

Pomona Health Center

1555 S Garey Ave, Pomona, CA 91766

626-919-4333

La Puente

Dental Clinic at RUSD
Family Resource Center
17800 Renault St, La Puente, CA 91744

626-919-4333

EL PROYECTO DEL BARRIO

S. Mark Taper Center for a
Healthy Community Winnetka
20800 Sherman Way Winnetka, CA 91306

This clinic provides accessible and affordable health care services to the growing underserved population in the San Fernando Valley communities. Services include OB/GYN, dental, HIV testing and treatment, case management nutrition and mental health.

Esta clínica ofrece servicios de salud accesibles y a un precio económico a la creciente población desatendida de las comunidades del Valle de San Fernando. Los servicios incluyen obstetricia y ginecología, dental, pruebas y tratamiento del VIH, manejo de casos, nutrición y salud mental.

818-221-4600

El Proyecto del Barrio

Arleta Family Health
8902 Woodman Ave, Arleta, CA 91331

818-221-4600

HEALTH SERVICES
LOS ANGELES COUNTY

Long Beach Comprehensive
Health Center
1333 Chestnut Blvd, Long Beach, CA 90813

This clinic provides dental services along with adult primary care.

Esta clinica ofrece servicios dentales además de atención médica primaria para adultos.

562-753-2300

LOS ANGELES CHRISTIAN
HEALTH CENTERS (LACHC)

This health center provides a full range of dental services: cleanings, x-rays, fillings, extractions, and full and partial dentures.

Este centro de salud ofrece una amplia variedad de servicios dental, como limpiezas, radiografías, rellenos, extracciones y dentaduras totales y parciales.

213-893-1960

lachc.com

Joshua House

325 E 7th St, Los Angeles, CA 90014,

Midnight Mission

601 S. San Pedro St, LA CA 90014

Pico Aliso Clinic

1625 E. 4th St, LA CA 90033,

Shannon's Clinic

2003 E. Imperial Hwy, LA CA 90059

NORTHEAST VALLEY
HEALTH CORPORATION

Pacoima Dental Center
12756 Van Nuys Blvd, Pacoima, CA 91331

NEVHC provides care to help prevent infection or disease in the gums, teeth and mouth, as well as treat dental emergencies. Services provided include dental health education, fillings, exams, and root canals.

818-896-0531

M-F: 8:00 am -4:30 pm

nevhc.org

San Fernando

1600 San Fernando Rd
San Fernando, CA 91340

818-365-8086

M-Th: 8:00 am -9:00 pm; F: 9:00 am -5:00 pm; Sat: 8:00 am -5:00 pm

SOUTH CENTRAL FAMILY
HEALTH CENTER

SCFHC Dental and Pediatrics
4415 S Central Ave, Los Angeles, CA 90011

This health center provides dental care services such as routine cleanings, dental gum therapy, tooth extractions, root canal therapy, and oral cancer screening.

Este centro de salud ofrece servicios de atención dental como limpiezas rutinarias, tratamiento de las encías, extracciones dentales, tratamiento de conductos y detección del cáncer oral.

323-908-4200

scfhc.org

TO HELP EVERYONE (T.H.E)

3834 S Western Ave, Los Angeles, CA 90062

This clinic provides dental services such as dental exams, cleanings, and fillings.

Esta clínica ofrece servicios dentales como exámenes dentales, limpiezas, y rellenos.

323-730-1920

VALLEY COMMUNITY
HEALTHCARE

NOHO: 6801 Coldwater Canyon Ave
North Hollywood, CA 91605

NORTH HILLS: 9119 Haskell Ave
North Hills, CA 91343

This clinic offers preventative dental care to patients who have health conditions such as diabetes or heart disease — or are taking medicines that can cause oral health problems. They refer patients to specialist services for root canals, dentures, oral surgery, or more complicated pediatric issues. Services include dental exams, x-rays, tooth extractions and gum disease treatment.

Esta clínica ofrece atención dental preventiva a pacientes con problemas de salud, como diabetes o enfermedades cardiovasculares, o que toman medicamentos que pueden causar problemas de salud oral. Ellos mandan a los pacientes a servicios especializados para conductos radicales, dentaduras, cirugía oral o problemas pediátricos más complicados. Los servicios incluyen exámenes dentales, radiografías, extracciones dentales y tratamiento de enfermedades de las encías.

818-763-8836

VIA CARE

5017 Whittier Blvd, Los Angeles, CA 90022

Via Care is a Federally Qualified Health Center (FQHC). They provide oral health services to clients regardless of the ability to pay or if they are insured or uninsured. Services offered included examinations and X-rays, cleanings and deep cleanings, dentures, oral health education, extractions.

Via Care es un Centro de Salud Federalmente Calificado (FQHC). Proporcionan servicios de salud oral a los clientes, independientemente de la capacidad de pago o si están asegurados o no asegurados. Los servicios ofrecidos incluyen exámenes y radiografías, limpiezas y limpiezas profundas, dentaduras, educacion de salud oral, extracciones.

323-268-9191

Friday

Domestic Abuse Support

24/7 LA RAPE AND BATTERING HOTLINE

Confidential non-judgemental resource where staff and volunteers are available to provide emotional support, advocacy, information and referrals. If you or someone you care about has been a victim of sexual assault, domestic violence or intimate partner stalk, please call our 24 hr crisis line.

Un recurso confidencial y sin prejuicios donde el personal y los voluntarios están disponibles para ofrecer apoyo emocional, abogacía, información y referencias. Si usted o un ser querido ha sido víctima de agresión sexual, violencia doméstica o acoso por parte de su pareja, llame a nuestra línea de crisis 24 horas.

Central LA: 213-626-3393
South LA: 310-392-8381
West San Gabriel Valley: 626-793-3385
peaceoverviolence.org/hotlines

ALL PEOPLES COMMUNITY CENTER

Domestic Violence Support Group, MEJOR (Mujeres En Justa Organizacion Reciproca)
822 E 20th St, Los Angeles, CA 90011

This organization focuses on helping survivors understand the cycles of abuse as well as providing them with legal assistance, emergency assistance, clothing, housing, and resources for education and economic independence.

Esta organización se enfoca en ayudar a las sobrevivientes a comprender los ciclos del abuso, así como en proporcionarles asistencia legal, ayuda de emergencia, ropa, vivienda y recursos para la educación y la independencia económica.

213-747-6357

AMANECER COMMUNITY COUNSELING SERVICE

Domestic Violence Support Groups (TANF Recipients, Hispanic/Latino Community))
AMANECER COMMUNITY COUNSELING SERVICE
1200 Wilshire Blvd, Ste 200
Los Angeles, CA 90017

The program provides welfare-to-work support services to people who receive or are eligible to receive CalWORKs and live in L.A. County. Services include case/care management, domestic violence support groups, general counseling services, individual advocacy, mental health evaluation, psychiatric case management, spouse/domestic partner abuse counseling and welfare rights assistance. Services are targeted, but not restricted, to Spanish-speaking women. The agency serves people who live, primarily, in the Metro area of Los Angeles County, SPA 4; however, there are no geographic restrictions.

El programa ofrece servicios de apoyo para la transición de la Asistencia Pública al Trabajo a las personas que reciben o reúnen los requisitos para recibir CalWORKs y viven en el condado de Los Ángeles. Los servicios incluyen manejo de casos/atención, grupos de apoyo para casos de violencia doméstica, servicios de asesoramiento general, abogacía individual, evaluación de la salud mental, manejo de casos psiquiátricos, asesoramiento para casos de abuso por parte del cónyuge/pareja doméstica y asistencia en materia de derechos de asistencia social. Los servicios están dirigidos, pero no restringidos, a mujeres hispanohablantes. La agencia atiende a personas que viven, principalmente, en el área metropolitana del condado de Los Ángeles, SPA 4; sin embargo, no hay restricciones geográficas.

213-481-7464
amanecerla.org

ANGEL STEP INN

This organization provides emergency shelter to survivors of domestic abuse. They assist all victims of intimate partner violence regardless of race, color, religion, national origin, sex, gender identity, sexual orientation or disability, with or without children. Services they provide also include a 24 hr hotline, individual counseling, education and case management.

Esta organización ofrece refugio de emergencia a sobrevivientes de abuso doméstico. Ayudan a todas las víctimas de violencia de pareja, independientemente de su raza, color, religión, nacionalidad, sexo, identidad de género, orientación sexual o discapacidad, con o sin hijos. Los servicios que prestan también incluyen una línea directa de 24 horas, asesoramiento individual, educación y manejo de casos.

323-780-4357
Angel Step Inn

CASA DE LA FAMILIA

Amor Sin Violencia
6230 Wilshire Blvd, Ste 540
Los Angeles CA 90048-5126

This organizations provides a support group for survivors of domestic violence but also support clients with mental health treatment and advocacy.

Esta organización ofrece un grupo de apoyo a los sobrevivientes de la violencia doméstica, pero también apoya a los clientes con tratamiento de salud mental y abogacía.

877-611-2272

CENTER FOR THE PACIFIC ASIAN FAMILY (CPAF)

Emergency Shelter Program, Transitional Housing Program
3424 Wilshire Blvd, Ste 1000
Los Angeles, CA 90010

Services for survivors of domestic violence in a multi-lingual/multi-cultural setting that specializes in serving API who need independent and violence-free lives.

CPAF atiende a los sobrevivientes de la violencia doméstica en un espacio multilingüe y multicultural y se especializa en atender a API que necesitan establecer vidas independientes y libres de violencia.

800-339-3940

CHILD AND FAMILY CENTER

Domestic Violence Services
21545 Centre Pointe Pkwy
Santa Clarita, CA 91350

This organization provides domestic violence services for individuals and their children who are in abusive relationships. These services are free and include safety, shelter, and support for survivors. While participating in the program survivors receive domestic violence services including individual and group counseling, learn to recognize the signs of abuse, and how to choose healthy relationships. Survivors also learn life skills such as resume building, making healthy choices, budgeting, and time management. This organization also provides services such as childrens mental health services, teen mental health services, and drug/alcohol treatment.

Esta organización ofrece servicios contra la violencia doméstica a personas y sus hijos que mantienen relaciones abusivas. Estos servicios son gratuitos e incluyen seguridad, refugio y apoyo a los sobrevivientes. Mientras participan en el programa, los sobrevivientes reciben servicios contra la violencia doméstica que incluyen asesoramiento individual

y de grupo, aprenden a reconocer los signos de maltrato y a elegir relaciones sanas. Los sobrevivientes también aprenden habilidades para la vida, como la forma correcta de hacer un currículum, tomar decisiones saludables, elaborar un presupuesto y manejar el tiempo. Esta organización también ofrece servicios de salud mental para niños, servicios de salud mental para adolescentes y tratamiento contra el alcoholismo y la drogadicción.

661-259-8175
Monday & Thursday 9am – 7pm
Tuesday & Wednesday 9am – 9pm
Friday 9am – 5pm
Saturday 9am – 5pm
info@childfamilycenter.org
childfamilycenter.org/domestic-violence-services

EAST LOS ANGELES WOMEN'S CENTER

1431 S Atlantic Blvd
Los Angeles, CA 90022

Services for women, girls and their families to live in a place of safety, health and personal well-being, free from violence and abuse, with equal access to necessary health services and social support, with emphasis on Latino communities.

Ofrece entrenamiento y servicios a educadores de salud comunitaria y a mujeres; maneja una línea de atención telefónica en español/inglés para la referencia a servicios de VIH/SIDA; ofrece extensión comunitaria para asaltos sexuales, violencia doméstica y prevención del VIH/SIDA. Los servicios están disponibles para mujeres hispanohablantes monolingües y de bajos ingresos y sus parejas.

323-526-5819
elawc.org

HARBOR—UCLA MEDICAL CENTER

Safe Harbor Trauma Recovery Center
This recovery center promotes healing, recovery, and growth for trauma survivors and their families through holistic, integrated, community-centered, and evidence-based services steeped in a social justice framework. Recovery from trauma includes addressing multiple domains that include physical, mental, and emotional health, over an extended period. Some of their services include mental health therapy, case management, legal aid, and housing referrals.

Este centro de recuperación promueve la

curación, la recuperación y el crecimiento de los sobrevivientes de traumas y sus familias a través de servicios holísticos, integrados, centrados en la comunidad y basados en pruebas e impregnados de un marco de justicia social. Reconocen que la recuperación del trauma incluye abordar múltiples dominios que incluyen la salud física, mental y emocional, durante un período prolongado. Algunos de sus servicios son la terapia de salud mental, el manejo de casos, la asistencia legal y la búsqueda de vivienda.

424-306-7710
SafeHarborTRC@dhs.lacounty.gov
dhs.lacounty.gov

HAVEN HILLS

Canoga Park
This organization offers shelter, crisis intervention, counseling, advocacy, and activities supporting increased economic opportunity for over 2,500 women and men each year. Services they offer include 24/7 crisis hotline, 45 day crisis shelter, 18 month transitional housing shelter, and outreach services.

Esta organización ofrece refugio, intervención en situaciones de crisis, asesoramiento, abogacía y actividades de apoyo para aumentar las oportunidades económicas de más de 2.500 mujeres y hombres cada año. Los servicios que ofrecen incluyen una línea directa de crisis 24/7, un refugio de crisis de 45 días, un refugio de vivienda de transición de 18 meses y servicios de divulgación.

818-887-7481
safe@havenhills.org
havenhills.org

JENESSE CENTER

This organization provides survivors of domestic violence with case management, workforce development, housing, legal and transportation services.

Esta organización ofrece a los sobrevivientes de la violencia doméstica servicios de manejos de casos, desarrollo laboral, vivienda, legales y de transporte.

HOTLINE: 800-479-7328

JEWISH FAMILY SERVICE LA

Domestic Violence Services
Gunther-Hirsh Family Center
330 N Fairfax Ave, Los Angeles, CA 90036

JFS Hope's highly-trained, nurturing, and compassionate staff of licensed and pre-licensed clinicians provide the highest level of services: trauma-informed care,

individual service plans, and more. Access to domestic violence shelters and individual/group counseling are also available.

El personal altamente capacitado, cariñoso y compasivo de JFS Hope, compuesto por clínicos con licencia y prelicencia, proporciona el más alto nivel de servicios, atención informada sobre traumas, planes de servicio individuales y más. Los servicios que prestan incluyen acceso a refugios para víctimas de violencia doméstica y asesoramiento individual y de grupo.

323-681-2626
services@jfsla.org
jfsla.org

LOS ANGELES HOUSE OF RUTH (LAHR)

This organization provides assistance in areas such as mental health counseling, medical health referrals, crisis intervention, life skills training, case management, childcare, nutrition classes, budgeting and money management training, parenting classes. This organization serves pregnant women, single mothers with children, mothers and fathers who have no recent employment history, and families who are not eligible for emergency human services.

Esta organización proporciona asistencia en áreas como asesoramiento en salud mental, referencias médicas, intervención en crisis, entrenamiento en habilidades para la vida, manejo de casos, cuidado de niños, clases de nutrición, entrenamiento en el manejo de presupuestos y dinero, clases para padres. Esta organización atiende a mujeres embarazadas, madres solteras con hijos, madres y padres sin historial laboral reciente y familias que no reúnen los requisitos para recibir servicios humanos de emergencia.

323-266-4139
losangeleshouseofruth.com

PEACE OVER VIOLENCE

Metro Headquarters
1541 Wilshire Blvd, 3rd Flr
Los Angeles, CA 90017

Peace Over Violence (formerly LA Commission on Assaults Against Women) is dedicated to building healthy relationships, families and communities free from sexual, domestic and interpersonal violence. POV provides crisis intervention services and violence prevention education.

Peace Over Violence (antes LA Comisión on Assaults Against Women) se dedica a construir relaciones, familias y comunidades sanas, libres de violencia

sexual, doméstica e interpersonal. POV ofrece servicios de intervención en crisis y educación para la prevención de la violencia.

Office: 213.955.9090
Video Phone (ASL): 213.785.2684

RAINBOW SERVICES RESOURCE CENTER

Transitional Housing
453 W 7th St, San Pedro, CA 90731

Our transitional shelter, Villa Paloma, offers up to one year of apartment style housing to support survivors as they continue to heal and develop their self-sufficiency.

Nuestro refugio transicional, Villa Paloma, ofrece hasta un año de alojamiento en apartamentos para ayudar a los sobrevivientes a recuperarse y desarrollar su autosuficiencia.

310-548-5450; Must be in a emergency shelter and have a domestic violence case.
Monday – Friday 8:30am – 5pm; Hotline: 24/7
rainbowservicesdv.org

SU CASA CRISIS SHELTER

Emergency Housing
Long Beach
Address not disclosed

The Emergency Shelter is a home-like facility where victims and children live for up to 30 days while receiving individual and group counseling, case management, legal and social advocacy, tutoring, art therapy, and children's services. The shelter provides basic needs for residents at no cost.

Este Refugio de Emergencia es una instalación similar a un hogar donde las víctimas y los niños viven hasta 30 días mientras reciben asesoramiento individual y de grupo, manejo de casos, abogacía legal y social, tutoría, terapia artística y servicios infantiles. El refugio cubre las necesidades básicas de los residentes sin costo alguno.

562-402-4888
Monday-Friday 8 AM-5 PM; 24-hour hotline
info@sucasadv.org
sucasadv.org

THE PEOPLE CONCERN

Sojourn
Domestic Violence Services
2116 Arlington Ave, Ste 100
Los Angeles, CA 90018

This organization provides trauma-informed and culturally responsive services to individuals and families who have experienced domestic violence. Their services include shelter services, support services, legal services, and outreach/education.

Esta organización ofrece servicios culturalmente sensibles e informados sobre el trauma a personas y familias que han sufrido violencia doméstica. Sus servicios incluyen alojamiento, servicios de apoyo, servicios legales y divulgación/educación.

323-334-9000
thepeopleconcern.org

Employment

AADAP'S WEST ADAMS WORKSOURCE CENTER

Worksource
2900 Crenshaw Blvd
Los Angeles, CA 90016

Basic Career Services: Job seekers are provided with orientation to the services of the Center and access to the Resource Room. Individualized Career Services: Staff can help job seekers with comprehensive career assessment and planning, job search assistance, résumé, and job application development. Follow-Up Services: referrals for supportive services that may be available in the community, additional career counseling, and information about additional educational opportunities. The center provides access to training on specific industries to help customers gain the skills they need to secure their next job. The Center is in partnership with various training providers to provide short-term vocational training to customers who need training and certification for certain jobs.

Servicios profesionales básicos: Los solicitantes de empleo reciben orientación sobre los servicios del Centro y tienen acceso a la Sala de Recursos y a otra información. Servicios profesionales individualizados: El personal puede ayudar a los solicitantes de empleo con una evaluación y planificación completa de la carrera, asistencia en la búsqueda de empleo, elaboración de currículum y solicitudes de empleo. Servicios de seguimiento: Los solicitantes de empleo son referidos a servicios de apoyo que pueden estar disponibles en la comunidad, asesoramiento profesional adicional e información sobre oportunidades educativas adicionales. El centro ofrece acceso a entrenamiento sobre sectores específicos para ayudar a los clientes a adquirir las habilidades que necesitan para asegurar su próximo empleo. El Centro colabora con varios proveedores de cursos para ofrecer

entrenamiento profesional a corto plazo a los clientes que necesitan entrenamiento y certificación para determinados trabajos.

323-293-6284

Monday – Friday: 9:00 am – 5:00 pm

[aadapinc.org](#)

**AMERICA'S JOB CENTER
OF CALIFORNIASM (AJCC)**

Worksource

4311 Melrose Ave, Los Angeles, CA 90029

Job seekers can get assistance in assessing skills, finding job opportunities and training, prepping a resúme, and more.

Los solicitantes de empleo pueden obtener ayuda para evaluar sus capacidades, encontrar oportunidades de empleo y entrenamiento, preparar un curriculum y mucho más.

323-454-6100

Monday-Friday 8 AM-5PM

[mcscalifornia.com](#)

Boyle Heights

1505 1st St, Los Angeles, CA 90033

323-267-5930

Monday-Friday 8 AM-5PM

[mcscalifornia.com](#)

**BALWIN PARK AMERICAN'S
JOB CENTER OF CALIFORNIA**

4640 Maine Ave, Baldwin Park, CA 91706

Through a network of partners, Goodwill Southern California Employment Centers bring job seekers and employers together in one place. Employers receive assistance finding candidates and screening prospective employees, and career seekers receive assistance in the following areas: one-on-One Career Counseling, job Search Strategies, access to Computer, Internet, Phone, Fax, and Copier, resume Writing, computer and Skills Training, interview Workshops, financial Management, access to Community Resources, text Books, Bus Passes, and other Work Tools, on-the-Job Training Opportunities, and career Development and Job Leads.

A través de una red de colaboradores, los Centros de Empleo de Goodwill del Sur de California reúnen en un mismo lugar a las personas que buscan empleo y a los empresarios. Los empleadores reciben ayuda para encontrar candidatos y seleccionar a los posibles empleados, y los solicitantes de empleo reciben asistencia en las siguientes áreas: asesoramiento profesional personalizado, estrategias de búsqueda de empleo, acceso a computadoras,

Internet, teléfono, fax y fotocopiadora, redacción de currículos, entrenamiento en computadoras y en habilidades, talleres de entrevistas, manejo financiero, acceso a recursos comunitarios, libros, pases de autobús y otras herramientas de trabajo, oportunidades de entrenamiento en el puesto de trabajo, desarrollo profesional y oportunidades de empleo.

626-859-4125

Monday – Friday 8:00am – 5:00pm

[goodwillsocial.org](#)

CHRYSLIS

Chrysalis serves people navigating barriers to the workforce by offering a job-readiness program, individualized supportive services, and paid transitional employment. We empower our clients on their pathway to stability, security, and fulfillment in their work and lives.

Chrysalis atiende a personas que se enfrentan a obstáculos para acceder al mercado laboral ofreciéndoles un programa de preparación para el empleo, servicios de apoyo individualizados y empleo de transición pagado. Capacitamos a nuestros clientes en su camino hacia la estabilidad, la seguridad y la realización en su trabajo y en sus vidas.

CS@changelives.org

[changelives.org](#)

Downtown LA

522 S Main St, Los Angeles, CA 90013

213-806-6300

Monday-Thursday 8 AM – 12 PM/ 1 PM-4PM;
Friday 8 AM-12 PM

Inland empire

1450 E Cooley Dr, Colton, CA 92324

714-204-3000

Monday-Thursday 8 AM – 12 PM/ 1 PM-4PM;
Friday 8 AM-12 PM

San Fernando Valley

13545 Van Nuys Blvd, Pacoima, CA 91331

818-794-4200

Monday-Thursday 8 AM – 12 PM/ 1 PM-4PM;
Friday 8 AM-12 PM

Santa Monica

1853 Lincolnd Blvd. Santa Monica, 90404

310-401-9400

Monday-Thursday 8 AM – 12 PM/ 1 PM-4PM;
Friday 8 AM-12 PM

**COALITION FOR
RESPONSIBLE COMMUNITY
DEVELOPMENT**

LA Trade-Technical College

400 W Washington Blvd

Los Angeles, CA 90015

The Workforce Development for Adults department at CRCD connects dislocated workers, veterans, and the formerly incarcerated with wraparound employment, training, and financial coaching services. As the lead agency operating the Vernon-Central/LATTC WorkSource Center, we are a proud partner of the America's Job Center network. Through one-on-one career coaching, CRCD team members identify employment pathways and provide individuals with the opportunities to succeed in a career with family sustaining wages. We offer personalized industry training, workforce readiness, financial coaching, entrepreneur training, and other support services. Services provided to both youth and adults.

El departamento de Desarrollo de la Fuerza Laboral para Adultos de CRCD conecta a trabajadores desplazados, veteranos y ex presidiarios con servicios integrales de empleo, capacitación y asesoramiento financiero. Como la agencia principal que opera el Centro WorkSource de Vernon-Central/LATTC, somos un asociado orgulloso de la red de Centros de Trabajo de América. A través de preparación de carrera uno-a-uno, los miembros del equipo CRCD identifican vías de empleo y proporcionan a las personas con las oportunidades para tener éxito en una carrera con salarios adecuados para mantener a sus familia. Ofrecemos entrenamiento industrial personalizada, preparación laboral, asesoramiento empresarial y otros servicios de apoyo. Los servicios se prestan tanto a jóvenes como a adultos.

213-763-5951

Monday-Friday 9 AM-4 PM

wdd-adult@coalitionrcd.org

[coalitionrcd.org](#)

**EAST SAN GABRIEL VALLEY
AMERICA'S JOB CENTER OF
CALIFORNIA**

14101 Nelson Ave

East La Puente, CA 91746

Through a network of partners, Goodwill Southern California Employment Centers bring job seekers and employers together in one place. Employers receive assistance finding candidates and screening prospective employees, and career seekers receive assistance in the following areas: one-on-One Career Counseling, job Search

Strategies, access to Computer, Internet, Phone, Fax, and Copier, resume Writing, computer and Skills Training, interview Workshops, financial Management, access to Community Resources, text Books, Bus Passes, and other Work Tools, on-the-Job Training Opportunities, and career Development and Job Leads.

A través de una red de colaboradores, los Centros de Empleo de Goodwill del Sur de California reúnen en un mismo lugar a las personas que buscan empleo y a los empresarios. Los empleadores reciben ayuda para encontrar candidatos y seleccionar a los posibles empleados, y los solicitantes de empleo reciben asistencia en las siguientes áreas: asesoramiento profesional personalizado, estrategias de búsqueda de empleo, acceso a computadoras, Internet, teléfono, fax y fotocopiadora, redacción de currículos, entrenamiento en computadoras y en habilidades, talleres de entrevistas, manejo financiero, acceso a recursos comunitarios, libros, pases de autobús y otras herramientas de trabajo, oportunidades de entrenamiento en el puesto de trabajo, desarrollo profesional y oportunidades de empleo.

626-934-5700

Monday – Friday 8:00am – 5:00pm

**EVANS COMMUNITY
ADULT SCHOOL**

Hollywood Campus

1521 N Highland Ave

Los Angeles, CA 90028

Evans Community Adult School offers English as a Second Language (ESL) academic classes for adult basic education, career technical education, and US citizen program. They also offer Adult Basic Education Program (ABE) that prepares students to take the examinations for a High School Equivalency Certificate. Classes are offered both in-person and online.

323-993-1800

contact@evansla.org

[evansla.org](#)

**GOODWILL CAREER
RESOURCES**

342 N San Fernando Rd

Los Angeles, CA 90031

At our WorkSource and Career Resource Centers, we provide individuals with no-cost career counseling, one-on-one career counseling, job search strategies, on the job training, resume workshops, interview coaching, access to job search tools, referrals to advanced education courses and a broad spectrum of additional practical aids that help prepare them for the workforce.

En nuestros centros WorkSource y Career Resource Centers, ofrecemos a las personas asesoramiento profesional gratuito, asesoramiento profesional personalizado, estrategias de búsqueda de empleo, entrenamiento en el puesto de trabajo, talleres de currículos, preparación para entrevistas, acceso a herramientas de búsqueda de empleo, referencias a cursos de entrenamiento avanzada y una amplia gama de ayudas prácticas adicionales que les ayudan a prepararse para el mercado laboral.

323-539-2000

Monday 8 AM-5 PM; Tuesday-Thursday 8 AM-7 PM; Friday 8 AM-5 PM

info@goodwillsocial.org

[goodwillsocial.org](#)

**HACLA WORKFORCE
DEVELOPMENT**

2220 E 114th St, Los Angeles, CA 90059

The WorkSource Center is located in Watts and serves residents in South Los Angeles. The Watts Los Angeles WorkSource Center receives funding from the City of Los Angeles' Economic Workforce Development Department (EWDD) amongst other grants to provide job training, client support, business development, job placement and support continued education. This Watts Los Angeles WorkSource Center also administers the City's HIRE LA Youth Employment Program and the County's Youth@Work Youth Employment program, hiring youth every year for internships and job opportunities that give them the opportunity to explore different careers and learn job skills.

El WorkSource Center está situado en Watts y es el principal punto de entrada de servicios para los residentes de esta zona del sur de Los Angeles. El Centro WorkSource de Watts Los Ángeles recibe fondos del Departamento de Desarrollo Económico de la Mano de Obra (EWDD) de la Ciudad de Los Ángeles, entre otros subsidios, para proporcionar entrenamiento laboral, apoyo a los clientes, desarrollo empresarial, colocación laboral y apoyo a la educación continua. Este Centro WorkSource de Watts Los Ángeles también administra el programa de empleo juvenil HIRE LA de la ciudad y el programa de empleo juvenil Youth@Work del condado, contratando a jóvenes cada año para prácticas y oportunidades laborales que les dan la oportunidad de explorar diferentes carreras y aprender habilidades laborales.

323-249-7751

info@hacla.org

[hacla.org](#)

HOMEBOY INDUSTRIES

130 W Bruno St, Los Angeles, CA 90012

Homeboy Industries provides job training so that Homeboys and Homegirls can move forward and become contributing members of their communities. They provide Solar Panel Training and covers all education expenses. The development staff will work with business to assist in providing job placement for trainees. Other training provided are DOT, Confined Space Training, OSHA, HAZWOPER, Culinary Training Program and ServSafe® Food Handler Certifications, National Retailer Foundation Customer Sales & Service Certification, Welding.

Homeboy Industries ofrece entrenamiento laboral para que Homeboys y Homegirls puedan avanzar y convertirse en miembros activos de sus comunidades. Proporcionan entrenamiento en paneles solares y cubren todos los gastos de esos cursos. El personal de desarrollo trabajará con las empresas para ayudar a proporcionar la colocación de empleo para los alumnos. Otras capacitaciones que se ofrecen son DOT, Capacitación en Espacios Reducidos, OSHA, HAZWOPER, Programa de Capacitación Culinaria y Certificaciones ServSafe® para Manipuladores de Alimentos, Certificación en Ventas y Servicio al Cliente de la Fundación Nacional de Minoristas, Soldadura.

323-526-1254

Not disclosed.

info@homeboyindustries.org

[homeboyindustries.org](#)

JVS SOCIAL

Pre-employment assistance including career coaching, multiple workshops including, resume, interview skills, job search and LinkedIn, free training opportunities for high growth industries including IT, construction and healthcare, job placement assistance, and candidate recruitment at no cost to employers.

Asistencia previa a la contratación que incluye orientación profesional, diversos talleres incluyendo unos sobre currículos, técnicas de entrevista, búsqueda de empleo y LinkedIn, oportunidades de entrenamiento gratuita para sectores de alto crecimiento como TI, construcción y sanidad, asistencia para la colocación y contratación de candidatas sin costo alguno para las empresas.

askus@jvs-social.org

[jvs-social.org](#)

**West Los Angeles
WorkSource Center**

5446 Sepulveda Blvd, #240

Culver City, CA 90230

310-309-6000

Monday-Friday 8 AM-5PM

**South Los Angeles AJCC
at LA Southwest College**

1600 W Imperial Hwy

Los Angeles, CA 90047

323-241-5016

Monday-Friday 8 AM-5PM

**Veterans AJCC
Bob Hope Patriotic Hall**

1816 S Figueroa St, Los Angeles, CA 90015

213-742-9560

Monday-Friday 8 AM-5PM

Antelope Valley AJCC

1420 W Ave, Lancaster, CA 93534

661-726-4128

Monday-Friday 8 AM-5PM

askus@jvs-social.org

**Antelope Valley AJCC
Satellite**

38510 Sierra Hwy, Palmdale, CA 93550

661-265-7421

Monday-Friday 8 AM-5PM

**LA CENTRAL LIBRARY-
JOB AND CAREER CENTER
WORKSOURCE PORTAL AT
CENTRAL LIBRARY**

630 W 5th St, Los Angeles, CA 90071

The Job and Career Center WorkSource Portal provides basic, free assistance from a WorkSource counselor supported by access to some of the online services for finding job listings (JobsLA, CalJOBS). The Center also assists people applying for unemployment benefits through the California Employment Development Department website. Its location inside the library offers the support of books, media, online resources, and reference librarian assistance. The Center offers free use of computer equipment and a printer/scanner for job seeking activities only.

El portal WorkSource del Centro de Empleo y Carrera proporciona asistencia básica y gratuita de un consejero de WorkSource apoyado por el acceso a algunos de los servicios en línea para encontrar ofertas de empleo (JobsLA,

CalJOBS). El Centro también ayuda a las personas que solicitan beneficios por desempleo a través del sitio web del Departamento de Desarrollo del Empleo de California. Su ubicación dentro de la biblioteca ofrece el apoyo de los libros de la biblioteca, los medios de comunicación, los recursos en línea, y la asistencia bibliotecaria de referencia. Además, el Centro ofrece el uso gratuito de equipos de computación y una impresora /escáner sólo para actividades de búsqueda de empleo.

213-228-7113

Monday-Wednesday 10 AM-8 PM; Thursday 10 AM-8 PM; Friday-Saturday 9:30 am-5:30 PM;
Sunday 1 PM-5 PM

Jdavis@westlake-worksource.org

[lapl.org](#)

**LABOR EMPLOYMENT AND
TRAINING CORPORATION**

South LA Worksource Center

1512 W Slauson Ave

Los Angeles, CA 90047

For individuals seeking employment, a Career Resource Center, a Computer Technology Center, workshops, and customized assistance in the areas of: professional career counseling, assessment, and job search assistance. We also provide training through a network of education and training on-site and virtual.

Para las personas que buscan empleo, un Centro de Recursos de Carrera, un Centro de Tecnología Computarizada, talleres y asistencia personalizada en las áreas de: asesoramiento profesional de carrera, evaluación y asistencia en la búsqueda de empleo. También proporcionamos entrenamiento a través de una red de educación y entrenamiento en persona y virtual.

323-730-7900

Monday-Thursday 8:30 am – 3:00 pm; Friday 9:30 am – 12:00 pm

[letcworkforce.com](#)

Southeast LA Portal

5849 Crocker St, Los Angeles, CA 90003

323-432-4399

Monday-Friday 8 AM-5PM

LOS ANGELES LGBT CENTER

1118 N McCadden Place

Los Angeles, CA 90038

Receive assistance with job searches, resume writing, developing an employment plan, completing applications, interview skills, recommendations for potential posi-

tions, attending job fairs, and professional development workshops.

Reciba asistencia en la búsqueda de empleo, redacción de currículos, elaboración de un plan de empleo, cumplimentación de solicitudes, técnicas de entrevista, recomendaciones para posibles puestos, asistencia a ferias de empleo y talleres de desarrollo profesional.

323-860-5830

seniors@lalgbtcenter.org

lalgbtcenter.org

NEW WOMEN'S BUSINESS CENTER

7500 Alabama Ave, Canoga Park, CA 91303

New Economics for Women has put together a team of experts for the Women's Business Center, with headquarters in Canoga Park, and a location in Van Nuys. In addition to workshops and one-on-one consultations, the program will expand in the months to come with an "On the Road Program" taking the much-needed program to different communities and organizations around Los Angeles County.

818-650-1168

info@neworg.us

new-wbc.org

NORTHEAST LOS ANGELES WORKSOURCE CENTER

**342 N San Fernando Rd
Los Angeles, CA 90031**

Through a network of partners, Goodwill Southern California Employment Centers bring job seekers and employers together in one place. Employers receive assistance finding candidates and career seekers receive assistance in the following areas: career counseling, job search strategies, access to computer, internet, phone, fax, and copier, resume writing, computer and skills training, interview workshops, financial management, access to community resources, bus passes, and other work tools and career development.

323-539-2000

MON–FRI, 8AM – 5PM

PACE WORKFORCE DEVELOPMENT

**1055 Wilshire Blvd, #900A
Los Angeles, CA 90017**

Job seekers can access technology and communication tools; veterans and seniors receive customized services; and representatives of government agencies provide counseling on welfare-to-work

opportunities and unemployment benefits.

Los solicitantes de empleo pueden acceder a herramientas tecnológicas y de comunicación; los veteranos y las personas mayores reciben servicios personalizados; y representantes de agencias públicas ofrecen asesoramiento sobre oportunidades de inserción laboral y beneficios de desempleo.

213-353-1677

Monday–Friday 8:30 AM–4:45PM

pacela.org

SKILLS AND TRAINING TO ACHIEVE READINESS FOR TOMORROW

Skills and Training to Achieve Readiness for Tomorrow (START) provides employment and training services to help employable General Relief (GR) participants obtain jobs and achieve self-sufficiency. Participation in START is mandatory as a condition of aid. Participants are assigned to a START worker who will work with them to achieve their employment goals.

866-488-8482

Monday–Friday, 8:00am –5:00pm

benefitscal.com

SOUTH VALLEY YOUTHSOURCE

14565 Lanark St, Panorama City, CA 91402

This WIOA Title I-financially assisted program or activity is an Equal Opportunity employers/programs. Auxiliary aids and services are available upon request to individuals with disabilities. For more information, call 818.782.2520. TTY: 711. Goodwill Southern California provides, upon request, reasonable accommodation to ensure equal access to its programs, services and activities. Please contact our staff 72 hours in advance.

Este programa o actividad subvencionado por el Título I de WIOA es un programa/empleador que ofrece igualdad de oportunidades. Ayudas y servicios auxiliares están disponibles a petición de las personas con discapacidad. Para obtener más información, llame al 818.782.2520. TTY: 711. Goodwill Southern California ofrece, bajo solicitud, adaptaciones razonables para garantizar la igualdad de acceso a sus programas, servicios y actividades. Póngase en contacto con nuestro personal con 72 horas de antelación.

818-782-2520

Monday-Friday 8 AM-5PM

goodwillsocal.org

VETERANS EMPLOYMENT PROGRAM AT RALLY POINT

**13400 Riverside Dr, #100
Sherman Oaks, CA 91423**

WATTS LABOR COMMUNITY ACTION COMMITTEE (WLACAC)

**10956 S Central Ave
Los Angeles, CA 90059**

WLCAC provides an array of services to the residents of Watts. The need for skills training and employment opportunities led to the creation of our Job Training and Employment Division. Our WorkSource and YouthSource Centers provide services free of charge to employer and job seekers.

Al darse cuenta de la necesidad de entrenamiento profesional y oportunidades de empleo, se creó la División de Entrenamiento Profesional y Empleo. En concreto, sus centros WorkSource y Youth-Source ofrecen estos servicios de forma gratuita a empresarios de empleo.

323-563-4702

Monday-Friday 8 AM-5PM

wlcac09@gmail.com

wlcac.org

WOMEN IN NON-TRADITIONAL EMPLOYMENT ROLES (WINTER)

**3655 S Grand Ave, Ste 210
Los Angeles, CA 90007**

This organization offers intensive eleven-week pre-apprenticeship job training sessions to help you develop specific skills to enter such industries as environmental remediation, construction and building trade apprenticeships.

Esta organización ofrece sesiones intensivas de entrenamiento laboral previa al aprendizaje, de once semanas de duración, para ayudarte a desarrollar aptitudes específicas para entrar en sectores como la rehabilitación ambiental, la construcción y el aprendizaje de oficios de la construcción.

213-749-3970

info@winterwomen.org

winterwomen.org

Food and Nutrition

ALL PEOPLES COMMUNITY CENTER

822 E 20th St, Los Angeles, CA 90011

Food distribution

213-747-6357

allpeoplescc.org

ANTELOPE VALLEY PARTNERS FOR HEALTH

44226 10th West, Lancaster, CA 93534

Food distribution

661-942-4719

Drive – thru food pantry every 2nd and 4th; Friday from 8am – 11am. Emergency meals are provided every day from 10am – 12pm (first come, first served).

avph.org

APLA HEALTH & WELLNESS

Vance North Necessities of Life Program (NOLP)

David Geffen Health center

611 S Kingsley Dr, Los Angeles, CA 90005

NOLP is the nation's largest network of food pantries for people with HIV/AIDS, currently operating out of 13 locations throughout L.A. County. Clients receive groceries that include fresh dairy, frozen meats, fresh produce, and an assortment of canned and dry goods that cover 100% of weekly meals as well as hygiene items and cleaning supplies. Clients also receive bilingual, one-on-one nutritional counseling and nutrition classes. Fact sheets about a range of nutrition topics and recipes for use with NOLP products are available in all NOLP locations.

NOLP es la mayor red del país de despensas de alimentos para personas con VIH/SIDA, y actualmente funciona en 13 centros repartidos por todo el condado de Los Ángeles. Los clientes reciben alimentos empaquetados que incluyen productos lácteos frescos, carnes congeladas, frutas y verduras frescas y una variedad de productos enlatados y secos que cubren el 100% de las comidas semanales, así como artículos de higiene y limpieza. Los clientes también reciben asesoramiento nutricional individualizado bilingüe y clases de nutrición. En todos los centros de NOLP, hay disponibles hojas informativas sobre diversos temas de nutrición y recetas para utilizar con los productos de NOLP.

213-201-1433

213-201-1477

Wednesday / Friday 10am–12pm; 1–5pm

1st Friday of the month: Closed

aplahealth.org

Antelope Valley

Wesley Health Centers

Health and Wellness Center

45104 10th St, West Lancaster, CA 93534

Thursday: 9am–12pm; 1–3pm

Claremont

Foothill AIDS Project

233 W Harrison Ave, Claremont, CA 91711

2nd and 4th Wednesday of the month:

1:30–3:30pm

East Hollywood

Wesley Health Centers–Vermont

954 N Vermont Ave, Los Angeles, CA 90029

Wednesday: 9am–12pm; 1–3 pm

Long Beach

AFS/APLA Health

590 E Willow St, Long Beach, CA 90806

Tuesday: 9am–2pm

North Hollywood

Vance North Necessities of Life Program, North Hollywood

**7336 Bellaire Ave
North Hollywood, CA 91605**

Thursday: 10am–4:30pm

3rd Thursday of the month: 10am–3pm

Pasadena

Wesley Health Centers—

Andrew Escajeda Clinic

1845 N Fair Oaks Ave, Pasadena, CA 91103

Friday: 9am–12pm; 1–3pm

South Los Angeles

APLA Health Center, CDU/MLK Medical Campus

1679 E 120th St, Los Angeles, CA 90059

Thursday: 10am–12pm; 1:30–4 pm

Closes at 3pm on 3rd Thursday of the month

West Hollywood

Michael Gottlieb Health Center

**7531 Santa Monica Blvd
West Hollywood, CA 90046**

Saturday: 12–3pm

Venice

Venice Family Clinic

Common Ground

622 Rose Ave, Venice, CA 90291

3rd Thursday of the month: 1–3pm

A.V. LIVING WATER WORSHIP CENTER

111 W Avenue L-12, Lancaster, CA 93535

Food distribution

661-313-6240

Every Monday and Wednesday, it begins at 1pm.

Every Saturday begins at 10:45am

BEACON LIGHT MISSION

525 Broad Ave, Wilmington, CA 90744

Hot meals

310-830-7063

Dinner is served 7 days a week from 7:45pm.

Must attend Chapel before 7pm to participate.

beaconlightmission.org

BIENESTAR

East Los Angeles

5314 E Beverly Blvd, Los Angeles, CA 90022

This food bank provides ongoing food assistance for low-income individuals living with HIV/AIDS.

Este banco de alimentos proporciona asistencia alimentaria continua a personas con bajos ingresos que viven con el VIH/SIDA.

866-590-6411 ext 104

TUESDAY: 11 AM – 2 PM, WEDNESDAY: 10:30

AM – 12:30 PM, THURSDAY: 12 PM – 4 PM

asolorza@bienestar.org

bienestar.org

BREAD OF LIFE FOURSQUARE GOSPEL CHURCH

**5179 W Washington Blvd
Los Angeles, CA 90016**

Food Pantry

323-939-4716

Wednesday 11am – 12:30pm

labreadoflife.org

BROWNSON HOUSE COMMUNITY SERVICES CENTER

1307 Warren St, Los Angeles, CA 90033

Catholic Charities provides food services consisting of bags of groceries, sack lunches, prepared meals, and food distribution to low-income, food-insecure individuals and families through our food pantries and food distribution sites at the community centers and shelters.

213-251-3512

Distribution every Monday – Friday from 9am – 1pm. Must provide photo ID.

catholiccharitiesla.org

CATHOLIC CHARITIES OF LA GUADALUPE COMMUNITY CENTER

21600 Hart St, Canoga Park, CA 91303

Food distribution

213-251-3549

Distribution every Monday, Wednesday, and Friday from 9am – 12pm. Must provide proof of income, proof of address, photo ID, and birth certificates of the children in the home.

catholiccharitiesla.org

CATHOLIC RAINBOW CENTER

11419 Carmenita Rd, Whittier, CA 90605

Food pantry that is partnered with the Los Angeles Food Bank. Serving the South Whittier and surrounding communities.

562-781– 8247

Distribution every Monday, Tuesday, Wednesday, Friday from 10:30am until supplies last. Every 2nd and 4th Saturday at 10:30am. Distribution every Friday from 10:30am until supplies last.

catholicrainbowoutreach.com

CENTRO MARAVILLA

**4716 E Cesar Chavez Ave
Los Angeles, CA 90022**

Food distribution

323-260-2805

Must live around the service area. Must schedule an appointment to pick up once a month on Monday afternoon or Tuesday morning/afternoon. To make an appointment, call Friday from 8:30am – 4pm.

CENTRO CITY NEIGHBORHOOD PARTNERS

CCNP emphasis equal access to food in the community.

213-482-8618

Food bank distribution every Thursday from 10am – 1pm. First come first serve basis, no requirements needed.

info@laccnp.org

laccnp.org

DOOR OF HOPE COMMUNITY CENTER

1414 S Atlantic Blvd, Los Angeles CA 90022

Food distribution

323-262-2777

FIRST AFRICAN AMERICAN METHODIST (FAME)

**2249 S Harvard Blvd
Los Angeles, CA 90018**

Food distribution

323-735-1251

Distribution every 4th Saturday from 9am –12pm. Must provide photo ID.

famechurch.org

FIRST UNITED METHODIST CHURCH

1551 El Prado Ave, Torrance, CA 90501

Food distribution

310-328-3242

Food box distribution every 4th Saturday from 11am until supplies last.

FOOTHILL UNITY CENTER

191 N Oak Ave, Pasadena, CA 91107

Our Food Program translates to 3 million pounds of food annually through daily distributions that include: Bag lunches and hygiene kits to the homeless; Homebound grocery deliveries for seniors and disabled persons who are isolated, sick, and shut-in; Emergency family food to those that have the ability to cook and store food; and Pet food for those who can't afford to feed their beloved pets.

626-584-7420

Drive-thru distribution Tuesday, Wednesday, and Friday from 9am –11:30am. Must provide picture ID, 2 utility bills, proof of income (within the current year). Unless no income, must fill out a no income form.

foothillunitycenter.org

FRIENDS IN DEED

444 E Washington Blvd
Pasadena, CA 91104
(SE corner of Washington & Los Robles)

This food bank provides food assistance to low-income and no-income families in the greater Pasadena and Altadena areas. In addition to providing shelf stable foods like canned goods, dry goods, juice, and cereal, one of their goals is to provide meat & protein, fresh fruits & vegetables, and foods that appeal to the diverse population they serve.

Este banco de alimentos proporciona asistencia alimentaria a familias con y sin bajos ingresos en las zonas de Pasadena y Altadena. Además de proporcionar alimentos estables como conservas, productos secos, jugos y cereales, uno de sus objetivos es proporcionar carne y proteínas, frutas y verduras frescas y alimentos que atraigan a la diversa población a la que sirven.

626-797-6072
Tuesdays and Wednesdays from 10am to 3pm, and Thursdays from 10am to 1pm
timn@friendsindeedpas.org
evar@friendsindeedpas.org.
friendsindeedpas.org

GALILEE BAPTIST CHURCH

3220 W 48th St, Los Angeles, CA 90043

Food distribution

323-377-7740
Every 3rd Wednesday of the month from 11:30am – 4pm

GOSPEL MISSION BAPTIST CHURCH

7301 S Avalon BLVD, Los Angeles, CA 90003

Food distribution

323-759-8087
Wednesday from 11am – 12pm
gospelmissionmbc.org

GRACE RESOURCE CENTER

45134 Sierra Hwy, Lancaster, CA 93534

Food distribution

Distribution: every Tuesday, Wednesday, and Thursday from 10am – 2pm.; Spanish speakers are available every Tuesday and Thursday at 10am; Drive-thru distribution: 10am – 11:15am; Hot meals: every Tuesday, Wednesday, Friday at 5:30pm and Sunday at 1:30pm until supplies last.
graceresources.org

GRANT A.M.E. CHURCH

1129 Alamitos Ave, Long Beach, CA 90813

Food distribution

562-437-1567
Wednesday from 9am – 12pm
grantamechurch.org

HARBOR INTERFAITH SERVICES

Long Beach
670 W 9th St, San Pedro, CA 90731

Food Pantry clients can receive a three-day supply of groceries. Holiday Food Baskets: During Thanksgiving and Christmas, the FRC also provides over 700 holiday meal baskets and gifts for families and individuals in need.

310-831-9123
Distribution every Monday – Friday from 9am – 5pm. Must provide photo ID for every attending member, proof of income, residency for the first time.
harborinterfaith.org

HAWAIIAN GARDENS FOOD BANK

22121 Norwalk Blvd
Hawaiian Gardens, CA 90716

Providing hope to many families through its nourishment program, the success of the Hawaiian Garden Food Bank depends on the cooperative effort between the Irving Moskowitz Foundation who contributes 60% towards the purchase of food and the Los Angeles Regional Food Bank who donates forty percent of the food distributed to needy families.

562-860-9097
Distribution Tuesdays and Thursdays, 10am – 3pm; Wednesdays from 10am – 5pm. Must be a resident in the service area.
hawaiiangardensfoodbank.com

HELP ME HELP YOU

Help Me Help You believes every person should have access to nutritious food to live a healthy and productive life. Our Grocery Grab N’ Go’s provide FREE quality nutritious groceries to individuals and families in need via community and school locations in Long Beach. We aim to make the health and well-being of our clients a priority. We provide fresh meats, fruits, vegetables, breads, canned goods, eggs, milk, and cultural food items.

562-612-5001
helpmehelpu.org

Oropeza Elementary School

700 Locust Ave, Long Beach, CA 90813

Distribution every 2nd and 4th Friday at 11:30am – 12:30pm.

MOLAA Museum

628 Alamitos Ave, Long Beach, CA 90802

Enter 6th Street. Distribution every 1st and 3rd Wednesday from 4pm – 5pm.

HOLLYWOOD LUTHERAN CHURCH

1733 N New Hampshire Ave, Los Angeles, CA 90027

The Hollywood Lutheran Food Pantry is continuing to distribute food to those in need on Wednesdays, our normal schedule is 11:00 am to 1:00 pm.

323-667-1212
Wednesdays from 11am – 1pm
hollywoodlutheranchurch.net

HOPE IN ACTION

2420 Pacific Coast Hwy
Hermosa Beach, CA 90254

Food distribution

hopechapel.org

IGLESIA EL LIRIO DE LOS VALLES

Food Bank
Lancaster
2420 Pacific Coast Hwy
Hermosa Beach, CA 90254

661-418-7178
Every 2nd and 4th Saturday from 9am – 11am

IMMANUEL PRESBYTERIAN CHURCH

663 S Berendo St, Los Angeles, CA 90005.

This pantry provides shelf stable foods, frozen goods and fresh fruits and vegetables. Most items require refrigeration preparation.

Esta banco de alimentos proporciona alimentos estables en almacén, productos congelados y frutas y verduras frescas. La mayoría de los productos requieren refrigeración.

213-389 3191

LET’S BE WHOLE

4395 Leimert Blvd, Los Angeles, CA 90008

Food Distribution

877-594-1292
Distribution every Wednesday from 12pm until supplies last.

LOAVES & FISHES

4322 San Fernando Rd, Glendale, CA 91204

Food distribution

213-318-5707
Monday, Tuesday, Wednesday, and Friday from 9am – 2pm. Must provide proof of income, proof of address, and photo ID for every member of the family. If homeless, only ID.
david@loavesfishes.org
justserve.org

LOS ANGELES COUNTY AGING AND DISABILITIES DEPARTMENT

Emergency Food Assistance
East L.A. Community Service Center
133 N Sunol Dr, Los Angeles, CA 90063

The program provides emergency food to people who live in East Los Angeles zip codes 90063 and 90033 including residents who are undocumented or homeless. Services include ongoing emergency food assistance. Services are targeted, but not restricted, to the Spanish-speaking community. People may apply for assistance once every 30 days. Services are restricted to East Los Angeles zip codes 90063 and 90033 residents.

El programa proporciona alimentos de emergencia a las personas que viven en los códigos postales 90063 y 90033 del este de Los Ángeles, incluidos los residentes indocumentados o sin hogar. Los servicios incluyen asistencia alimentaria de emergencia continua. Los servicios están dirigidos, pero no restringidos, a la comunidad hispanohablante. Las personas pueden solicitar asistencia una vez cada 30 días. Los servicios están restringidos a los residentes de los códigos postales 90063 y 90033 del Este de Los Ángeles.

323-266-6457
lacountyad.org

LOS ANGELES REGIONAL FOOD BANK

1441 Santa Anita Ave
South El Monte, CA 91733

Fighting hunger in our community by sourcing nutritious food and other products for distribution to people experiencing nutrition insecurity through our partner agency network and directly through programs.

626-575-5431
Distribution once a month by appointment only.
lafoodbank.org

MAKING IT HAPPEN INC.

9666 Foothill Pl, Sunland, CA 91040

We are a charity organization that exists to meet the needs of those in our community who are hungry, homeless, unemployed, or under-employed by providing food, clothing, and access to services that provide a pathway to more successful lives.

818-398-6232
Distribution every Saturday at 1:30pm until supplies last. Healthy, fresh, and frozen food for individuals and families. Open to the public.
makingithappeninc.org

MANOS QUE SOBREVIVEN

3010 Estara Ave, Los Angeles, CA 90065

One in five people In Los Angeles Country experiences food Insecurity. Our Vision is that no one goes hungry in Los Angeles county

323-561-5504
Wednesday's 12:00 PM while supplies last
alberto@manosqs.com
manosqs.com

MCCARTY MEMORIAL CHRISTIAN CHURCH

4103 W Adams Blvd, Los Angeles, CA 90018

Food distribution

323-377-7740
Every Thursday from 12:30pm – 3pm.
mccartychurch.org

MEET EACH NEED WITH DIGNITY (MEND)

10641 N San Fernando Rd
Pacoima, CA 91331

MEND's Community Nourishment Programs (CNP) feed hundreds of thousands of food-insecure people per year through

a Food Pantry (direct distribution), Food Bank (distribution to partners), Buen Provecho farmers market (self-selection of fresh fruit/vegetables) and Little Health Market (food options for people with chronic health conditions).

818-896-0246
Bring any form of identification. Open to the public, walk-ins are welcome. Distribution every Tuesday and Friday from 9am – 12pm. Every 1st Saturday from 9am – 12pm.
mendpoverty.org

MEXICAN AMERICAN OPPORTUNITY FOUNDATION (MAOF)

401 N Garfield Ave, Montebello, CA 90640

Food distribution

323-890-9600
Distribution every Thursday from 8am – 12pm. Must provide photo ID.
maof.org

NEW DIRECTION COMMUNITY PROGRAM

8200 S Western Ave, Los Angeles, CA 90047

Food Give-A-Way has been a big success for many years now. Typically, we serve over 150 households with several hundred bags of meat, groceries and produce.

323-291-0035
Distribution every 4th Saturday of the month from 12: 30 pm – 2pm.
ndcp.org

NORTH HOLLYWOOD INTERFAITH FOOD PANTRY

11634 Moorpark St, Studio City, CA 91604

The North Hollywood Interfaith Food Pantry is a religiously diverse 501c3 non-profit community that strives to meet the needs of those living with food insecurity.

818-760-3575
Distribution every Monday and Friday from 7:30am – 11am. Drive – thru and walk – ins welcome.
nhifp.org

OUR REDEEMER LUTHERAN CHURCH PANTRY

20025 Chase St, Winnetka, CA 91306

Food is obtained through FEMA, the USPS Food Drive and donations regularly provided by a group of local super markets.

Certain types of food such as produce and meats are purchased by the pantry.

818-341-3460
Grocery distribution Thursdays 11:30 am – 1 pm. A hot lunch is served at noon.
our-redeemer.org

PARAMOUNT CARE FOUNDATION

8206 Alondra Blvd, Paramount, CA 90723

Project Hope exists and expanding to provide daily essentials to lower-income individuals and families. Consistent support is offered through our Friday Food Distribution

562-531-6820
Distribution every Friday 8:00am – 10:00am.
pcf.la

SALVATION ARMY

By supplying free fresh produce, canned goods, and healthy frozen items, our food pantries provide valuable meal supplementation while helping those in need maintain their independence and dignity
salvationarmyusa.org

Glendale

320 W Windsor, Glendale, CA 91204

818-246-5586
Distribution every Monday – Thursday from 12pm – 3pm. Must be a local resident of Glendale. Must provide photo ID.

Pasadena

960 E Walnut St, Ste 102, Pasadena, CA 91106

626-773-4404
MON, WED, FRI, 9am–11am; TUES, THURS for housed individuals and families by appointment from 9am–11:45am. Must provide ID, proof of address near service area (Pasadena, South Pasadena, Altadena, Sierra Madre, and San Marino), and proof of income.

SAN GABRIEL MISSION FOOD PANTRY

428 S Mission Dr, San Gabriel, CA 91776

Food Pantry will continue our effort and commitment to serve our community in need, especially in this time of pandemic.

626-457-3035
Distribution every 2nd and 4th Sunday from 7am – 9am. Drive thru only. Must show an ID.
sangabrielmissionchurch.org

SAN JUAN DIEGO COMMUNITY SERVICE CENTER

4171 N Tyler Ave, El Monte, CA 91731

The programs, offered at San Gabriel Region's community services' centers include: emergency and basic needs assistance, such as food, clothing, temporary shelter through motel vouchers, transportation, specialized rental and utilities assistance programs for low-income families, and on-site assistance with application for CalFresh benefits.

626-575-7652
Distribution every Monday through Friday from 9am – 12pm. Must provide photo ID.
catholiccharitiesla.org

SANTA CLARITA VALLEY FOOD PANTRY

24133 Railroad Ave, Newhall, CA 91321

Working to alleviate hunger in our community since 1986. The Santa Clarita Valley Food Pantry is dedicated to alleviating hunger in the Santa Clarita by serving families and individuals of all ages living in uncertainty, and seeking assistance.

661-255-9078
Distribution every Monday from 11am – 2pm, Tuesday and Thursday from 9am – 12pm, Wednesday from 2pm – 5pm, and Saturday from 9am – 12pm. Must provide ID. For *Santa Clarita residents only.
scvfoodpantry.org

SAN PEDRO SERVICE CENTER

769 W 3rd St, San Pedro, CA 90731

Food distribution

310-519-6091
Distribution Monday from 2pm – 4:30pm, Tuesday from 9am – 11:30am and 2pm – 4:30pm.

SHEKINAH WORKSHIP CENTER

42640 10th St, West Lancaster, CA 93535

Food Bank

661-940-8378
Distribution every last Saturday of the month from 9am – 12pm.
contact@shekinahworship.com
shekinahworship.com

SHEPHERD’S PANTRY

The food distribution on Tuesdays provide food is provided for you and/or your family which includes canned and boxed food, produce, fresh fruits, dairy/deli, frozen meat and bakery items. Clients may receive food two times per month from any Shepherd’s Pantry location. The homeless food distribution provides smaller portions of food during this period as frequently as necessary during the month. Often clothing and toiletries are available. The home food delivery provides clients who are unable to travel to our facility in Irwindale because of transportation or physical challenges, we offer local home food delivery service. We provide home food delivery service on Tuesdays only with in a 10 mile radius of our Irwindale location. You can request home food delivery service by calling our office at: 626-305-0392 and asking for Frances or Elisa. You must request delivery service no later than Mondays by 12:00 pm.

shepherdspantry.com

Glendora

657 E Arrow Highway, Ste J
Glendora, CA 91740

626-852-7630

Distribution every Wednesday and Thursday from 5pm –7pm, must provide picture ID and proof of address. Participant may only pick up food three times a month in any of the Shepherd’s Pantry locations. .

Irwindale

1418 Arrow Hwy Irwindale, CA 91706

626-305-0392

Distribution every Wednesday and Thursday from 5pm –7pm, must provide picture ID and proof of address. Participant may only pick up food three times a month in any of the Shepherd’s Pantry locations.

SHIELD FOR FAMILIES

11705 Deputy Yamamoto Place
Lynwood, CA 90262

Walk-up and drive-thru food distribution every Thursday from 10am -2pm, arrive early
shieldsforfamilies.org

SILVERLAKE
COMMUNITY CHURCH

2930 Hyperion Ave, Los Angeles, CA 90027

Food distribution

323-663-3151

Distribution Wednesdays 5:00pm – 6:30pm.
Must provide an ID, proof of income and proof of address.

thesilverlakechurch.net

SOUTH ANTELOPE VALLEY
EMERGENCY SERVICES

1002 Ave Q-12, Palmdale, CA 93550

The SAVES program provides a large assortment of food items to qualified persons: fresh and canned fruits and veg- etables; chili and soup; breads and bakery goods; beverages; dry milk; and staples such as rice, beans and dried cereals. SAVES also provides special assistance (as available, seasonally) with back to school supplies, holiday food baskets and utility assistance. Must provide picture ID, proof of income, and address.

661-267-5191

Distribution every Tuesday, Wednesday, and Thursday from 11am – 4pm.

ccrcca.org

ST. AGNES
CATHOLIC CHURCH

2625 S Vermont Ave
Los Angeles, CA 90007

Food distribution

323-731-2464

Distribution every Tuesday at 9am-10:30am.
For first time, please bring ID
stagnes-la.org

ST. ANDREW
CATHOLIC CHURCH

140 Chestnut St, Pasadena, CA 91103

Food distribution

626-792-4183

Distribution every Wednesday from 9am – 10:30am and Saturday from 7:30am –10:30am.

saintandrewpasadena.org

ST. FRANCIS CENTER (SFC)

892 East 48th St, Los Angeles, CA 90011

At this pantry, clients choose from a variety of items, including fruits, vegetables, meat, dairy, rice, beans, and canned food. Must live in one of the following zip codes: 90011, 90220, 90222, 90223, 90224, 90006, 90007, 90013, 90014, 90015, 90017, 90021, 90057

En este banco de alimentos, los clientes pueden elegir entre una gran variedad de artículos, como fruta fresca, verdura, carne, lácteos, arroz, frijol y alimentos

enlatados. Los alimentos son donados por organizaciones y empresas como Los Angeles Regional Food Bank, Costco, Target y Lucky Supermarkets. Debe vivir en los siguientes códigos postales: 90011, 90220, 90222, 90223, 90224, 90006, 90007, 90013, 90014, 90015, 90017, 90021, 90057

213-747-5347

Must bring Pantry Card—register online or in-person on Fridays from 12pm– 1pm. Distribution Wednesday, Thursday, and Saturday from 11am – 12:30pm. For seniors, Friday from 11am – 12:30pm.

pantry@our-redeemer.org
stfranciscenterla.org

ST. GERARD’S
CATHOLIC CHURCH

4439 Inglewood Blvd
Los Angeles, CA 90066

Food distribution

Distribution Tuesdays and Thursdays, 9am – 12pm and 1pm – 3pm. Must bring photo ID, proof of address, and proof of income. (Local residents only)

stgerardla.com

ST. JAMES
EPISCOPAL CHURCH

3903 Wilshire Blvd, Los Angeles, CA 90010

The surrounding community members are provided cook meals to go.

213-388-3417

Grab & Go meals are served Tuesday from 4:30pm and Friday from 3:30pm – 5pm. Food pantry is distributed on Thursday from 8am – 9am. Breakfast and clothes available on Saturday from 9am – 1pm.

stjla.org

ST. JOSEPH CENTER

204 Hampton Dr, Venice, CA 90291

The Bread and Roses Cafe serves, hot, nutritious meals to homeless men and women in a restaurant-style setting that fosters dignity and respect. The food pantry provides low-income households with supplemental groceries and educational workshops designated to lighten their economic load and promote healthy living.

310-396-6468 x313

Distribution every Monday 10am – 11:50am, Tuesday and Thursday from 12pm – 2:50pm.

stjosephctr.org

ST. MARGARET’S CENTER

10217 Inglewood Ave, Lennox, CA, 90304

Food distribution

Must call and schedule an appointment and register. Distribution is Tuesday – Friday from 9:30am – 3:30pm by appointment only. Must be a resident in the service area.

[St. Margaret’s Center](http://St.Margaret’s Center)

ST PAUL EVANGELICAL
LUTHERAN CHURCH

3901 W Adams Blvd, Los Angeles, CA 90018

Food distribution

760-947-3317

Every Friday from 12pm – 2:30pm or until supplies last.

THE BIBLE TABERNACLE

1761 Washington Way, Venice, CA 90291

Food distribution

310-821-6116

Distribution every Monday, Wednesday, and Friday from 9:30am – 12pm.

THE DREAM CENTER
MOBILE FOOD BANK

Mobile Food Bank

Our food trucks are distributing groceries an average of 20 sites on a weekly basis. Operating times and outreach sites are subject to change

213-273-7042

dreamcenter.org

Pueblos

54th St and Long Beach Ave, Los Angeles, CA 90011

Saturdays, 10:30am – 11:30am.

Santa Ynez

2127 Santa Ynez St, Los Angeles, CA 90012

Saturdays, 10:30am – 11:30am.

William Mead

293 Cardinal St, Los Angeles, CA 90012

Saturdays, 10:30am – 11:30am.

TOBERMAN
NEIGHBORHOOD CENTER

131 N Grand Avem San Pedro, CA 90731

Food distribution

310-832-1145 ext 168 or 106

For the food pantry and delivery program you must call to register and provide proof of address, proof of income, and photo ID.

toberman.org

TURNING POINT

Balwin Hills

3756 Santa Rosalia Dr, Ste 61
Los Angeles, CA 90008

Food distribution

323-296-1840

Distribution every 2nd and 4th Friday from 12pm – 2:30pm.

UNITED
METHODIST CHURCH

918 W Avenue J, Lancaster, CA 93534

Food distribution

661-942-0419

VENICE FOOD DRIVE

415 E Indiana Ct, Venice, CA 90291

Food distribution

Every Monday and Saturday from 1:30pm – 3pm. Every Saturday from 1pm – 3pm. *Closed the 1st & 3rd Saturday of the month.
venicefooddrive@gmail.com

WEST VALLEY FOOD PANTRY

5700 Rudnick Ave
Woodland Hills, CA 91367

The West Valley Food Pantry works to end hunger in the San Fernando Valley. We do this by providing food and supportive ser- vices for individuals and families in need.

818-346-5554

Monday -Thursday 9:00am –1:00pm Friday 9:30am-12:00pm

westvalleyfoodpantry.org

WILSHIRE PRESBYTERIAN
CHURCH

309 S Oxford Ave, Los Angeles, CA 90020

Food distribution

213-387-5387

Distribution every Monday from 8am – 10am. Must provide an ID.

WOMEN’S CENTER

Downtown Los Angeles

442 S San Pedro St, Los Angeles, CA 90013

Distribution of food.

213-680-0600

Breakfast is served every day from 8am – 9am. Lunch is served every day from 11:30am – 12:30pm. Afternoon snacks served at 2pm.

downtownwomenscenter.org

WORD OF FAITH CENTER

107 W Artesia Blvd, Compton, CA 90220

Food distribution

310-632-7337

Distribution every Saturday at 10am until supplies last.

wofcenter.org

Health
Services

AHF HEALTH CENTER—
HOLLYWOOD

1300 N Vermont Ave
Los Angeles, CA 90027

323-860-5200

Monday -8:30 AM -8:00 PM; Tuesday-Friday 8:30 AM -5:30 PM

ALTAMED

Multiple Locations

AltaMed provides a comprehensive range of primary care, dental, specialty care, and other services for medically underserved communities in Los Angeles and Orange Counties.

888-499-9303

Monday-Friday 7am-9pm; Saturday 8am-6 pm; Sunday 9:30 am-6 pm

altamed.org

APLA HEALTH & WELLNESS

1151 N La Brea Ave
West Hollywood, CA 90046

APLA Health can assist clients with behav- ioral health services, benefits counseling, dental care, support for older adults living with HIV, transportation assistance, case management and the Vance North Neces- sities of Life Food Pantry Program.

213-201-1330

aplahealth.org

Baldwin Hills

Out Here Sexual Health Center

3741 S La Brea Ave, Los Angeles, CA 90016
(Next to the Gleicher/Chen Health Center)

Trans Wellness is a transgender lead health program. Services provided include hormone replacement therapy, PrEP/PEP, medical referral services, HIV supportive services, and case management.

213-201-5000

MON, WED, THR: 10am–2pm; 3pm–7pm

TUES, FRI: 8am–12pm; 1pm–5pm

outherehealth.com

South Los Angeles

APLA Health Center, CDU/MLK
Medical Campus

1679 E 120th St, Los Angeles, CA 90059

Located on the campus of Charles R. Drew University of Medicine and Science, we provide low-cost health services for the surrounding community. We focus on removing the many health disparities that disproportionately affect communities of color, including higher rates of HIV infec- tion and chronic diseases, and LGBTQ+ individuals who may not seek medical care due to the crushing stigma around sexual orientation and gender identity, including: HIV, sexually transmitted diseases, depres- sion, and substance abuse.

323-215-1725

Monday–Friday: 8am–5pm

2nd and 4th Saturdays of the month:

9am–12pm

aplahealth.org

ARROYO VISTA FAMILY
HEALTH CENTER

Highland Park

6000 N Figueroa St, Los Angeles, CA 90042

Arroyo Vista Family Health Center is a non-profit network of community health centers licensed by the California Depart- ment of Health Services and accredited by The Joint Commission, providing high quality, comprehensive and affordable health care services. This health center of- fers free mammograms and Breast Exams are available for those who qualify. Ser- vices provided also include annual physical exams, pelvic exams, breast exams, STI testing and treatment, TB testing.

323-254-5221

Monday – Friday 8:00am – 5:00pm, Saturday 8:00am – 5:00pm

arroyovista.org

BEHAVIORAL HEALTH
SERVICES (BHS)

15519 Crenshaw Blvd, Gardena, CA 90249

BHS is a non-profit community based healthcare organization providing medical services, substance abuse, mental health, drug-free transitional living, housing for women with HIV, and prevention services for the local community. Multiple Locations :Hawthorne, Wilmington, Carson, and East LA.

310-679-9126

bhs-inc.org

BELL HEALTH CENTER

6901 Atlantic Ave, Bell, 90201

We offer primary care and laboratory services to adults on-site. There are nearby in-network pharmacy and radiology services. Our patients also have access to all of the services available through the Los Angeles County Health Services network of clinics and hospitals—inpatient care, specialty services like cardiology, physical therapy, dermatology, optometry, orthope- dic surgery, and more.

310-868-7600

Monday to 8 am-4:30pm

lacounty.gov

BELLFLOWER
HEALTH CENTER

10005 E Flower Ave, Bellflower 90706

The Health Center focuses on mainly pri- mary care for adults, families and children.

562-526-3000

Monday to 8 am-4:30pm

lacounty.gov

CALIFORNIA BLACK
WOMEN’S HEALTH PROJECT
(CABWHP)

9800 La Cienega Blvd, Ste 905
Inglewood, CA 90301

CABWHP is committed to advocating and improving the physical, spiritual, mental and emotional well-being of Black Women and girls in California. They provide advocate training programs, and provide education disease prevention, domestic/ intimate partner violence, nutrition/ fitness, mental health, reproductive health, menopause, and other health issues from a Black perspective

310-412-1928

wellwoman@cabwhp.org

cabwhp.org

CEDARS-SINAI MEDICAL CENTER

Hospice Facilities
CEDARS-SINAI MEDICAL CENTER
8700 Beverly Blvd, Los Angeles , CA 90048

The medical center provides hospital services for people of all ages in Los Angeles County. Services include clinical trials, emergency room care, general medical care, and hospice care. The hospital is a Level I Trauma Center and also maintains a Pediatric Critical Care Center. There are no geographic restrictions.

El centro médico ofrece servicios hospitalarios a personas de todas las edades en el condado de Los Ángeles. Los servicios incluyen ensayos clínicos, cuidado de emergencia, atención médica general y cuidados paliativos. El hospital es un Centro de Traumatología de Nivel I y también mantiene un Centro de Cuidados Críticos Paliáticos. No hay restricciones geográficas.

310-423-9581
cedars-sinai.org

CHAPCARE

Del Mar
3160 E Del Mar, Ste 100
Pasadena, CA 91107

ChapCare offers reproductive health and prenatal healthcare, led by OB/GYN professionals. ChapCare offers high-quality and patient-centered OB/GYN services, which include pregnancy testing, periodic doctor visits, physicals, ultrasounds, fetal monitoring, lab tests, prenatal education, and pap smears. Services provided include pregnancy testing, physical exams, lab testing, and STI testing and treatment.

ChapCare ofrece servicios de salud reproductiva y atención prenatal, dirigidos por profesionales de obstetricia y ginecología. ChapCare ofrece servicios de obstetricia y ginecología de alta calidad y centrados en el paciente, que incluyen pruebas de embarazo, visitas médicas periódicas, exámenes físicos, ecografías, monitorización fetal, pruebas de laboratorio, educación prenatal y pruebas de Papanicolaou, pruebas de laboratorio, educación prenatal y citologías. Los servicios ofrecidos incluyen pruebas de embarazo, exámenes físicos, pruebas de laboratorio y pruebas y tratamiento de ITS.

626-398-6300
Monday—Friday
8:00am—5:00pm
chapcare.org

CHINATOWN SERVICE CENTER

Head Office
767 N Hill St, Los Angeles, CA 90012

This health center is a Federally Qualified Health Center that provides comprehensive healthcare services to diagnose, improve, and treat common illnesses in patients. Staff at this health center speak multiple languages including English, Mandarin, Cantonese, Vietnamese, Spanish, and Tagalog. Services are available on sliding fee scale determined by income and family size. Services provided include pregnancy testing, perinatal care, pap test and breast cancer screening.

Este centro de salud es un Centro de Salud Federalmente Calificado que ofrece servicios integrales de atención médica para diagnosticar, mejorar y tratar enfermedades comunes en los pacientes. El personal de este centro de salud habla varios idiomas, entre ellos inglés, mandarín, cantonés, vietnamita, español y tagalo. Los servicios están disponibles en una escala móvil de tarifas determinada por los ingresos y el tamaño de la familia. Los servicios ofrecidos incluyen pruebas de embarazo, atención perinatal, prueba de Papanicolaou y detección de cáncer de mama.

213-808-1792
Monday–Saturday, 8AM–12PM, 1PM–5PM
appointments@cscla.org
cscla.org

CURTIS R. TUCKER HEALTH CENTER

123 W Manchester Blvd, Inglewood, 90301

Provides health coverage for children up to 19 years old and pregnant women who are not eligible for no-cost Medi-Cal. Family income must be less than \$57,575 for a family of three.

310-419-5325
Mon–Fri 8 am–5pm except 10 am–6:30 pm
publichealth.lacounty.gov

EAST VALLEY COMMUNITY HEALTH CENTER (EVCHC)

HIV and PrEP Services
1555 S Garey Ave, Pomona, CA 91766

EVCHC offers a variety of specialized services focused specifically on the entire health and wellness of the HIV positive person. Services are available for both insured and uninsured persons.

EVCHC ofrece una variedad de servicios especializados centrados específicamente

en toda la salud y el bienestar de la persona con VIH. Los servicios están disponibles tanto para personas aseguradas como no aseguradas.

909-620-8088 x 3202
evchc.org

EDWARD R. ROYBAL COMPREHENSIVE HEALTH CENTER

245 S Fetterly Ave, Los Angeles, CA 90022

This health center delivers outpatient, primary, and specialty care by patient-center teams of bilingual and community-oriented health professionals who are highly-skilled at delivering. Along with Women's Health they also provide behavioral health, dental, and nutrition.

Este centro de salud ofrece atención ambulatoria, primaria y especializada a cargo de equipos de profesionales de la salud bilingües y orientados a la comunidad, altamente cualificados en la prestación de servicios. Junto con Salud de la Mujer, el centro también ofrece salud de comportamiento, dental y de nutrición.

323-362-1010
Monday to Friday, 8:00 AM to 4:30 PM
lacounty.gov

EISNER HEALTH

Multiple Locations
Eisner provides the following services: behavioral health, dental, dermatology, family medicine, optometry, pharmacy, pregnancy care, and women's health.

Eisner Health Women's Center ofrece atención obstétrica y ginecológica a las mujeres. Nuestros ginecólogos obstetras son enfermeras-parteras certificadas que están aquí para ayudarle. También atienden partos en el California Medical Center. Ofrecen personal certificado en lactancia para ayudar a las nuevas madres con la lactancia materna.

213-747-5542
Hours vary per location
eisnerhealth.org

EL PROYECTO DEL BARRIO

Health Services
Panorama City Esperanza Clinic
9140 Van Nuys Blvd, Ste 202-207
Panorama City, CA 91402

This clinic provides accessible and affordable health care services to the growing underserved population in Northeast San Fernando Valley communities. Services

include HIV testing and treatment, case management, pediatrics, health education and referral services.

Esta clínica ofrece servicios de la salud accesibles y a un precio económico a la creciente población desatendida de las comunidades del noreste del Valle de San Fernando. Los servicios incluyen pruebas y tratamiento del VIH, gestión de casos, pediatría, educación sobre la salud y servicios de referencia.

818-830-7181
nhchc.org

EVERY WOMAN COUNTS (EWC)

Located throughout LA County
EWC provides free clinical breast exams, mammograms, pelvic exams, and Pap tests to California's underserved women. The EWC program saves lives by preventing and reducing and devastating effects of cancer for Californians through education, early detection, diagnosis and treatment, and integrated preventative services.

El EWC ofrece exámenes clínicos de mama, mamografías, exámenes pélvicos y pruebas de Papanicolaou gratuitos a las mujeres de California que carecen de servicios suficientes. El programa EWC salva vidas previniendo y reduciendo los efectos devastadores del cáncer para las californianas mediante educación, detección precoz, diagnóstico y tratamiento, y servicios preventivos integrados.

844-376-2627
mamas@dhc.lacounty.gov
dhs.lacounty.gov

FAMILY HEALTH CARE CENTERS OF GREATER LOS ANGELES

Bell Gardens Family Medical Center
6501 Garfield Ave, Bell Gardens, CA 90201

This health care center offers health services such as a comprehensive prenatal services program, family planning, treatment for STI's, cervical and breast cancer screening. Along with womens health services they also offer dental, family medicine, pediatrics, and behavioral health.

Este centro de cuidado médico ofrece servicios de salud para la mujer, como un programa integral de servicios prenatales, planificación familiar, tratamiento de las infecciones transmitidas sexualmente y detección del cáncer de cuello uterino y de mama. Junto con los servicios de salud de la mujer, también ofrecen dental, medicina familiar, pediatría y salud de comportamiento.

562-928-9600
Monday–Friday 8:00 am — 7:00 pm
Saturday 8:00 am — 4:00 pm
fhccgla.com

GREATER LOS ANGELES AGENCY ON DEAFNESS (GLAD)

2222 Laverna Ave, Los Angeles, CA 90041

GLAD's Health Program provides services to deaf, hard of hearing, deafblind, and deaf-disabled women who engage in risky sexual behavior. Individual and group sessions include risk reduction counseling, negotiation skills, HIV testing and STD screening referrals, relationship issues and updated HIV/AIDS resources.

323-478-8000
gladinc.org

H. CLAUDE HUDSON COMPREHENSIVE HEALTH CENTER

2829 S Grand Ave, Los Angeles, CA 90007

This health center provides quality, patient-centered care through an integrated network of clinics. Along with Womens Health, services provided include urgent care, dental, and behavior health.

Este centro de salud ofrece una atención de alta calidad centrada en el paciente a través de una red integrada de clínicas. Además de Salud de la Mujer, ofrece servicios de atención urgente, dental y salud de comportamiento.

213-699-7000
Monday to Friday, 8:00 AM to 4:30 PM
dhs.lacounty.gov

HARBOR COMMUNITY HEALTH CENTERS

593 W 6th St, San Pedro, CA 90731

This health center provides health services such as mammograms, OB/GYN, HIV prevention, family planning, primary care, and pediatrics.

Este centro de salud ofrece servicios de la salud como mamografías, obstetricia y ginecología, prevención del VIH, planificación familiar, atención primaria y pediatría.

310-547-0202
harborchc.org

HOLLYWOOD SUNSET FREE CLINIC (HSFC)

3324 Sunset Blvd, Los Angeles, CA 90026

HSFC provides free, quality medical and counseling services to people of all ages. They serve low-income, uninsured or under-insured individuals.

HSFC ofrece servicios médicos y de asesoramiento gratuitos y de calidad a personas de todas las edades. Atienden a personas de bajos ingresos, sin seguro o con seguro insuficiente. .

Medical: 323-660-2400
Counseling: 323-661-0718
hsfreeclinic.org

HUBERT H. HUMPHREY COMPREHENSIVE HEALTH CENTER

5850 S Main St, Los Angeles, CA 90003

Locations provide primary care (pediatrics & adolescent), women's health, pharmacy, urgent care, positive care/HIV, women's health, and primary care-adult medicine.

Ofrecen una gran variedad de servicios de atención primaria, especializada y urgente en un ambiente seguro, centrado en el paciente y accesible a toda la comunidad. Además de servicios de salud de la mujer, también ofrecen medicina de familia.

323-897-6000
Monday to 8 am–4:30pm
lacounty.gov

LA FAMILY AIDS NETWORK (LA FAN)

10833 Le Conte Ave, BH312
Los Angeles CA 90095

The Los Angeles Family AIDS Network is a collaborative whose mission is to facilitate access to medical care and support services for women, infants, children and youth living and/or affected by HIV through high quality, family-centered network of culturally and linguistically competent providers.

310-206-6369
lafan.org

LONG BEACH COMPREHENSIVE HEALTH CENTER

1333 Chestnut Blvd, Long Beach CA 90813

The Health Center focuses on mainly primary care for adults, families and children. Through its patient-centered medical home model, patients are seen by

the same team of healthcare professionals to support your health and wellness needs. Limited specialty services offered on-site as well as pharmacy, radiology, laboratory and social work services.

562-753-2300
562-753-2300
Monday–Friday 8 am–4pm
lacounty.gov

LOS ANGELES GENERAL MEDICAL CENTER

2051 Marengo St , Los Angeles, 90033

LA General provides high-quality medical care and services with a patient-centric approach. LA General Hospital offers a broad spectrum of medical services, including primary care, specialty care, emergency services, surgical procedures, and diagnostic imaging

323-409-1000
lacounty.gov

LOS ANGELES LGBT CENTER

1625 N Schrader Blvd
Los Angeles, CA 90028

Primary care for persons living with HIV/AIDS. Anonymous and confidential, counseling education, and testing.

Atención primaria para personas que viven con el VIH/SIDA.

323-993-7500
lalgbtcenter.org

MARTIN LUTHER KING, JR. OUTPATIENT CENTER

1670 E 120th St, Los Angeles, 90059

This outpatient center offers an innovative approach to medical care at a state-of-the-art facility on the dynamic MLK Medical Campus with access to exceptional primary care providers and leading experts across a wide range of specialties. The Outpatient Center also offers a full range of diagnostic and ancillary services

consisting of an extensive laboratory; full radiology, including mammography, MRI, CT, ultrasound, bone density studies and nuclear medicine; a rehabilitation department with physical therapy, occupational therapy, speech therapy and audiology; and outpatient pharmacy services seven days a week. In addition to ancillary, diagnostic, and treatment services, the facility also houses an Ambulatory Surgical Center with state-of-the-art operating rooms, Urgent Care, dental, behavioral health, HIV/AIDS, the Jeffrey Smith Sickle Cell Disease Clinic, and medical-legal services.

424-338-1000
Monday to 8 am–4:30pm
lacounty.gov

MATERNAL CHILD AND ADOLESCENT AT LAC+USC

2010 Zonal Ave, OPD 5 West
Los Angeles, CA 90033

MCA provides comprehensive multidisciplinary care to women, men, children and adolescents and their families, regardless of their ability to pay, in a culturally sensitive environment and incorporates research at all levels. Family-centered, primary and subspecialty medical care along with a strong psychosocial component are provided by a multidisciplinary team of providers from the Departments of Pediatrics, Obstetrics/Gynecology, Family Medicine, Psychiatry, Social Work and Nutrition. Through this collaboration, a full spectrum of HIV care is provided in one setting to all infected patients and their affected family members regardless of their ability to pay, including those not covered by insurance.

323-409-2200
After hours: 323-265-7709
keck.usc.edu

MID-VALLEY COMPREHENSIVE HEALTH CENTER

7515 Van Nuys Blvd, Van Nuys, CA 91405

This health center delivers outpatient, primary, Urgent, and specialty care services, by teams of bilingual and community-oriented health professionals who are highly-skilled at delivering patient-centered and coordinated health care. Along with Womens Health, a few of their other services also include pharmacy services, prenatal services and dental services.

Este centro de salud ofrece servicios de atención ambulatoria, primaria, urgente y especializada, a cargo de equipos de profesionales sanitarios bilingües y orientados a la comunidad, altamente cualificados para ofrecer un cuidado de la salud coordinada y centrada en el paciente. Además de salud de la mujer, algunos de sus servicios incluyen farmacia, servicios prenatales y servicios dentales.

818-627-3000
Monday to Friday, 8:00 AM to 4:15 PM
dhs.lacounty.gov

**NORTHEAST VALLEY
HEALTH CORPORATION
(NEVHC)**

Women's Health Center
Pacoima Women's Health Center
12756 Van Nuys Blvd, Pacoima, CA 91331

Pacoima Women's Health Center offers comprehensive health care services to empower patients on their path to wellness.

Pacoima Women's Health Center ofrece servicios integrales de atención médica para capacitar a los pacientes en su camino hacia el bienestar.

[nevhc.org](#)

**PACIFIC OAKS
MEDICAL GROUP**

150 N Robertson Blvd, Ste 300
Beverly Hills, CA 90211

This medical group provides women's health services such as annual wellness exam, UTI treatment, oral contraception, and breast cancer screenings. Transgender health services are also provided, including hormone replacement therapy and referrals for providers.

Este grupo médico ofrece servicios de salud de la mujer, tales como examen anual de bienestar, tratamiento de infecciones urinarias, anticoncepción oral, pruebas de detección de cáncer de mama, la salud cardíaca. Este grupo médico también ofrece servicios de salud transgénero como la terapia de reemplazo hormonal y referencias para los proveedores de cualquier cirugía que el paciente pueda estar interesado.

310-652-2562
Monday–Thursday: 8am to 5pm
Friday: 8am to 4:30pm
[pacificoaks.com](#)

PLANNED PARENTHOOD

1014 1/2 N Vermont Ave
Los Angeles, CA 90029

At Planned Parenthood our mission is to ensure all people have access to the care and resources they need to make informed decisions about their bodies, their lives, and their futures. Founded in 1916, Planned Parenthood is a trusted health care provider, educator, and passionate advocate here in the U.S. as well as a strong partner to health and rights organizations around the world. Each year, Planned Parenthood delivers vital sexual and reproductive health care, sex education, and information to millions of people.

En Planned Parenthood, nuestra misión es garantizar que todas las personas tengan acceso a la atención y los recursos que necesitan para tomar decisiones informadas sobre su cuerpo, su vida y su futuro. Fundada en 1916, Planned Parenthood es un proveedor de cuidado de la salud, un educador y un apasionado defensor de la salud de confianza aquí en Estados Unidos, así como un firme colaborador de organizaciones de salud y derechos en todo el mundo. Cada año, Planned Parenthood ofrece servicios vitales de atención a la salud sexual y reproductiva, educación sexual e información a millones de personas.

800-576-5544
[plannedparenthood.org](#)

ROADS COMMUNITY CLINIC

121 S Long Beach Blvd
Compton, CA 90221

The ROADS Community Clinic provides a full continuum of interated medical, dental, and behavioral health services to all ages. Services provided are podiatry, dental, pediatrics, women's health, prenatal care, primary care, and behavioral health.

310-627-5850
855-645-0033
MON–FRI 8am–6pm; SAT 9am–3pm
info@roadsfoundation.org
[roadsfoundation.org](#)

SABAN COMMUNITY CLINIC

Multiple Locations
Provides free medical, dental, pediatrics, HIV STD testing, PrEP prevention, and senior services. They also provide homeless services..
Ofrece servicios médicos, dentales, pediátricos, pruebas de ITS y VIH, prevención del VIH con uso de PrEP, y servicios para personas mayores de forma gratuita. También ofrecen servicios a personas sin hogar.

323-653-1990
Monday–Thursday 7 am–7pm; Friday 7 am–4:30pm; Saturday 7:30 am–4 pm
[sabancommunityclinic.org](#)

**SOUTH CENTRAL FAMILY
HEALTH CENTER**

4425 S Central Ave, Los Angeles, CA 90011

This health center provides the direct medical services, treatment and care to patients. They provide services regardless of insurance or ability to pay. Womens health services that this health center

provides includes general physicals, OB/GYN, breast exams, pap smears, and prenatal care.

Este centro de salud ofrece los servicios médicos directos, tratamiento y atención a los pacientes. Proporcionan servicios independientemente del seguro o de la capacidad de pago. Los servicios de salud para mujeres que ofrece este centro de salud incluyen exámenes físicos generales, obstetricia y ginecología, exámenes de mamas, pruebas de Papanicolaou y atención prenatal.

323-908-4200
[scfhc.org](#)

**ST. JOHN'S COMMUNITY
HEALTH**

Multiple Locations
St. John's offers health clinics in Los Angeles to low-income, uninsured, and under-insured people. Our mission is to improve community health and reduce health disparities by delivering high quality, comprehensive services and impacting health and social policy. St. John's offers medical services from mental health services to pediatric services to ensure health equity for our communities. Services provided medical, dental, pediatric, women's health, mental health/substance use, homeless health services, PRIME Specialty Clinic, and Transgender Health Program.

323-541-1411
Monday–Friday 8am–5pm; Saturday 7 am–3 pm
info@sjch.org
[sjch.org](#)

**ST. JOHN'S WELL CHILD AND
FAMILY CENTER (SJWCFC)**

Transgender Health Program
Traynham Clinic
326 W 23rd St, Los Angeles, CA 90007

This clinic provides comprehensive transgender health services, including primary care, dental, HRT, PEP PrEP and HIV testing, in a safe and welcoming environment.

Esta clínica ofrece servicios para el cuidado de la salud para personas transgénero, como atención primaria, servicios dentales, terapia de reemplazo hormonal, profilaxis preexposición con el uso de PEP y PrEP y pruebas del VIH, en un ambiente seguro y acogedor.

323-541-1600

ST. JOHN'S WELL CHILD

Community Health Center
Multiple Locations
St. John's strives for health equity by addressing the health care needs of low-income, uninsured, and under-insured people in Central/South LA and Compton. St. John's also offeres program such as Rise Reentry for individuals who has had contact with the justice system, case management, health education, environmental health, community outreach, and advocacy.

St. John's se esfuerza por la igualdad de la salud atendiendo las necesidades médicas de las personas con bajos ingresos, sin seguro o con seguro insuficiente en el centro/sur de Los Angeles y Compton. John's también ofrece programas como Rise Reentry para personas que han tenido contacto con el sistema de justicia, manejo de casos, educación de la salud, salud medioambiental, divulgación comunitaria y abogacía.

[wellchild.org](#)

THE LAUREL FOUNDATION

State Children's health Insurance Program (SCHIP)
Provides health coverage for children up to 19 years old and pregnant women who are not eligible for no-cost Medi-Cal. Family income must be less than \$57,575 for a family of three.

800-880-5305
[benefits.gov](#)

TORRANCE MEMORIAL

Breast Cancer Helpline
Hunt Cancer Center
3285 Skypark Dr, Torrance, CA 90505

Torrance Memorial's Breast Cancer is a one-stop destination for services designed to ease the burden of cancer diagnosis and treatment for patients and loved ones. Most services are provided free of charge.

Torrance Memorial's Breast Cancer es un lugar con una gran variedad de servicios diseñados para aliviar la carga que supone el diagnóstico y el tratamiento del cáncer para los pacientes y sus seres queridos. La mayoría de los servicios son gratuitos.

310-517-7077
[torrancememorial.org](#)

WATTS HEALTHCARE

10300 Compton Ave
Los Angeles, CA 90002

Watts Healthcare Corporation is dedicated to providing high quality, accessible and affordable medical, dental, behavioral health and special support services. Services include walk in services under the same day clinic on Saturdays for non threatening illnesses, women health, dental services, preventive health, vision care, adult medicine, pediatrics, podiatry and perinatal services.

323-564-4331
Mon–Fri 8am–5pm/ Sat 8am–5pm
Same day clinic
info@wattshealth.org
[wattshealth.org](#)

**WESLEY HEALTH CENTERS/
JWCH INSTITUTE**

17 Locations
Wesley Health Centers mission to improve access to health care for everyone, regardless of means. Through the efforts of our dedicated staff, we help keep individuals and families healthier while making our community, your community, stronger. We provide a full continuum of care for our men, women and children in the Los Angeles area. Our services include Primary Health Care, Behavioral Health Care, Homeless Health Care, HIV Services, Oral Health Care, Pharmacy Services, Vision Care and Supportive Services which includes our Chronic Disease Case Management, Youth Services, Housing Assistance, Health Education, Nutritional Assistance and Research.

866-733-5924
Monday–Friday 8am–5pm; some locations have Saturday hours.
[jwchinstitute.org](#)

**WESTSIDE
FAMILY HEALTH CENTER**

3861 Sepulveda Blvd, Culver City, CA 90230
This health center provides services such as reproductive health, prenatal, pediatrics, childbirth classes, lactation educaiton, and mammograms.

Este centro de salud ofrece servicios de salud reproductiva, prenatal, pediatría, clases de preparación al parto, educación sobre lactancia y mamografías.

310-450-4773
Monday 7:30 AM–3:30 PM
Tuesday 7:30 AM–3:30 PM
Wednesday 9:30 AM–6:30 PM

Thursday 7:30 AM–3:30 PM
Friday 7:30 AM–3:30 PM
Saturday 7:30 AM–3:00 PM
lobby@wfhcenter.org
[wfhcenter.org](#)

**WHITE MEMORIAL
MEDICAL CENTER**

**Health/Disability Related
Support Groups (Diabetes)**
White Memorial Medical Center
1720 Cesar E Chavez Blvd
Los Angeles, CA 90033

Services include breastfeeding support programs; cancer support groups, including a breast cancer support group for Latinas; CPR for new parents; diabetes self management; diabetes support groups; household safety programs for new parents; nutrition classes for heart patients, cancer patients and people who have diabetes; exercise/fitness classes including aquarobics, pilates, and yoga instruction. Support groups are available for people who have cancer and their families. Classes focus on teaching people coping skills and how to focus on living.

Los servicios incluyen programas de apoyo a la lactancia materna; grupos de apoyo al cáncer, incluido un grupo de apoyo al cáncer de mama para latinas; RCP para padres primerizos; autocontrol de la diabetes; grupos de apoyo a la diabetes; programas de seguridad doméstica para padres primerizos; clases de nutrición para pacientes cardíacos, pacientes con cáncer y personas que padecen diabetes; clases de ejercicio/fitness que incluyen aquagym, pilates e instrucción en yoga. Hay grupos de apoyo para enfermos de cáncer y sus familias. Las clases se centran en enseñar a las personas a sobrellevar la enfermedad y a centrarse en la vida.

323-268-5000
[whitememorial.com](#)

**WILMINGTON
HEALTH CENTER**

1325 Broad Ave, Wilmington, CA 90744

The Health Center focuses on mainly primary care for adults, families and children. Provides women's health, primary care in pediatrics & adolescent and adult medice,

310-404-2030
Monday to 8 am–4:30pm
[dhs.lacounty.gov](#)

**HIV Medical
Clinics**

**AHF HEALTHCARE CENTER
CARL BEAN**

HIV/STI Testing & Treatment
Carl Bean
2146 W Adams Blvd, Los Angeles, CA 90018
HIV testing and medical treatment, PrEP and PEP services, and STD HIV treatment.
Ofrece pruebas del VIH y tratamiento médico, servicios de PrEP y PEP, y tratamiento de ITS y VIH.

323-766-2170
Tuesday 8:30 AM–5:30 PM
[hivcare.org](#)

**AHF Healthcare Center
Westside**

99 N La Cienega Blvd, Ste 200
Beverly Hills, CA 90211
Provides HIV testing and HIV care.
Ofrece pruebas del VIH y atención médica.
310-657-9353
Monday–Friday 8:30 am–5:30 pm

ALTAMED

HIV/STD Testing & Treatment
Provides health education, HIV/STD testing and treatment, PrEP and PEP services, and pharmacy on location.
Ofrece educación sobre la salud, pruebas y tratamiento del VIH/ITS, servicios de PrEP y PEP, y farmacia en un mismo sitio.

323-869-5448
[altamed.org](#)

APLA HEALTH & WELLNESS

LGBTQ+ Primary Healthcare and HIV Specialty Care
APLA Health's mission is to increase healthcare equity for underserved communities, especially the LGBTQ+ community. We provide a safe space for patients to receive inclusive services and care. Our primary care services include: wellness visits; chronic disease management; vaccinations; blood work; prescriptions; PrEP and PEP case management; STD and HIV testing; and gender affirming hormone therapy. We also offer dental and behavioral health medical care and support programs for people living with HIV. If you are living with HIV, our medical providers will work with you to ensure you are getting the medicines you need and

that you maintain your health. In addition, if you are living with HIV and need further support, we can refer you to other services we provide, including benefits counseling, nutrition counseling, and much more.

info@aplahealth.org
[aplahealth.org](#)

Baldwin Hills

Gleicher/Chen Health Centers
3743 S La Brea Ave, Los Angeles, CA 90016
323-329-9900
Monday–Friday 8am–5pm

Long Beach

APLA Health Center
1043 Elm Ave, Ste 302
Long Beach, CA 90813
562-247-7740
Monday/Thursday/Friday: 8am–5pm
Tuesday/Wednesday: 8am–7pm

Mid-Wilshire

APLA Health Center
5901 W Olympic Blvd, Ste 310
Los Angeles, CA 90036
323-215-1725
Monday–Friday 8am–5pm

South Los Angeles

APLA Health Center, CDU/MLK Medical Campus
1679 E 120th St, Los Angeles, CA 90059
323-329-9700
Monday–Friday 8am–12pm; 1pm–5pm

West Hollywood

Michael Gottlieb Health Center
7531 Santa Monica Blvd
West Hollywood, CA 90046
Monday–Friday 9am–5pm

BIENESTAR

Clinica Bienestar
East Los Angeles
5326 E Beverly Blvd, Los Angeles, CA 90022
Clinica Bienestar provides primary HIV testing and treatment, PrEP and PEP services, STD testing and treatment.
La Clínica Bienestar ofrece pruebas y tratamiento primarios del VIH, servicios de PrEP y PEP, pruebas y tratamiento de ITS.

866-590-6411
info@bienestar.org
[bienestar.org](#)

C.A.R.E AT DIGNITY HEALTH

HIV/STD Testing & Treatment
1040 Elm Ave, Ste 200
Long Beach, CA 90813

Provides HIV prevention and care, PrEP and PEP services, and STD teting and treatment.

Ofrece prevención y atención del VIH, servicios de PrEP y PEP, y tratamiento de ITS.

310-922-8522
Monday –Friday 8:30 AM-12:00 PM and 1:15 PM-4:30 PM
Christina.Zicklin@dignityhealth.org
dignityhealth.org

CENTRAL CITY COMMUNITY HEALTH CENTER

HIV/STD Testing & Treatment
South Los Angeles
5970 S Central Ave, Los Angeles, CA 90001

Provides HIV and STD testing, as well for HIV treatment. Provides other women health services.

Ofrece pruebas de VIH y ITS, así como tratamiento del VIH. Ofrece otros servicios de salud para mujeres.

323-234-3280
Mon., Wed., & Fri. 8 AM-5 PM; Tues. & Thurs. 9 AM-5 PM; Saturday 8:00 AM-2:30 PM (CLOSED between 12 PM-1Pm for lunch)

CHARLES R. DREW UNIVERSITY

Oasis Clinic
1807 E 120th St, Los Angeles, CA 90059

Charles R. Drew University / OASIS Clinic provides Free Rapid HIV Testing Services for Los Angeles County. HIV Testing is essential to the community at a large. Awareness of your status is imperative to decrease the transmission of HIV Disease in people of color. Oasis offers free testing along with referrals to follow-up care and community resource programs. Court ordered testing including Health Education and Risk Reduction Services are available. Provides STD testing, treatment, and HIV medical treatment.

Charles R. Drew University / OASIS Clinic ofrece servicios gratuitos de pruebas rápidas del VIH para el condado de Los Ángeles. La prueba del VIH es esencial para la comunidad en general. El conocimiento de su estado es sumamente importante para disminuir la transmisión de la enfermedad del VIH en personas de color. Oasis ofrece pruebas gratuitas junto con referencias para darle seguimiento al cuidado y programas de recursos

comunitarios. Pruebas ordenadas por la corte, incluyendo Educación para la Salud y Servicios de Reducción de Riesgos están disponibles. Ofrecen pruebas y tratamien-to de ITS y tratamiento médico del VIH.

424-338-2929
Monday, Wednesday, and Thursday 8 AM-4:30 PM; Tuesday 8 AM-8 PM; Friday 8 AM-1 PM for adults and 1 PM-4:30PM for adults ages 18-24.
cdrewu.edu

EAST VALLEY COMMUNITY HEALTH CENTER WEST COVINA

420 S Glendora Ave, West Covina, CA 91790

STD Testing & Treatment; HIV Tests; Condoms

Pruebas y tratamiento de ITS; Pruebas del VIH; Preservativos

626-919-4333
Monday-Thursday 8 am-7 pm Friday & Saturday 7:30 am-4 pm
evchc.org

EL PROYECTO DEL BARRIO-PANORAMA CITY ESPERANZA CLINIC

Clinics provide HIV testing and treatment.
La clínica ofrece pruebas y tratamiento del VIH.

Icabral@elproyecto.us
elproyecto.us

Arleta Family Health

8902 Woodman Avenue Arleta, CA 91331

818-830-7033
Monday-Friday 8 AM-5 PM

Panorama

9140 Van Nuys Blvd, Ste 202-207, Panora-ma City, CA 91402

818-830-7181
Prevention: 818-892-8630
Monday-Friday 8 AM-5 PM

S. Mark Taper Center for a Healthy Community Winnetka

20800 Sherman Way Winnetka, CA 91306

818-883-2273
Monday-Friday 8 am-5 pm

JOHN WESLEY HEALTH CENTER (JWHC)

HIV/STD Testing & Treatment
45104 10th St, West Lancaster, CA 93534

JWHC provides specialized HIV medical care, dental care and mentla health ser-vices, along with Substance Use Disorder Treatment for persons living with HIV and those at increased risk of HIV.

JWHC ofrece atención médica especial-izada en VIH, atención dental y servicios de salud mental, junto con tratamiento de trastornos por consumo de sustancias para personas que viven con el VIH y aquellas con mayor riesgo de contraerlo.

866-733-5924
jwchinstitute.org

JWCH INSTITUTE, INC. MEDICAL CLINIC WEINGART CENTER

HIV/STD Testing & Treatment
522 S San Pedro St, Los Angeles, CA 90013

Wesley provide the following services: Healhed education, free condoms, HIV testing, STD testing, and PrEp/PEP.

Wesley ofrece los siguientes servicios: Educación sobre la salud, condones gratuitos, pruebas del VIH, pruebas de ITS y PrEp/ PEP.

866-733-5924
Monday, Thursday, Friday 7 am-6 pm; Tuesday 7 am-7 pm; Wednesday 8 am-5 pm; Saturday (1st & 3rd) 8 am-12 pm
jwchinstitute.org

LA WOMEN’S HIV TASK FORCE

HIV/AIDS Planning Groups
The focus of LA Women's HIV Taskforce is to advocate for the availability and coordination of educatoin and prevention strategies as well as high quality com-prehensive health and social services for females infected with or affected by HIV/ AIDS in Los Angeles County.

lawomenhivtf@gmail.com
LA Women’s HIV Taskforce

LONG BEACH COMPREHENSIVE HEALTH CENTER

HIV/STD Testing & Treatment
1333 Chestnut Blvd, Long Beach, CA 90813

Provides HIV specialty care services.
Servicios médicos especializados en VIH.

562-753-2300
Monday-Friday 8 AM-5 PM
dhs.lacounty.gov

NORTHEAST VALLEY HEALTH CORPORATION

1600 San Fernando Rd
San Fernando, CA 91340

NEVHC health centers offer free or low-cost STD and HIV testing, treatment and prevention services for you and your partner(s) .

Los centros de salud de NEVHC ofrecen servicios gratuitos o de bajo costo de pruebas, tratamiento y prevención de ITS y VIH para usted y su(s) pareja(s).

818-270-9777
Monday-Thursday 8 am-9 pm; Friday 9 am-5 pm; Saturday 8 am-5 pm
nevhc.org

OUT HERE SEXUAL HEALTH CENTER

Offers free or low cost STI testing and treatment, HIV testing, PEP/PrEP services

outherehealth.com

PACIFIC OAKS MEDICAL GROUP

150 N Robertson Blvd, Ste 300, Beverly Hills, CA 90211

Services include STD testing and treat-ment, PrEp, HIV testing.

Pacific Oaks ofrece los siguientes servi-cios: Pruebas y tratamiento de ITS, PrEp, pruebas de VIH.

310-652-2562
MON—THUR 8 am-5 pm; Friday 8 am-4:30 pm
pacificoaks.com

SABAN FREE CLINIC BEVERLY HEALTH CENTER

8405 Beverly Blvd, Los Angeles, CA 90048

Saban Community Clinic's in-house care team is expertly trained to deliver personalized, compassionate care you can trust. With confidentiality and sensitivity, our experienced team offers preventative care and education for HIV and other STIs, including testing, diagnoses, treatment plans, STD testing, and PrEP and PEP.

El equipo de atención interna de Saban Community Clinic está entrenado por expertos para ofrecer una atención per-sonalizada y compasiva en la que puede confiar. Con confidencialidad y sensibili-

dad, nuestro experimentado equipo ofrece atención preventiva y educación para el VIH y otras ITS, incluyendo pruebas, diag-nósticos, planes de tratamiento, pruebas de ITS y PrEP y PEP.

323-653-1990
Monday-Thursday 7:30 am-8:30 pm
Friday 7:30 am-5 pm
sabancommunityclinic.org

ST. JOHN'S COMMUNITY HEALTH

St. John's Community Health offer testing and other support services for HIV. PRIME Specialty Clinic provides HIV testing, HIV medical care, PrEp and PEP.

St. John's Community Health ofrecen pruebas y otros servicios de apoyo para el VIH. PRIME Specialty Clinic ofrece pruebas del VIH, atención médica para el VIH, PrEp y PEP.

sjch.org

Compton W.M. KECK Foundation Community Health Center

PRIME Specialty Clinic
2215 N Wilmington Ave,
Compton, CA 90222

310-603-1332
Mon., Tues., Thurs. 8:30 AM-7:30 PM; Wed., Fri. 8:30 AM-5 PM; Saturday 7 AM-3:30 PM

S. Mark Taper Foundation Chronic Disease and Environmental Health Center

PRIME Specialty Clinic
808 W 58th St, Los Angeles, CA 90037

323-541-1400
Mon., Tues., Thurs. 8:30 AM-7:30 PM; Wed., Fri. 8:30 AM-5 PM; Saturday 7 AM-3:30 PM

Magnolia Place

PRIME Specialty Clinic
1910 S Magnolia Ave, Ste 101
Los Angeles, CA 90007

213-749-0947
Monday 11 AM-7:30 PM; Tuesday, Thursday, Friday 8:30 AM-5 PM; Saturday 7 AM-3:00 PM

Dr. Lewis C. Frayser Health Center

PRIME Specialty Clinic
5701 S Hoover St, Los Angeles, CA 90037

323-541-1616
Monday-Friday 8:30 AM-5 PM; Saturday 7 AM-3:30 PM

TARZANA TREATMENT CENTER

44447 W 10th St, Lancaster, CA 93534

HIV/AIDS services for both HIV-infected and HIV-affected clients with vital health education, nutritional consulting, and treatment strategies for an improved and extended quality of life. Our HIV/AIDS medical services offer STD screening, Pap Smear, and comprehensive medical care. We address the issues surrounding HIV/ AIDS including attitudes and behaviors which can negatively impact the recovery process for teens and adults.

Tarzana Treatment Centers ofrece servicios de VIH / SIDA para los clientes infectados y afectados por el VIH con la educación sobre la salud vital, con-sultoría nutricional, y las estrategias de tratamiento para una calidad de vida mejorada y extendida. Nuestro objetivo es ayudar a nuestros clientes a volver a vivir la vida más plena que puedan. Nuestros servicios médicos para el VIH/SIDA ofrecen pruebas de detección de ITS, ci-tología vaginal y atención médica integral. Abordamos las cuestiones que rodean el VIH / SIDA, incluyendo las actitudes y comportamientos que pueden afectar negativamente el proceso de recuperación de los adolescentes y adultos.

661-723-4829
Monday-Friday 8 am-5 pm
tarzanatc.org

Family Medical Center

907 W Lancaster Blvd, Lancaster, CA 93534

661-723-4829
Monday-Friday 8 am-5 pm

Palmdale

320 E Palmdale Blvd, Palmdale, CA 93550

888-777-8565
Monday-Friday 8 am-5 pm

Northridge

8330 Reseda Blvd, Northridge, CA 91324

888-777-8565
Monday-Friday 8 am-5 pm

TO HELP EVERYONE (T.H.E.)

HIV/STD Testing & Treatment
3834 S Western Ave, Los Angeles, CA 90062

T.H.E.'s Early Intervention Treatment Program supports patients who are at a high risk of HIV infection or who have been diagnosed with HIV. Specialty staff provide medical treatment, risk reduction counsel-ing, case management, behavioral health and linkage to community resources. This can include help with medical appoint-ments and tests, counseling, dental care, HIV medication, HIV testing, and HIV PrEP.

El Programa de Tratamiento de Inter-vención Temprana de T.H.E. ayuda a los pacientes con alto riesgo de infección por el VIH o a los que se les ha diagnosticado el VIH. El personal especializado ofrece tratamiento médico, asesoramiento sobre reducción de riesgos, manejo de casos, salud conductual y conexión con recursos comunitarios para mejorar su salud. Esto puede incluir ayuda con las citas médicas y las pruebas de labora-torio, asesoramiento, atención dental, medicación para el VIH, pruebas del VIH y PrEP del VIH .

323-730-1920
PrEP Extension: 3107
Monday-Thursday 7 AM-6 PM, Friday 7 AM-5PM; Saturday 9 AM-1 PM; HIV testing Monday-Friday 9 AM-2 PM
tohelpeveryone.org

VENICE FAMILY CLINIC

Common Ground
We offer a full range of services to prevent the spread of HIV and for people living with HIV. Services include comprehensive HIV, STI and Hep C testing, behavioral health, HIV case management, health education, syringe services program, maloxone distribution, and workshops.

Common Ground ofrece una gran varie-dad de servicios para prevenir la propa-gación del VIH y para las personas que viven con el VIH. Los servicios incluyen pruebas completas de VIH, ITS y hepatitis C, salud conductual, manejo de casos de VIH, educación sobre la salud, programa de servicios de jeringas, distribución de maloxona y talleres.

310-392-8636
VFCInfo@mednet.ucla.edu
venicefamilyclinic.org

Gardena Health Center

742 West Gardena Blvd, Gardena, CA 90247

Monday, Wednesday, & Friday 8 am-5 pm; Tuesday & Thursday 8:30 am-5:30 pm

South Bay Family Health Care

2114 Artesia Blvd
Redondo Beach, CA 90278

Monday, Wednesday, & Friday 8 am-5 pm; Tuesday & Thursday 8:30 am-5:30 pm

WATTS HEALTH CENTER

HIV/STD Testing & Treatment
10300 Compton Ave
Los Angeles, CA 90002

WHCC offers one of the most compre-hensive HIV Services in Los Angeles and the latest in care for people living with HIV. Services provided is HIV testing, counseling, and prevention. WHCC also provides direct medical treatment for HIV, but women's health services.

WHCC ofrece uno de los servicios de VIH más completos de Los Ángeles y lo último en atención a las personas que viven con el VIH. Los servicios ofrecidos son prue-bas de VIH, asesoramiento y prevención. WHCC también ofrece tratamiento médico directo para el VIH y los servicios de salud de la mujer.

323-564-4331
Monday-Friday 8 am-5 pm
HIV testing Monday-Friday 9 AM-2 PM
info@wattshealth.org
wattshealth.org

Home Health Services

APLA HEALTH & WELLNESS

Home Health Program
Health Education Center
3741 S La Brea, Los Angeles, CA 90016

The Home Health Program promotes inde-pendence while allowing clients to remain in the home setting for as long as possible. Each client is assigned both a registered nurse case manager and social work case manager. Services provided include management of HIV related symptoms, mental health counseling, assistance with comorbid health condititons, benefits navigation, medication management and substance abuse counseling.

El objetivo del Programa de Salud a Domicilio es de promover la independen-cia y permitir que los clientes per-manezcan en su hogar el mayor tiempo posible. A cada cliente se le asigna una enfermera-administrador de casos y un asistente social. Los servicios que se ofrecen incluyen el manejo de los síntomas relacionados con el VIH, el

asesoramiento en salud mental, la ayuda con las enfermedades concomitantes, la navegación de beneficios, el manejo de medicamentos y el asesoramiento sobre el abuso de sustancias.

213-201-1426
hh@apla.org.
aplahealth.org

HEALTHY FAMILIES AMERICA (HFA)

Home Visitation Program
Healthy Families America (HFA)
3910 Oakwood Ave, Los Angeles, CA 90004

Trained home visitors will support parents to provide the best for their babies. Free of charge. Home visits will review how to bond with their child, parenting skills, hands on parent-child activities, child development stagesm and community resources and referrals.

562-233-3873
healthyfamiliesamerica.org

IN-HOME SUPPORTIVE SERVICES (IHSS) PROGRAM

El Monte
588 Atlas Ave, Monterey Park, CA 91755

In-Home Supportive Services (IHSS) helps pay for services provided to eligible persons who are 65 years of age or over, or legally blind, or disabled adults and children, so they can remain safely in their own homes. IHSS is considered an alternative to out-of-home care such as nursing homes or board and care facilities. The types of services which can be authorized through IHSS are housecleaning, meal preparation, laundry, grocery shopping, personal care services (such as bowel and bladder care, bathing, grooming and paramedical services), accompaniment to medical appointments, and protective supervision for the mentally impaired.

888-944-4477
213-744-4477
lacounty.gov

MINORITY AIDS PROJECT (MAP)

5149 W Jefferson Blvd
Los Angeles, CA 90016

MAPs In-Home Service Program develops a comprehensive individual service plan, with regular contacts though in-home visits, telehealth, and phone calls for regular assessment of client needs and progress. This program could offer, limited in-home medical equipment, nutritional supple-

ments, home-maker services, in-home mental health services, CNA services, LVNA services and RN services, Registered Dietitian services and non-emergency medical transportation.

El Programa de Servicios a Domicilio de MAP desarrolla un plan de servicio individual integral, con contactos regulares a través de visitas a domicilio, telesalud y llamadas telefónicas para la evaluación periódica de las necesidades y el progreso del cliente. Este programa podría ofrecer equipos médicos a domicilio limitados, suplementos nutricionales, servicios de ama de casa, servicios de salud mental a domicilio, servicios de CNA, servicios de LVNA y servicios de RN, servicios de dietista registrado y transporte médico no urgente.

323-936-4949
info@minorityaidsproject.org
minorityaidsproject.org

PROVIDENCE HOSPICE LA COUNTY AND SOCAL PALLIATIVE CARE

5315 Torrance Blvd, Ste B1
Torrance, CA 90503

Providence Hospice LA County and SoCal Palliative Care provide a full range of palliative care, hospice care and compassionate support. Services included are pain and symton management, advance care planning, medications related to the terminal illness, as well as medical supplies and medical equipment, grief support and 24/7 telephone support.

Providence Hospice LA County y SoCal Palliative Care ofrecen una gran variedad de cuidados paliativos, cuidados de hospicio y apoyo compasivo. Los servicios incluidos son el manejo del dolor y los síntomas, la planificación anticipada de la atención, los medicamentos relacionados con la enfermedad terminal, así como suministros médicos y equipos médicos, apoyo en el duelo y soporte telefónico 24/7.

800-829-8660
providence.org

RELiance HOSPICE AND PALLIATIVE CARE

18000 Studebaker Rd, Ste 110
Cerritos, CA 90703

Reliance Hospice and Palliative Care specializes in providing compassionate, quality care with respect and comfort to those facing life-limiting illness where they reside. They offer both hospice care and palliative care.

Reliance Hospice and Palliative Care se especializa en proporcionar cuidados compasivos y de calidad con respeto y comodidad a quienes se enfrentan a enfermedades que limitan la vida en el lugar donde residen. Ofrecen tanto cuidados paliativos como cuidados de hospicio.

877-659-5998
rhospice.com

ROZE ROOM HOSPICE

5000 Overland, Ste 101
Culver City, CA 90230

Roze Room Hospice is a licensed, Medicare/Medi-Cal-certified and Joint Commission-accredited hospice and palliative care program serving patients in Southern California.

Roze Room Hospice es un programa de cuidados paliativos autorizado, certificado por Medicare/Medi-Cal y acreditado por la Joint Commission que atiende a pacientes del sur de California. Esta organización ofrece cuidados paliativos y de hospicio.

310-202-7693
rozeroom.org

ROZE ROOM HOSPICE

5455 Wilshire Blvd Los Angeles, CA 90036

Roze Room Hospice is a licensed, Medicare/Medi-Cal certified and Joint Commission accredited hospice program serving patients in Southern California.

Roze Room Hospice es un programa de cuidados paliativos autorizado, certificado por Medicare/Medi-Cal y acreditado por la Joint Commission que atiende a pacientes del sur de California.

323-938-1155
rozeroom.org

Hotlines and Crisis Lines

1736 FAMILY CRISIS CENTER

This hotline provides free and confidential help for survivors of domestic violence.

Esta línea directa ofrece ayuda gratuita y confidencial a las sobrevivientes de la violencia doméstica 24 horas al día, 7 días a la semana.

213-745-6434
24-Hours, Daily
1736fcc.org

BLACKLINE

This hotline provides a space for peer support, counseling, reporting of mistreatment, witnessing and affirming the lived experiences for folks who are most impacted by systematic oppression with an LGBTQ+ Black Femme Lens.

Esta línea telefónica ofrece un espacio para el apoyo entre compañeros, el asesoramiento, la denuncia de malos tratos, el testimonio y la afirmación de las experiencias vividas por las personas más afectadas por la opresión sistemática con una perspectiva de mujer negra LGBTQ+.

800-604-5841
24-Hours, Daily
info@callblackline.org
callblackline.com

OCENTER FOR THE PACIFIC ASIAN FAMILY, INC. (CPAF)

MULTI-LINGUAL CRISIS HELPLINE
3424 Wilshire Blvd, Ste 1000
Los Angeles, Ca 90010

This hotline is for survivors of domestic violence or sexual assault. They offer services in English and many API languages and dialects. Callers can remain anonymous. Services are free, confidential and available 24/7.

Esta línea es para sobrevivientes de violencia doméstica o agresión sexual. Ofrecen servicios en inglés y en muchos idiomas y dialectos de la API. Las personas que llaman pueden permanecer anónimas. Los servicios son gratuitos, confidenciales y están disponibles 24 horas al día, 7 días a la semana.

800-339-3940
24-Hours, Daily
nurturingchange.org

CHILD & FAMILY CENTER

Domestic Violence Hotline
21545 Centre Pointe Pkwy
Santa Clarita, CA 91350

This hotline is for survivors of domestic violence. Their services are free, confidential and 24/7.

Esta línea directa está destinada a sobrevivientes de la violencia doméstica. Sus servicios son gratuitos, confidenciales, 24 horas al día, 7 días a la semana.

661-259-4357
24-Hours, Daily
childfamilycenter.org

DEQH (DESI LGBTQ+ HELPLINE FOR SOUTH ASIANS)

This hotline provides 100% confidential support for South Asian Lesbian, Gay, Bi, Queer, Trans, Non-Binary, questioning individuals in the United States. This hotline can help with questions on gender, identity, coming out, trying to find community in the area, and dealing with family, culture or faith.

100% confidencial a lesbianas, gays, bisexuales, queer, trans, no binarios y personas con dudas del sur de Asia en Estados Unidos. Los usuarios pueden llamar o escribir con preguntas, preocupaciones, luchas y esperanzas. Esta línea puede ayudar con preguntas sobre el género, la identidad, salir del closet, el intento de encontrar una comunidad en la zona y el trato con la familia, la cultura o la fe.

908-367-3374
Thursdays, 5-7 PM, Sundays, 5-7 PM
deqh.org

DIDI HIRSCH

Suicide Prevention Hotline

Multilingual 24/7 suicide prevention crisis line. Services are available in English and Spanish with Korean-speaking counselors available during peak evening hours (4:30pm to 12:30am PT, 7 days per week).

Se trata de una línea de crisis multilingüe de prevención del suicidio que funciona 24 horas al día, 7 días a la semana. Los servicios están disponibles en inglés y español, con asesores que hablan coreano durante las horas pico de la tarde (de 4:30pm a 12:30am PT, 7 días a la semana).

877-727-4747
24-Hours, Daily
didihirsch.org

EAST LOS ANGELES WOMEN'S CENTER

Crisis Hotline
1431 S Atlantic Blvd
Los Angeles, CA 90022

This bilingual crisis hotline offers free confidential counseling and shelter information 24/7 for individuals that are seeking DV/SA resources.

Este teléfono de crisis ofrece ayuda gratuita y confidencial 24 horas al día, 7 días a la semana.

800-585-6231
24-Hours, Daily
elawc.org

HAVEN HILLS

Crisis Hotline

Trained counselors and volunteers staff their 24/7 Crisis Line. This hotline is for survivors of domestic violence or friends reaching out on behalf of someone they know experiencing domestic violence. They offer services in English and Spanish. Services access to 45-day crisis shelter, and help in developing a safety plan.

Consejeros y voluntarios entrenados atienden su línea de crisis 24 horas al día, 7 días a la semana. Esta línea es para sobrevivientes de la violencia doméstica o amigos que acuden en nombre de alguien que sufren violencia doméstica. Ofrecen servicios en inglés y español. Servicios de acceso a un albergue de crisis de 45 días y ayuda en el desarrollo de un plan de seguridad.

818-887-6589.
24-Hours, Daily
safe@havenhills.org
havenhills.org

HIV NIGHTLINE CRISIS LINE

This is a hotline for anyone at risk of or living with HIV/AIDS and their family/caregivers. This hotline provides emotional support and information about HIV/AIDS.

Esta es una línea directa para cualquier persona que corra el riesgo de contraer el VIH/sida o que viva con VIH, así como para sus familiares o cuidadores. Esta línea ofrece apoyo emocional e información sobre el VIH/sida.

800-628-9240
24-Hours, Daily
sfserviceguide.org

INTERVAL HOUSE

6615 East Pacific Coast Highway, Ste 170
Long Beach, CA 90803

This hotline is for survivors of domestic violence. This hotline is free, confidential and 24/7.

Esta línea es para sobrevivientes de la violencia doméstica. Es gratuita, confidencial y funciona 24 horas al día, 7 días a la semana.

562-594-4555
24-Hours, Daily
intervalhouse.org

JENESSE CENTER, INC.

This hotline is for survivors of domestic violence. Callers can call this line for shelter and other assistance 24/7.

Esta línea es para sobrevivientes de la violencia doméstica. Pueden llamar a esta línea para pedir refugio y otro tipo de ayuda 24 horas al día, 7 días a la semana.

800-479-7328
24-Hours, Daily
jenesse.org

LA COUNTY DOMESTIC VIOLENCE HOTLINE

This hotline is confidential and available 24/7. The caller will provide their preferred language and zipcode and then will be transferred to an operator to an agency near them.

Esta línea directa es confidencial y está disponible 24 horas al día, 7 días a la semana. La persona que llame indicará su idioma preferido y su código postal para que sea transferida a un operador de una agencia cercana.

800-978-3600
24-Hours, Daily
dvc@ph.lacounty.gov
publichealth.lacounty.gov

LGBT NATIONAL HELP CENTER

LGBT National Hotline

This hotline provides confidential peer support, info, and resources for callers of all ages. This hotline also offers an online chat option.

Esta línea directa ofrece apoyo confidencial, información y recursos para personas de todas las edades. Esta línea también ofrece una opción de chat en línea.

888-843-4564
24-Hours, Daily
help@LGBThotline.org
lgbthotline.org

LGBT NATIONAL HELP CENTER

LGBT National Senior Hotline

This hotline provides confidential peer support, information, and resources for those 50 and above.

Esta línea directa ofrece apoyo confidencial entre pares, información y recursos para mayores de 50 años.

888-234-7243
24-Hours, Daily
help@LGBThotline.org
lgbthotline.org

NATIONAL DOMESTIC VIOLENCE HOTLINE

This hotline is for survivors of domestic violence. Services are free, confidential and available 24/7.

Esta línea directa está destinada a las sobrevivientes de la violencia doméstica. Los servicios son gratuitos, confidenciales y están disponibles 24 horas al día, 7 días a la semana.

800-799-7233
24-Hours, Daily
thehotline.org

RAINBOW SERVICES

This hotline is for survivors of domestic violence who are experiencing crisis. Services can be provided in English or Spanish.

Esta línea directa está destinada a las sobrevivientes de la violencia doméstica que atraviesan una crisis. Los servicios pueden ofrecerse en inglés o en español.

310-547-9343
24-Hours, Daily
rainbowservicesdv.org

THE TREVOR PROJECT

Suicide Crises

West Hollywood, CA 90069

With the Trevor Project, you can reach out to a counselor if you're struggling, find answers and information, and get the tools you need to help someone else.

Con el Proyecto Trevor, puedes ponerte en contacto con un asesor si tienes dificultades, necesitas respuestas a preguntas sobre temas LGBTQ e información y obtener las herramientas que necesitas para ayudar a otra persona.

866-488-7386
Text “START” to 678-678
24-Hours, Daily
thetrevorproject.org

THRIVE LIFELINE

This is a text hotline for those experiencing a mental health crisis and need to chat with a qualified crisis responder. This text line is geared toward helping underrepresented individuals (person of color, LGBTQ2S+, person living with disabilities, neurodivergent, and/or other marginalized identities) who are experiencing obstacles because of (or simply have questions about) their identity.

Esta es una línea directa de texto para

aquellos que sufren una crisis de salud mental y necesitan hablar con una persona cualificada que responda a la crisis. Esta línea de texto está orientada a ayudar a personas infrarrepresentadas (personas de color, LGBTQ2S+, personas con discapacidad, neurodivergentes y/u otras identidades marginadas) que experimentan obstáculos debido a su identidad (o tienen preguntas sobre ella).

Text “THRIVE” to 313-662-8209
24-Hours, Daily
info@thrivelifeline.org
thrivelifeline.org

VALLEY OASIS DOMESTIC VIOLENCE SHELTER

This hotline is for survivors of domestic violence and works closely with the Antelope Valley Hospital Forensic Services team to provide a 24/7 service .

Esta línea de atención telefónica está destinada a las sobrevivientes de la violencia doméstica y colabora estrechamente con el equipo de servicios forenses del Antelope Valley Hospital para ofrecer un servicio 24 horas al día, 7 días a la semana.

661-945-6736
24-Hours, Daily
FirstStep@avdvc.org
valleyoasis.org

Housing

APLA HEALTH & WELLNESS

Alliance for Housing and Healing
APLA Health Alliance for Housing & Healing Services Housing Specialists are providing in-person housing assistance to individuals. If you do not have a Housing Specialist, please fill out our online form @ www.aplahealth.org or call the Housing Services appointment line at 213.201.1637 and leave your name and number so someone can get back to you. The Housing Services line is checked daily.

Los Especialistas en Vivienda están proporcionando asistencia en persona a individuos. Si no tiene un Especialista en Vivienda, por favor llene nuestro formulario en línea en www.aplahealth.org o llame a la línea de citas de Servicios de Vivienda al 213.201.1637 y deje su nombre y número para que alguien pueda comunicarse con usted. La línea de Servicios de Vivienda se revisa diariamente.

213-201-1637
aplahealth.org

Long Beach

Alliance for Housing and Healing
W.E.C.A.N. Transitional Program
Address not disclosed

This program offers a one year stay (shared living) for women, women and children, and transgender women. Program is located in Long Beach and rent is 30% of client's monthly income.

Este programa ofrece una estancia de un año (vida compartida) para mujeres, mujeres y niños, y mujeres transgénero. El programa está situado en Long Beach y el alquiler es el 30% de los ingresos mensuales del cliente.

562-249-7299
Monday-Friday 8:30 AM-5:30 PM
alliancehh.org

Long Beach

Transitional Housing
Soldano House
638 E Sunrise Blvd, Long Beach, CA 90806

Our Mission is to provide essential housing and supportive services to people living in poverty with HIV/AIDS or other challenging health conditions. The programs range from assisted living to permanent housing to housing case management and work in concert with each other to minimize the client's risk of homelessness.

Nuestra misión es proporcionar vivienda y servicios de apoyo esenciales a personas que viven en la pobreza y padecen VIH/ SIDA u otros problemas de salud. Los programas abarcan desde la vida asistida hasta la vivienda permanente, pasando por el manejo de casos de vivienda, y trabajan conjuntamente para minimizar el riesgo de que el cliente se quede sin hogar.

562-247-7303
Monday-Friday 9 AM-4 PM; Must be referred by case manager.
alliancehh.org

West Hollywood

Alliance for Housing and Healing
Housing Opportunities for People Living with AIDS (HOPWA)
7531 Santa Monica Blvd, Ste 201
West Hollywood, CA 90046

Alliance provides financial support to persons living with HIV/AIDS to pay for rent, utilities and pharmaceuticals, and housing case management for individuals who are homeless or at risk of homelessness. The Alliance for Housing and Healing Aging in Place Program provides supplemental rental assistance to all seniors in the City

of West Hollywood that are experiencing a rental burden.

La Alianza ofrece ayuda económica a las personas que viven con el VIH/SIDA para pagar el alquiler, los servicios públicos y los productos farmacéuticos, así como la manejo de casos de vivienda para las personas sin hogar o en riesgo de quedarse sin hogar. El Programa Alliance for Housing and Healing Aging in Place ofrece ayuda suplementaria para el alquiler a todas las personas mayores que residen en la ciudad de West Hollywood.

323-656-1107
alliancehh.org

A BRIGHTER BEGINNING HOUSING

Shared Housing
225 E 59th Place, Los Angeles, CA 90044

It offers communal housing options for individuals and families with a suitable income. Our facility features shared rooms with prices starting at \$675 per month, private rooms at \$1,200, and a deposit of \$300. All utilities are included in the rent fee.

Ofrece opciones de alojamiento comunitario para personas y familias con ingresos adecuados. Nuestras instalaciones cuentan con habitaciones compartidas con precios a partir de 675 \$ al mes, habitaciones privadas a \$1,200 y un depósito de \$300. Todos los servicios están incluidos en el precio del alquiler.

323-420-3265
Call to schedule an appointment

ALCOHOLISM CENTER FOR WOMEN

Sober Living
1147 S Alvarado St, Los Angeles, CA 90006

For half a century, ACW has transformed the lives of women in Los Angeles through a safe, structured, and gender-responsive treatment program to a substance-free life. Provides 60 to 120 day program.

Por más de medio siglo, ACW ha transformado la vida de las mujeres de Los Ángeles a través de un programa de tratamiento seguro, estructurado y con perspectiva de género para una vida libre de sustancias. Ofrece un programa de 60 a 120 días.

213-381-8500, press 1
Call for screening process.
7 days a week 8 AM-6 PM
acwla.org

ALEXANDRIA HOUSE

Transitional Housing
426 S Alexandria, Los Angeles, CA 90020

Providing safe and supportive housing for women and children experiencing homelessness and trauma. Alexandria House offers a continuum of support as people move from crisis situations to financial and emotional stability, and ultimately to permanent housing.

Nuestro objetivo es de ofrecer viviendas seguras y de apoyo a mujeres y niños sin hogar y traumatizados. Ofrecemos un continuo de apoyo a medida que las personas pasan de situaciones de crisis a la estabilidad financiera y emocional, y ultimadamente a la vivienda permanente.

213-381-2649
Monday-Friday 8 AM-5 PM
Call for intake requirements.
info@alexandriahouse.org
alexandriahouse.org

ANGEL STEP INN DOMESTIC VIOLENCE SHELTER

Emergency housing
Los Angeles
Address not disclosed

Angel Step Inn is a safe, confidential home for victims of domestic violence, who may or may not have a history of consuming alcohol and/or drugs. We assist all victims of intimate partner violence regardless of race, color, religion, national origin, sex, gender identity, sexual orientation or disability, with or without children.

Angel Step Inn es un hogar seguro y confidencial para víctimas de violencia doméstica, que pueden tener o no antecedentes de consumo de alcohol y/o drogas. Asistimos a todas las víctimas de violencia de pareja, independientemente de su raza, color, religión, origen nacional, sexo, identidad de género, orientación sexual o discapacidad, con o sin hijos.

323-780-4357; Call ahead
24 hours a day, 7 days a week
angelstepinn.org

ANGEL'S FLIGHT

Emergency Housing (Youth Ages 10–17)
1531 James M. Wood Blvd
Los Angeles, CA 90015

The Shelter program accepts youth, ages 10–17 years old who have run from home, have become homeless, or are at risk. Clients find out about the shelter, located in the Westlake District, from outreach

efforts, other agencies in the community, and other social service providers.

El programa de refugio acepta a jóvenes de 10 a 17 años que han huido de casa, se han quedado sin hogar o están en situación de riesgo. Los clientes se enteran del refugio, situado en el distrito de Westlake, a través de actividades de alcance comunitario, otras agencias de la comunidad y otros proveedores de servicios sociales.

213-318-5730
213-413-2311
24 hours, 7 days a week; Phone intake
info@CatholicCharitiesLA.org
catholiccharitiesla.org

APAIT

Housing Opportunities for People Living with AIDS (HOPWA)
Lincoln Heights
2701 N Broadway, Los Angeles, CA, 90031

APAIT is dedicated to enhancing the well-being of vulnerable communities facing housing instability through our HOPWA program. We provide housing services in the following: emergency, transitions, and permanent housing. We also help individuals apply for federal grants that can cover past due rent, utilities, and/or move-in fees for new apartments, if qualifying.

APAIT se dedica a mejorar el bienestar de las comunidades vulnerables que se enfrentan a la inestabilidad de la vivienda a través de nuestro programa HOPWA. Ofrecemos servicios de vivienda en los siguientes ámbitos: emergencia, transicional y vivienda permanente. También ayudamos a las personas a solicitar subsidios federales que pueden cubrir el alquiler vencido, servicios públicos, y/o las tasas de mudanza para nuevos apartamentos, si califican.

213-373-1713
apaitonline.squarespace.com

Koreatown

3055 Wilshire Blvd, Ste 300
Los Angeles, CA, 90010

213-375-3830

Compton

Address not disclosed

213-375-3830 ext 1871

ASCENCIA

Emergency Housing
1851 Tyburn St, Glendale, CA 91204

Our vision, “a community where people in need can access services and find safe, affordable housing.

Nuestra visión: 'una comunidad donde las personas necesitadas puedan acceder a servicios y encontrar una vivienda segura y asequible.'

818-246-7900
MON–WED 7 am–4 pm; THURS 7 am–2 pm; FRI 7 am–4 pm; Intakes start at 7 am
Must reside in Glendale
info@ascencia.com
ascenciaca.org

BEACON LIGHT MISSION

Door of Hope
525 N Board Ave, Wilmington, CA 90744

We are the only gospel mission in the South Bay. Our mission is to minister the love and grace of Jesus Christ to the homeless by providing a safe and nurturing environment where they can receive food, clothing, temporary shelter, discipleship, and spiritual encouragement in their present life circumstances.

Somos la única misión evangélica en la Bahía Sur. Nuestra misión es ministrar el amor y la gracia de Jesucristo a las personas sin hogar, ofreciendo un ambiente seguro y enriquecedor donde se puede recibir alimentos, ropa, refugio temporal, el discipulado, y el estímulo espiritual en sus circunstancias de vida actuales.

310-518-3667
Monday-Friday 9 AM-7 PM; Intake Monday-Friday 10 AM-1 PM
info@beaconlightmission.org
beaconlightmission.org

BEST WAY HOME

Shared Housing
159–161 W 84th St, Los Angeles, CA 90003

The housing program offers communal housing options for individuals with a suitable income. The facility features shared rooms with prices starting at \$875/month, utilities, no deposit, and no credit or background check. It also includes Wi-Fi, laundry room, and some transportation.

El programa de alojamiento ofrece opciones de vivienda comunal para personas con ingresos adecuados. Las instalaciones cuentan con habitaciones compartidas con precios a partir de \$875 al mes, servicios públicos, sin depósito y sin verificación de crédito o antecedentes. También incluye Wi-Fi, lavandería y algunos medios de transporte.

323-440-3446

BEST WAY HOME

Shared Housing
1323-1325 W 61 St. Los Angeles, CA 90044

BIENESTAR

4955 W Sunset Blvd
Los Angeles , CA 90027

Bienestar works with Housing Opportunities for Persons with AIDS (HOPWA) to provide community members with emergency help with rent, mortgage, utilities, and assistance with the first month's rent, security deposit, and utility connection fees.

866-590-6411 ext 204
bienestar.org

CALIFORNIA CASTLE PROPERTIES

Shared Housing
3216 Morgan Ave, Los Angeles, CA 90011

The housing program offers communal housing options for individuals with a suitable income. The facility features shared rooms with prices starting at \$600 per month and up to \$950. All utilities are included in the rent fee.

El programa de alojamiento ofrece opciones de vivienda comunal para personas con ingresos adecuados. El centro dispone de habitaciones compartidas con precios a partir de \$600 al mes y hasta \$950. Todos los servicios están incluidos en el precio del alquiler.

888-403-0335
Monday-Saturday; Call to schedule an appointment
californiacastleproperties.com

South Los Angeles

900 West 76th PL Los Angeles, CA 90044

CENTRAL LIVING CENTER

Transitional Housing
8930 S Vermont Ave
Los Angeles, CA 90044

CLC provides transitional housing opportunities for women to which you are able to share a room or have the availability to rent a private room given income level.

El CLC ofrece oportunidades de alojamiento transitorio para mujeres en las que se puede compartir habitación o se tiene disponibilidad para alquilar una habitación privada en función del nivel de ingresos.

213-422-0182
Monday-Friday 9 AM-5 PM; Walk ins welcomed.

CHAINS OF LOVE

Sober Living
2035 W 29th St, Los Angeles, CA 90018

House Rules & Requirements: Have a sponsor, and/or therapist. Participate in a 12-Step Program. Submit to random urinalysis testing. Participate in house chores and get along with others. Participate in regularly-scheduled house meetings. All payments are due monthly. We accept cash, check, private and governmental payments and S.S.I. Program fee is \$800. 00 per month.

Reglas de la casa y requisitos: Tener un padrino, y/o terapeuta. Participar en el Programa de 12 Pasos. Someterse a análisis de orina aleatorios. Participar en las tareas domésticas. Voluntad de vivir bien y llevarse bien con los demás. Participar regularmente en las reuniones de la casa. Todos los pagos son mensuales. Aceptamos dinero en efectivo, cheques, pagos privados y gubernamentales, así como S.S.I. La cuota para el programa es de \$800.00 por mes.

323-533-5304
Call to schedule an appointment; Monday-Friday after 3 PM; Weekends 8 AM-5 PM
billymedallion@aol.com
chainsofloves.com

CHIRP/LA

150 W 24th St, Los Angeles CA 90007

CHIRP/LA (Comprehensive Housing Information and Referrals for People Living with HIV/AIDS) is a housing information and referral program dedicated to preventing homelessness and improving the quality of life of people living with HIV/AIDS in LA County. New clients must provide the following: proof of ID; DX form; proof of income; proof of address.

CHIRP/LA (Información Integral de Vivienda y Referencias para Personas que Viven con VIH/SIDA) es un programa de información y referencia de vivienda dedicado a prevenir la falta de vivienda y mejorar la calidad de vida de las personas que viven con VIH/SIDA en el condado de Los Ángeles. Los nuevos clientes deben proporcionar lo siguiente: Prueba de identificación; Formulario de diagnóstico; Prueba de ingresos; Comprabante de domicilio

213-741-1951
chirpla.org

CLARE WOMEN'S CENTER
SANTA MONICA

Sober Living
Address not disclosed

The CLARE Foundation operates multiple treatment programs located in Santa Monica, California. This is the women's program including outpatient and inpatient care, detoxification, including for opioid addiction, and supported housing.

La Fundación CLARE maneja varios programas de tratamiento en Santa Mónica, California. Este es el programa para mujeres, que incluye atención ambulatoria y hospitalaria, desintoxicación, también para la adicción a los opiáceos, y alojamiento con apoyo.

310-314-6200 Press 4
MON—FRI 8 AM-6 PM; SAT 8 AM-1 PM

COVENANT HOUSE
PROGRAM

Emergency Housing
1325 N Western Ave, Hollywood, CA 90027

Covenant House California (CHC) is a non-profit youth shelter that provides sanctuary and support for youth experiencing homelessness, ages 18-24.

Covenant House California (CHC) es un albergue juvenil no lucrativo que ofrece refugio y apoyo a jóvenes de 18 a 24 años sin hogar.

323-461-3131
Monday-Friday 9 AM-5 PM
Call to schedule an appointment.
info@covenanthousecalifornia.org
covenanthousecalifornia.org

CRISIST BRIDGES

Emergency Housing
5721 S Western Ave, Los Angeles, CA 90062

323-291-6753
Monday— Friday 8 AM– 4 PM
Call for availability

DON'S PLACE

Shared Housing
Offering shared housing options, with monthly rates beginning at \$850 and \$500 deposit required. We welcome independent applicants, including those who may be on parole or probation.

Ofrecemos opciones de alojamiento compartido, con tarifas mensuales a partir de \$850 y \$500 de depósito. Damos la bienvenida a los solicitantes independientes, incluidos los que pueden estar en libertad condicional o periodo de prueba.

818-799-5494
Call for phone intake; Monday–Friday 9 AM–4M

Los Angeles

1032 W Florence Ave
Los Angeles, CA 90044

Inglewood

8469 S Van Ness Ave, Inglewood, CA 90305

DOOR OF HOPE

Transitional Housing
A Christian non-profit, based in Pasadena, serving Los Angeles County. Door of Hope is one of the only homeless providers that can shelter any kind of family together in their own private unit, including single moms, single dads, and two-parent families together with their children.

Una organización cristiana no lucrativa, con sede en Pasadena, que presta sus servicios en el condado de Los Angeles. Door of Hope es uno de los únicos proveedores de alojamiento para personas sin hogar que puede albergar a cualquier tipo de familia en su propia unidad privada, incluyendo madres solteras, padres solteros y familias con ambos padres y sus hijos.

626-808-1583
Family Solution Center:
626-337-0140
doorofhope.us

Pasadena Bravo

Address not disclosed
Monday-Friday 8 AM-5 PM; By appointment only. Apply online: firstplaceforyouth.org

Pasadena Casa

Address not disclosed
Monday-Friday 8 AM-5 PM; By referral.

Pasadena Villa

730 E Villa St, Pasadena, CA 91101
Monday-Friday 8 AM-5 PM; Walk-ins welcome, call ahead to verify occupancy

Pasdena Los Robles

669 N Robeles Ave, Pasadena, Ca 91101
Monday–Friday 8 AM-5 PM; By referral.

DOWNTOWN
WOMEN'S CENTER

442 San Pedro St, Los Angeles, CA 90013

The Downtown Women's Center seeks to end homelessness through housing, wellness, employment, and advocacy.

El Downtown Women's Center trata de acabar con la falta de hogar mediante la vivienda, el bienestar, el empleo y la defensa de los derechos.

213-680-0600
Info@DowntownWomensCenter.org
downtownwomenscenter.org

EAST LOS ANGELES
WOMEN'S CENTER (ELAWC)

Emergency housing/ Domestic Violence
Los Angeles/Inglewood
1431 S Atlantic Blvd
Los Angeles, CA 90022

The Hope & Heart Project is a hospital-based emergency shelter for survivors of sexual and domestic violence. Services include crisis intervention, counseling, danger assessment, safety planning, emergency shelter placement, case management, community linkages to rapid re-housing, transitional housing, job training, education, and job placement.

El Proyecto Esperanza y Corazón es un refugio de emergencia hospitalario para sobrevivientes de violencia sexual y doméstica. Servicios incluyen intervención en crisis, asesoreamiento, evaluación del peligro, planificación de la seguridad, colocación en refugios de emergencia, servicios del manejo de casos, vínculos comunitarios con realojamiento rápido, vivienda de transición, formación laboral, fuerza de trabajo, educación e inserción laboral.

Office: 323-526-5819
Crisis Hotline: 800-585-6231
elawc.org

ELIZABETH ANN SETON
RESIDENCE

Emergency housing
Address not disclosed

The goal of the Elizabeth Ann Seton Residence (EASR) is to move homeless individuals and families from crisis situations to stability. Since 1983, Elizabeth Ann Seton Residence has been offering emergency shelter to families, pregnant women, the disabled and the elderly.

El objetivo de la Residencia Elizabeth Ann Seton (EASR) es conseguir que las personas y familias sin hogar pasen de situaciones de crisis a la estabilidad. Desde 1983, la Residencia Elizabeth Ann Seton ofrece alojamiento de emergencia a familias, mujeres embarazadas, discapacitados y ancianos sin hogar.

213-251-3437
Monday-Friday 8:30 AM-4:30 PM; Referral from Long Beach Multi-Service Center.
info@CatholicCharitiesLA.org
catholiccharitiesla.org

FOOTHILL AIDS PROJECT

Housing Opportunities for People Living with AIDS (HOPWA)
We offer health management programs for people with HIV as well as provide housing support services that are designed to reduce or prevent their homelessness. Our goal is to increase the availability of decent, safe, and affordable housing for low-income persons living with HIV.

Nuestra organización no sólo ofrece programas de manejo de la salud para personas con VIH, sino que también proporciona servicios de apoyo a la vivienda destinados a reducir o evitar que se queden sin hogar. El objetivo de este programa es aumentar la disponibilidad de viviendas dignas, seguras y asequibles para las personas con VIH.

zacharym@fapinfo.org
fapinfo.org

Claremont

678 S Indian Hill Blvd, Ste 220 & 300
Claremont, CA 91711
909-482-2066

Montebello

433 N 4th St, Ste 202, Montebello, CA, 90640
323-443-0813

Pasadena West

2555 E Colorado Blvdm Ste 202
Pasadena, CA, 91101
626-639-3321

FREEDOM FROM HARDSHIP

Shared Housing
11850 S Normandie Ave
Los Angeles, CA 90044

Communal housing options for individuals and families with a suitable income. Our facility features shared rooms with prices starting at \$675 per month to \$950. All utilities are included in the rent fee.

Ofrece opciones de alojamiento comunitario para personas y familias con ingresos adecuados. Nuestras instalaciones cuentan con habitaciones compartidas con precios que van desde los 675 \$ al mes hasta los 950 \$. Todos los servicios están incluidos en el precio del alquiler.

GOOD SHEPHERD CENTER
FOR HOMELESS WOMEN &
CHILDREN FARLEY HOUSE

Transitional Housing
1671 Beverly Blvd, Los Angeles, CA 90026

Program offers shleters and residences, family services, mobile outreach, employment services, housing for health, and rapid re-housing

El programa ofrece alojamiento y residencias, servicios familiares, servicios móviles, servicios de empleo, vivienda para la salud y realojamiento rápido.

213-235-1460
Monday-Friday 8:30 AM-3 PM; Must be referred by case manager.
gschomeless.org

HARBOR
INTERFAITH SERVICES

Family Shelter
663 W 10th St, San Pedro, CA 90731

This shelter offers homeless families housing for up to 90 days. Families agree to save 50% of their income to help secure permanent housing. The head of household will have a case manager and is required to attend workshops on topics that include budgeting, parenting, and nutrition. Assistance with resume writing, interview skills, and free or low-cost childcare are also offered.

Este refugio ofrece alojamiento a familias sin hogar por hasta 90 días. Las familias acuerdan ahorrar el 50% de sus ingresos para ayudar a conseguir una vivienda permanente. El jefe de familia tendrá un administrador de casos y deberá asistir a talleres sobre temas que incluyen presupuesto, paternidad y nutrición. También se ofrece asistencia para redactar un currículum, habilidades para entrevistas y cuidado de niños gratuito o de bajo costo.

310-831-5729
harborinterfaith.org

HARBOR
INTERFAITH SERVICES

Interim Housing
407 N Beacon, San Pedro, CA 90731

We empower the homeless and working poor to achieve self-sufficiency by providing support services including shelter, transitional housing, food, job placement, advocacy, childcare, education, and life-skills training.

La misión de Harbor Interfaith Services es ayudar a las personas sin hogar y a los trabajadores pobres a lograr la autosuficiencia mediante la prestación de servicios de apoyo que incluyen refugio, vivienda de transición, alimentación, inserción laboral, defensa de derechos, cuidado de niños, educación y entrenamiento en habilidades para la vida.

310-221-3488

HARBOR
INTERFAITH SERVICES

Transitional Housing
663 W 10th St, San Pedro, CA 90731

The Ilse J. Oetiker Accelerated Learning & Living Program (A.L.L.) is a transitional housing program for families. A.L.L. offers homeless families up to 18 months of housing in an apartment building. During that time, parents must attend school to complete a degree or earn a certificate, enabling them to step into a career to support the family. We help parents by offering subsidized rent, and assistance with tuition, transportation, textbooks, and offering case management and childcare.

El Programa de Aprendizaje y Vida Acelerados Ilse J. Oetiker (A.L.L.) es un programa de vivienda de transición para familias. A.L.L. ofrece a las familias sin hogar hasta 18 meses de alojamiento en un edificio de apartamentos. Durante ese tiempo, los padres deben asistir a la escuela para completar un título u obtener un certificado, lo que les permite iniciar una carrera para poder mantener a la familia. Ayudamos a los padres ofreciéndoles un alquiler subsidiado y asistencia con la matrícula, el transporte, los libros de texto, y ofreciéndoles el manejo de su caso y cuidado de niños.

310-831-0589
harborinterfaith.org

HOPE OF THE VALLEY

Emergency Housing
Address not disclosed

Our mission is to prevent, reduce and eliminate poverty, hunger and homelessness. We do this by offering immediate assistance and long-term solutions.

Nuestra misión es prevenir, reducir y eliminar la pobreza, el hambre y la falta de vivienda. Para ello ofrecemos ayuda inmediata y soluciones a largo plazo.

818-257-8521
818-392-0020

Monday-Friday, 8 AM-1 PM
Call to schedule an appointment.
info@hopethemission.org
hopethemission.org

HOPE OF THE VALLEY

Transitional Housing
207 N Victory Blvd, Burbank, CA 91502

Monday–Friday 8 AM–5 PM
info@hopethemission.org
hopethemission.org

HOPICS

Interim Housing
5715 S Broadway Los Angeles, CA 90037

HOPICS' provides Enhanced Bridge Housing for specific populations. We directly operate the first publicly-funded bridge housing specifically for transgender women at our Casa Del Zulma facility in partnership with our sister Special Services for Groups division APAIT. We partner with SSG Silver (also a Special Services for Groups sister division) to operate the Silver Villa Enhanced Bridge Housing Specifically for older adults.

HOPICS' ofrece viviendas de tipo Enhanced Bridge para poblaciones específicas. Manejamos directamente la primera vivienda 'bridge' con fondos públicos específicamente para personas que se identifican como mujeres transgénero en nuestro centro Casa Del Zulma, en colaboración con nuestra división hermana de Servicios Especiales para Grupos, APAIT. Nos asociamos con SSG Silver (también una división hermana de Servicios Especiales para Grupos) para operar Silver Villa, una vivienda clasificada como Enhanced Bridge Housing. Específicamente para adultos mayores.

323-948-0444
Monday, Wednesday, Friday, 8 AM-5 PM
hopics.org

IN2RECOVERY
FOUNDATION: SUNRISE 3

Sober Living
The program provides sober living at \$900 a month, meals included, and must follow curfew hours.

Vida sobria a 900 dólares al mes, con comidas incluidas, y debe respetar las horas de toque de queda.

818-968-6669
818-804-9811
Phone intake Monday–Sunday 9 AM-9 PM

Sunrise 3

17010 Martha St, Encino, CA 91316

Sunrise 4

5643 Denny Ave
North Hollywood, CA 91601

JWCH

Housing Opportunities for People Living with AIDS (HOPWA)
500 S San Pedro, Los Angeles, CA, 90013

Mini House residential Treatment Services: Residential treatment for pregnant and parenting women and our transitional housing program for women and families.

Servicios de tratamiento residencial Mini House: Tratamiento residencial para mujeres embarazadas y madres y nuestro programa de vivienda de transición para mujeres. Viviendas de transición disponibles para familias.

213-285-4260 ext 5990
213-285-4261 ext 5920
jwchinstitute.org

LOS ANGELES HOUSING
SERVICE AUTHORITY
(LAHSA)

707 Wilshire Blvd, Ste 1000
Los Angeles, CA 90017

LAHSA is the lead agency in the Los Angeles Continuum of Care, which is the regional planning body that coordinates housing and services for homeless families and individuals in Los Angeles County. LAHSA coordinates and manages over \$800 million annually in federal, state, county, and city funds for programs that provide shelter, housing, and services to people experiencing homelessness.

LAHSA es la agencia líder en Los Angeles Continuum of Care, que es el organismo de planificación regional que coordina la vivienda y los servicios para familias y

personas sin hogar en el condado de Los Angeles. LAHSA coordina y maneja más de 800 millones de dólares anuales en fondos federales, estatales, del condado y de la ciudad para programas que proporcionan refugio, vivienda y servicios a personas sin hogar.

213-683-3333
lahsa.org

LOS ANGELES LGBT CENTER

1625 N Schrader, Los Angeles, CA, 90028

The Los Angeles LGBT Center has been providing housing to our community since 1971. Since the beginning, our founders knew: It takes more than housing to end homelessness. From housing youth experiencing homelessness to providing affordable housing for seniors and beyond. Provides housing services such as emergency, transitional, and permanent housing.

El Centro LGBT de Los Angeles lleva proporcionando vivienda a nuestra comunidad desde 1971. Desde el principio, nuestros fundadores lo tuvieron claro: hace falta algo más que una vivienda para acabar con la falta de hogar. Desde alojar a jóvenes sin hogar hasta proporcionar viviendas asequibles a personas mayores y más. Ofrece servicios de vivienda de emergencia, de transición y permanente.

323-860-2280
lagbtcenter.org

Harry & Jeanette Weinberg Senior Center

1118 N McCadden Pl, Los Angeles 90038

Older adults (50+) can register for our program or sign up for events and activities that require an RSVP through our portal, or by dropping into our Senior Center and receiving your ID Card to participate in our free or low-cost programs.

323-860-5830
Monday–Friday, 9AM–5PM (except holidays)
seniors@lagbtcenter.org

Youth Services

1118 N McCadden Pl, Los Angeles 90038

Provides housing services for youth only.

youthservices@lagbtcenter.org

LYDIA HOUSE

Emergency housing
1400 Pacific Ave, Long Beach, CA 90813

Shelter for women and women who have children.

Albergue para mujeres/mujeres con hijos.

562-591-1292 ext 302
Monday–Friday 7 AM–5 PM

MEASURE OF HEARTS FOUNDATION

Shared Housing
Los Angeles
Address not disclosed

The housing program offers communal housing options for individuals and families with a suitable income. Our facility features shared rooms with prices starting at \$650 per month and up to \$950. All utilities are included in the rent fee with no background or credit check. It provides case management and supportive services to TAY youth and re-entry individuals.

El programa de vivienda ofrece opciones de vivienda comunal para individuos y familias con un ingreso adecuado. Nuestras instalaciones cuentan con habitaciones compartidas con precios a partir de 650 dólares al mes y hasta 950 dólares. Todos los servicios públicos están incluidos en la cuota de alquiler sin verificación de antecedentes o de crédito. Esto incluye el manejo de casos y servicios de apoyo a los jóvenes TAY y las personas de reingreso.

323-743-8090
Call for availability
measureofhearts.org

MIDNIGHT MISSION

Emergency Housing
601 S San Pedro St, Los Angeles, CA

The Midnight Mission offers paths to self-sufficiency to men, women and children who have lost direction. Our emergency services and 12-step recovery, family living, job training, education and workforce development programs offer a compassionate bridge to achieve and maintain healthy, productive lives. We remove obstacles and provide the accountability and structure that people who are experiencing homelessness need to be productive in their communities.

The Midnight Mission ofrece caminos hacia la autosuficiencia a hombres, mujeres y niños que han perdido el rumbo. Nuestros servicios de emergencia y programas de recuperación de 12 pasos, vida familiar, entrenamiento laboral, educación y desarrollo de la mano de obra ofrecen un puente compasivo para lograr y mantener vidas sanas y productivas. Eliminamos obstáculos y proporcionamos la responsabilidad y la estructura que las personas sin hogar necesitan para ser productivas en sus comunidades.

888-624-9258
Monday–Friday 9 AM–5 PM; Walk-ins welcome.
lhine@midnightmission.org
midnightmission.org

MINNIE'S SHELL

Shared Housing
1341 West 53rd St, Los Angeles, CA 90037

Minnie's offers communal housing options for individuals with a suitable income for women 18 years old and over. Our facility features shared rooms with prices starting at \$630 per month and a deposit of \$600. All utilities are included in the rent fee.

Minnie's ofrece opciones de alojamiento comunitario para personas con ingresos adecuados para mujeres mayores de 18 años. Nuestras instalaciones disponen de habitaciones compartidas con precios a partir de \$630 al mes y un depósito de \$600. Todos los servicios están incluidos en el precio del alquiler.

310-704-8705

MS. DOSIES

Shared Housing
45046 18th St, West Lancaster, CA 93534

Ms. Dosies offers transitional communal housing options for individuals with a suitable income. Our facility features shared rooms with prices starting at \$750 per month and higher. If you prefer a private room, we have options starting at \$950 per month and above. All utilities are included in the rent fee. Other services provided are intensive case management, employment, permanent housing searches, money management programs, child resources, monthly cooking classes, self-money savings and credit building programs.

Ms. Dosies ofrece opciones de alojamiento comunal transicional para personas con ingresos adecuados. Nuestras instalaciones cuentan con habitaciones compartidas con precios a partir de \$750 al mes. Si usted prefiere una habitación privada, tenemos opciones a partir de \$950 por mes. Todos los servicios están incluidos en el precio del alquiler. Otros servicios que se ofrecen son servicios intensivos de manejo de casos, empleo, búsqueda de vivienda permanente, programas de manejo del dinero, recursos para niños, clases mensuales de cocina, programas de autoahorro y de creación de crédito.

661-429-5875
Monday–Friday 8:30 AM–5:30 PM; Call for intake requirements and availability. No walk ins.
msdosiestsl.org

NEW ECONOMICS FOR WOMEN LA POSADA

Transitional Housing
La Posada
375 S Columnia Ave, Los Angeles, CA 90017

La Posada is for single mothers 18 and over with children or without.

La Posada es para madres solteras mayores de 18 años con o sin hijos.

213-483-2058
Monday–Friday 9 AM–4:30 PM. Call for appointments or walk-ins welcome.
info@neworg.us
neweconomicsforwomen.org

NEW WAY OF LIFE REENTRY PROJECT

Sober Living
852 E 91st St, Los Angeles, CA 90002

Program is for women released from prison and fees may vary. A New Way of Life Reentry Project provides housing, case management, pro bono legal services, advocacy, and leadership development for people rebuilding their lives after incarceration.

El programa es para mujeres que han salido de prisión y las tarifas pueden variar. A New Way of Life Reentry Project ofrece alojamiento, manejo de casos, servicios legales gratuitos, defensa de derecho y desarrollo de liderazgo para personas que reconstruyen sus vidas después del encarcelamiento.

323-563-3575
Monday–Friday 9 AM–5 PM
info@anewwayoflife.org
anewwayoflife.org

PATH

Transitional Housing
2346 Cotner Ave, Los Angeles, CA 90064

Our mission is to end homelessness for individuals, families, and communities. PATH envisions a world where every person has a home. Our values include creative collaborations, strategic leadership, empowerment for all, and passionate commitment.

Nuestra misión es acabar con la falta de hogar de las personas, las familias y las comunidades. PATH imagina un mundo en el que todas las personas tengan un hogar. Nuestros valores incluyen colaboraciones creativas, liderazgo estratégico, empoderamiento para todos y compromiso apasionado.

310-996-0124 ext 4554
424-262-6333
Monday–Friday 7 aM–3:30 PM
path@epath.org
epath.org

PRECIOUS LIFE SHELTER INC.

Emergency Housing
Address not disclosed

Precious Life Shelter provides residential and supportive services for homeless pregnant women.

Precious Life Shelter ofrece servicios residenciales y de apoyo a mujeres embarazadas sin hogar.

562-431-5025
Monday – Friday 9 AM – 5 PM; Call for intake.
preciouslifeshelter.org

PRIMARY PURPOSE SOBER LIVING

Sober Living
Address not disclosed

Primary Sober Living Homes has one property for women in early recovery from addiction and alcoholism a safe and secure place on which to build a solid foundation as they establish themselves into a new clean and sober lifestyle. It provides a 12-step program and shared housing at rates starting at \$720 up to \$1,100 per month.

Primary Sober Living Homes tiene una propiedad para las mujeres en recuperación temprana de la adicción y el alcoholismo un lugar seguro donde pueda crear un nuevo estilo de vida limpio y sobrio. Ofrece un programa de 12 pasos y alojamiento compartido a precios que van desde \$720 hasta \$1,100 al mes.

818-612-1439
Must call for intake requirements; 7 days a week 9 AM–5 PM
primaryp.com

PROJECT NEW HOPE

Project New Hope provides low-income affordable housing to 241 individuals and their families living with HIV/AIDS.

El Proyecto Nueva Esperanza ofrece viviendas a un precio económico a 241 personas de bajos recursos y sus familias que viven con el VIH/SIDA.

projectnewhope.org

Dallas House

Transitional Housing
4060 & 4061 W 149th St
Lawndale, CA 90260

310-675-9942
Monday–Friday 8 AM–4 PM
Must call to receive application.

Frank Cala House

Transitional housing
7402 Jaskell Ave, Van Nuys, CA 914 06

818-787-2403
Intake Monday–Friday 8 AM–5 PM
Must call for application.

Our House

Transitional Housing
1133 S Lake St, Los Angeles, CA 90006

Intake Monday–Friday 8 AM–5 PM
Must call for application.

213-384-5031
Intake Monday–Friday 8 AM–5 PM; Must call for application.

Pioneer Home

Transitional housing
7402 Haskell Ave, Van Nuys, CA 91403

818-787-2403
Intake Monday–Friday 8 AM–5 PM
Must call for application.

PROYECTO PASTORAL AT DOLORES MISSION

Emergency housing
135 N Mission Rd, Los Angeles, CA 90033

The Community is empowered to address evolving challenges and practices community solidarity. Proyecto Pastoral serves as a model for similar communities of empowerment and community participation in self and social transformation.

La comunidad está capacitada para enfrentar a los retos cambiantes y practicar la solidaridad comunitaria. Proyecto Pastoral sirve de modelo para comunidades similares de empoderamiento y participación comunitaria en la transformación propia y social.

323-881-0032
Monday–Friday 9 AM–5 PM; Walk-ins welcome.
dolores-mission.org

PUENTE HOUSE

Sober Living
444 W Badillo, Covina, CA 91723

Recovery is grounded in the idea that together we can accomplish what we cannot do alone. At Puente House, women help each other develop the life and recovery skills to start over. The program is rooted in the 12-step recovery process, where you will feel the support of the fellowship of the program. We value the importance of creating a community where respect and healthy relationships guide the culture.

La recuperación se basa en la idea de que juntas podemos lograr lo que no podemos hacer solas. En The Puente House, las mujeres se ayudan mutuamente a desarrollar las habilidades vitales y de recuperación para construir nuevas vidas. El programa está arraigado en el proceso de recuperación de 12 pasos, donde las mujeres sentirán el apoyo del compañerismo del programa.

626-967-1819
Call for screening process or fill out online
karlmoris@puentehouse.org
puentehouse.org

REACH FOR THE SKY HOUSING

Shared Housing
South Los Angeles
156-158 W 106 th St, Los Angeles, CA 9003

The program provides communal housing options for women and children. t provides shared rooms range from \$650 per month and all utilities included.

El programa ofrece opciones de alojamiento comunitario para mujeres y niños. Ofrece habitaciones compartidas desde \$650 al mes con todos los servicios incluidos.

310-560-2807
310-738-0036
Call for availability and intake.
reachftsh.com

RUTH'S PLACE

4201 S Central Ave, Los Angeles, CA 90011

Drop in center for homeless youth and young adults from ages 18–24. Services offered include food/snacks, document assistance, rental assistance, security deposit assistance, education referrals, emergency services, hygiene services, crisis housing, prevention assistance, case management, and employment referrals.

Este es un centro de acogida para jóvenes y adultos jóvenes sin hogar de

18 a 24 años. Los servicios ofrecidos incluyen comida/merienda, ayuda con documentos, ayuda con el alquiler, ayuda con el depósito de seguridad, referencias educativas, servicios de emergencia, servicios de higiene, alojamiento de crisis, ayuda para la prevención, manejo de casos y referencias laborales.

323-432-2440

SAFE REFUGE

Sober Living
3125 E 7th St, Long Beach, CA 90804

Recovery Bridge Housing clients can access RBH housing but must participate in Medi-Cal outpatient or intensive outpatient services. Transitional housing-Participants must be employed, enrolled in job training, or engaged as volunteers in the community while living in transitional housing. Safe Refuge provide six months to one year in a furnished, alcohol-and-drug-free apartment. Residents can take advantage of outpatient services designed to help them stabilize after treatment, prevent relapse and rebuild their lives. Long Term housing is for low-income homeless individuals, people with HIV/AIDS, people with substance use, women with children, veterans, people with criminal justice history, and people with occurring disorders. All housing programs are shared housing and stay and fee may vary.

Recovery Bridge Housing (RBH)- Los clientes pueden acceder a la vivienda RBH pero deben participar en los servicios ambulatorios o ambulatorios intensivos de Medi-Cal. Vivienda de Transición- Los participantes deben estar empleados, inscritos en entrenamiento de trabajo, o comprometidos como voluntarios en la comunidad mientras viven en vivienda de transición. Refugio Seguro provee de seis meses a un año en un apartamento amueblado, libre de alcohol y drogas. Los residentes pueden beneficiarse de servicios ambulatorios convenientemente ubicados y diseñados para ayudarles a estabilizarse después del tratamiento, evitar recaídas y reconstruir sus vidas. Las viviendas de larga duración están destinadas a grupos de población especiales, como personas sin hogar con bajos ingresos, personas con VIH/SIDA, personas que consumen sustancias, mujeres con hijos, veteranos, personas con antecedentes penales y personas con trastornos recurrentes. Todos los programas de alojamiento son de alojamiento compartido y la estancia y los costos pueden variar.

562-987-5722
Monday–Friday 8:30 AM–4:30 PM
saferefuge.info

SAMARITAN HOUSE

Emergency housing
1335 Pacific Ave, Long Beach, CA 90813

Samaritan House utilizes a holistic approach to meet the needs of those in crisis. Program participants receive support via case management, counseling, victim advocacy, medical assistance, children's program, nutritional support, transportation, and vocational training.

Samaritan House utiliza un enfoque holístico para satisfacer las complejas necesidades de las personas en crisis. Los participantes en el programa reciben apoyo a través del manejo de sus casos, asesoramiento, defensa de las víctimas, asistencia médica, programa infantil, apoyo nutricional, transporte y entrenamiento profesional.

562-591-1292
Monday-Friday 8:30 AM-2 PM

SHARE! COLLABORATIVE HOUSING ADMINISTRATIVE

Shared Housing
6666 Green Valley Circle
Culver City, CA 90230

SHARE! offers shared housing for single individuals with qualifying income. It provides shared rooms range from \$550-\$750 per month, no deposit required, and all utilities included. It has multiple locations throughout LA County, and do not conduct background or credit checks.

SHARE! ofrece oportunidades de vivienda compartida para personas solteras con ingresos que cumplan los requisitos. Proporciona habitaciones compartidas que oscilan entre 550 y 750 dólares al mes, sin necesidad de depósito y con todos los servicios incluidos. Tiene múltiples ubicaciones en todo el condado de Los Ángeles, y no realizan verificaciones de antecedentes o de crédito.

310-305-8878
Call to shcedule an appointment; Walk-ins welcome on Sunday-Friday until 8 PM; Phone intake: 7 days a week from 1 PM-6 PM

SOBER SOULS RANCH AND LIVING

Sober Living
5658 Tampa Ave, Tarzana, CA 91356

Our locations were custom-designed to facilitate a sober living environment. We conduct random drug testing, and have a zero-tolerance policy for drug and/or alcohol use and/or possession. Clients are required to actively work a program of recovery (12-step, private therapy from

an outside provider, intensive outpatient classes/groups, etc.). Offering shared housing at a flat rate of \$1,200 every 28 days which includes meals.

Realizamos pruebas de drogas al azar y tenemos una política de tolerancia cero para el consumo y/o posesión de drogas y/o alcohol. Cada cliente está obligado a trabajar activamente un programa de recuperación - en esta medida cinco reuniones (de 12 pasos, terapia privada de un proveedor externo, clases intensivas para pacientes ambulatorios / grupos), se recomienda de todos nuestros clientes cada semana. Ofrecemos alojamiento compartido a un precio fijo de \$1,200 cada 28 días, que incluye las comidas.

818-705-6363
24-Hours, Daily
audyh@sobersouls.com
sobersouls@sobersouls.com
[sobersouls.com](#)

SRO HOUSING CORPORATION

Emergency Housing
517 S San Julian, Los Angeles, CA 90013

SRO Housing has embraced a comprehensive and holistic approach to eradicating homelessness by providing the full continuum of housing; short-term/emergency, transitional, and permanent supportive housing (PSH)—all in private units.

SRO Housing ha adoptado un planteamiento más global y holístico para erradicar el problema de la falta de hogar, proporcionando todo tipo de viviendas: de emergencia, de transición y de apoyo permanente, todas ellas en unidades privadas.

213-633-5458
[srohousing.org](#)

SUNSHINE SOBER LIVING

Sober Living
4633 Canoga Ave
Woodland Hills, CA 91364

Sober living serves as a vital aspect in the overall recovery process. Sunshine provides clean, independent housing in the beautiful and safe neighborhood of Woodland Hills, California. The focus is to provide a therapeutic environment to individuals to help them live a sober, independent life. Structured transitional living provides safe and supervised substance-free housing that prepares its residents for a healthy reunification with family, and a smooth transition to the community, work and/or school. In the recovery community, structured transitional

living facilities are also known as sober houses. Must have private insurance.

Vivir sobrio sirve como un aspecto vital en el proceso de recuperación general. Sunshine ofrece alojamiento limpio e independiente en el hermoso y seguro barrio de Woodland Hills, California. El objetivo es proporcionar un ambiente terapéutico a las personas para ayudarles a vivir una vida sobria e independiente. La vida de transición estructurada proporciona una vivienda libre de sustancias seguras y supervisada que prepara a sus residentes para una reunificación saludable con la familia, y una transición sin problemas a la comunidad, el trabajo y/o la escuela. En la comunidad de recuperación, los centros de vida transitoria estructurada también se conocen como casas de sobriedad. Debe tener seguro privado.

866-216-9789
24-Hours, Daily
info@sunshinesoberliving.com
[sunshinesoberliving.com](#)

TARZANA TREATMENT CENTER

LA County
Multiple locations: Lancaster, Long Beach, Los Angeles, Palmdale, Northridge, Woodland Hills, Tarzana, Reseda

Housing Case Management Services to help end and prevent homelessness for people living with HIV / AIDS.

Servicios del manejo de casos de vivienda para ayudar a poner fin y prevenir la falta de viviendas para las personas que viven con el VIH / SIDA.

877-777-8565
[tarzanatc.org](#)

Reseda

7101 Baird Ave, Reseda, CA 91335

Transitional Housing: We are the largest provider of affordable single-room-occupancy homes in the Western United States.

Viviendas de transición: Somos el mayor proveedor de viviendas asequibles de una sola habitación en el oeste de Estados Unidos.

818-276-9418
Intake Monday-Friday 8 AM-5 PM
[tarzanatc.org](#)

THE FAMILY SHELTER

Family shelter
San Fernando Valley
Address not disclosed

Located in Northridge, the Home Again 90-bed family shelter offers hope, shelter, and safe, supportive housing to families who are experiencing homelessness. The facility includes private family bedrooms, a commercial kitchen, a common dining room, and living spaces, meeting rooms, computer education centers, playgrounds, and gardens — all geared toward helping families achieve a brighter future. Staff and volunteers work with families to establish a plan for restoration and self-sufficiency, offering life skills programs and training on-site, as well as collaborating with other agencies and community resources. Staff and volunteers work with families to establish a plan for restoration and self-sufficiency, offering life skills programs and training on-site, as well as collaborating with other agencies and community resources.

Situado en Northridge, el centro de acogida familiar Home Again, con 90 camas, ofrece esperanza, cobijo y alojamiento seguro y de apoyo a familias sin hogar. Las instalaciones incluyen habitaciones familiares privadas, una cocina comercial, un comedor común y espacios de vida, salas de reuniones, centros de computación educativa, zonas de juegos y jardines, todo ello orientado a ayudar a las familias a lograr un futuro mejor. El personal y los voluntarios trabajan con las familias para establecer un plan de restauración y autosuficiencia, ofreciendo programas de habilidades para la vida y entrenamiento en un mismo sitio, así como colaborando con otras agencias y recursos comunitarios.

818-960-0404
Monday – Friday 8:30am – 5pm
Intake via phone call
[sfvrescuemission.org](#)

THE MIDNIGHT MISSION

601 S San Pedro St Los Angeles, CA 90014

Founded in 1914, The Midnight Mission offers paths to self-sufficiency to men, women and children who have lost direction. Our emergency services and 12-step recovery, family living, job training, education and workforce development programs offer a compassionate bridge to achieve and maintain healthy, productive lives. We remove obstacles and provide the accountability and structure that people who are experiencing homelessness need to be productive in their communities. Our conviction and commitment to their

success define us.

Situado en Skid Row, Los Ángeles, el Programa de Crisis y Vivienda Puente se enfoca en las mujeres sin hogar necesitadas.

213-553-2359
[midnightmission.org](#)

THE SALVATION ARMY ALEGRIA

Transitional Housing
2737 W Sunset Blvd, Los Angeles, CA 90026

Alegria serves its community with a needs-based housing program where the homeless, those affected by addiction and those with HIV/AIDS can have a roof over their heads, feel secure and be free from the elements. Work closely with clients and identify their needs and levels of self-sufficiency. Provide clients with hot meals, laundry service and more importantly safety, warmth, shelter, and love.

Alegria sirve a su comunidad con un programa de vivienda basado en las necesidades, en el que las personas sin hogar, las afectadas por adicciones y las que padecen VIH/SIDA pueden tener un techo, sentirse seguras y estar a salvo de los elementos exteriores. Trabajar estrechamente con los clientes e identificar sus necesidades y niveles de autosuficiencia. Proporcionar a los clientes comidas calientes, servicio de lavandería y, lo que es más importante, seguridad, calor, cobijo y amor.

323-454-4200
Monday – Friday 8:30am – 5pm; By referral
infosocal@usw.salvationarmy.org
[alegria.salvationarmy.org](#)

THE SALVATION ARMY BELL SHELTER

Emergency Housing
Bell Shelter
Address not disclosed

Interim housing with supportive services for up to 500 single men and women experiencing homelessness. Services include: low barrier crisis housing; bridge and transitional housing; state-licensed substance abuse treatment; individualized case management; specialized veterans programs; individual and group therapy & referrals for mental health services; on-site mobile clinic & medical referrals; staff nurse, medication management, and communicable disease education; library and computer access for job and housing searches; vocational assistance & job referrals: life skills classes; and housing placement assistance.

Bell Shelter maneja un programa integral que ofrece alojamiento provisional con servicios de apoyo a un máximo de 500 hombres y mujeres solteros sin hogar. Los servicios ofrecidos incluyen: viviendas de crisis de bajo costo; viviendas puente y de transición; tratamiento contra el abuso de sustancias autorizado por el estado; manejo individualizado de casos; programas especializados para veteranos; terapia individual y de grupo y derivaciones a servicios de salud mental; clínica móvil y en persona y derivaciones médicas; personal de enfermería, gestión de la medicación y educación sobre enfermedades contagiosas; biblioteca y acceso a ordenadores para la búsqueda de empleo y vivienda; asistencia profesional y referencias laborales: clases de habilidades para la vida; y asistencia para la búsqueda de vivienda.

323-263-1206
Monday – Friday 9am – 11am No walk-ins
infosocal@usw.salvationarmy.org
[bellshelter.salvationarmy.org](#)

THE SALVATION ARMY WESTWOOD TRANSITIONAL VILLAGE

Transitional Housing
1401 S Sepulveda Blvd
Los Angeles, CA 90025

The Westwood Transitional Village is a 40-unit homeless transitional housing facility with two-thirds of our population being children ages newborn to 17.

Westwood Transitional Village es un centro de alojamiento transitorio para personas sin hogar con 40 unidades, en el que dos tercios de nuestra población son niños de edades entre los recién nacidos y los 17 años.

310-694-6035
Monday – Friday 8:30am – 5pm; ust be referred by Saint Joseph Center. No walk-ins.
infosocal@usw.salvationarmy.org
[westwoodtlc.salvationarmy.org](#)

UNION RESCUE MISSION

Emergency Housing
545 S San Pedro St, Los Angeles, CA 90013

Comprehensive care for men, women, and children experiencing homelessness.

Ofrecemos cuidado integral a hombres, mujeres y niños sin hogar.

213-347-6300
24/7 for a parent with children
thewayhome@urm.org
[urm.org](#)

VALLEY OASIS

Domestic Violence Shelter
Valley area
Address not disclosed

A pilot project funded by the California Office of Emergency Services to look at systems as they intersect between people experiencing domestic violence and homelessness. The program offers flexible financial assistance, unrestricted funds used to support survivors to become stably housed. Funds are also used for housing, employment, and survivor safety. This can include rent and utilities, children's needs, transportation, work uniforms.

Este es un proyecto piloto de una sola vez financiado por la Oficina de Servicios de Emergencia de California para mirar a los sistemas, ya que se cruzan entre las personas que sufren violencia doméstica y la falta de vivienda. Valley Oasis es una de las 4 agencias en la Costa Oeste que fue seleccionada para revisar y ejecutar este programa piloto. El programa ofrece asistencia financiera flexible, fondos sin restricciones utilizados para apoyar a los sobrevivientes para encontrar viviendas permanentes. Los fondos también se utilizan para apoyar a la vivienda, el empleo y la seguridad de los sobrevivientes. Esto puede incluir alquiler y servicios públicos, necesidades de los niños, transporte, uniformes de trabajo.

661-945-6736
24-Hour Hotline
FirstStep@avdc.org
[valleyoasis.org](#)

VALLEY OASIS

Emergency Housing
Lancaster
Address not disclosed

The shelter is a 60-day emergency shelter open 24-hours a day. With a 65 bed capacity, the shelter provides services to men, women and children who are victims of domestic violence. Services provided: peer counseling, clothing, legal assistance, transportation, counseling for children, social security advocacy, court advocacy, group therapy, domestic violence education, help with applying for financial assistance, assistance in applying for housing opportunities/ resources/referrals.

Este albergue de emergencia de 60 días está abierto las 24 horas del día. Con una capacidad de 65 camas, el albergue ofrece servicios a hombres, mujeres y niños de todas las edades que son víctimas de la violencia doméstica. Servicios ofrecidos: asesoramiento entre iguales, bienes, ropa, asistencia jurídica, transporte, asesoramiento para niños, defensa

ante la seguridad social, defensa ante los tribunales, establecimiento de hogares, terapia de grupo, grupos de educación y prevención de la violencia doméstica, ayuda para solicitar asistencia financiera, ayuda para solicitar oportunidades de vivienda, recursos y referencias.

661-942-2758
Monday-Friday 8 AM-5 PM

VISION HOUSE OF POMONA

Shared housing
Pomona
Address not disclosed

Vision House offers hsared housing choices for both single individuals and women with children.

Vision House ofrece opciones de alojamiento compartido tanto para personas solas como para mujeres con hijos.

909-525-0694
8 am-5 pm

VOLUNTEERS OF AMERICA

Housing Opportunities for People Living with AIDS (HOPWA)
600 N Alameda St, Compton, CA 90221

Provide emergency shelter, transitional housing for Veterans, prevention/rapid rehousing, and permanent housing. The key ingredient to living a healthy life is having a place to call home. We believe that a safe, affordable home is a basic human right.

Ofrece refugio de emergencia, vivienda de transición para veteranos, prevención/realojamiento rápido y vivienda permanente. El ingrediente clave para llevar una vida sana es tener un lugar al que llamar hogar. Creemos que un hogar seguro y de precio económico es un derecho humano básico.

213-215-7473
Tuesday & Thursday
[voa.org](#)
[samaritanhouseva.org](#)

Legal Services

BASTA

Los Angeles and Santa Monica
1545 Wilshire Blvd, Ste 600
Los Angeles, CA 900017

BASTA is dedicated to advocating for tenants' rights, preventing homelessness, and eliminating substandard housing. Areas of focus: eviction defense, habitability problems, housing rights, and court appeals, illegal rent increases, unauthorized dwelling structures, landlord retaliation, fraudulent relocations and Ellis Act displacement, and constructive eviction and illegal lock-outs.

BASTA se dedica a la defensa de los derechos de los inquilinos, la prevención de la falta de vivienda, y la eliminación de la vivienda no adecuada. Áreas de enfoque: defensa de desalojo, problemas de habitación, derechos de vivienda y recursos judiciales, aumentos ilegales de alquileres, estructuras de viviendas no autorizadas, represalias de los propietarios, reubicaciones fraudulentas y desplazamientos en virtud de la Ley Ellis, y desalojos constructivos y cierres de viviendas ilegales.

213-736-5050

English:

[basta.org](#)

Espanol:

[es.basta.org](#)

BET TZEDEK

3250 Wilshire Blvd, 13th Floor
Los Angeles, CA 90010

Bet Tzedek provides person-centered legal services that integrate with social support services, educate community members with the powerful knowledge of their legal rights, and uses our collective voice to reform systems. Areas of focus: justice for workers, tax payers, seniors/dependent adults, tenants/homeowners, unhoused individuals, children/families, transgender individuals.

Bet Tzedek ofrece servicios legales centrados en la persona que se integran con los servicios de apoyo social, educa a los miembros de la comunidad con el poderoso conocimiento de sus derechos legales, y utiliza nuestra voz colectiva para reformar los sistemas. Áreas de enfoque: justicia para trabajadores, contribuyentes, personas mayores/adultos dependientes, inquilinos/propietarios de viviendas, personas sin vivienda, niños/

familias, personas transgenero.

800-399-4529

[bettzedek.org](#)

CALIFORNIA WOMEN'S LAW CENTER

360 N Pacific Coast Hwy, Ste 2070
El Segundo, CA 90245

The mission of California Women's Law Center is to create a more just and equitable society by breaking down barriers and advancing the potential of women and girls through transformative litigation, policy advocacy and education.

323-951-1041

[cwlcc@cwlcc.org](#)

[cwlcc.org](#)

CATHOLIC CHARITIES

Citizenship Assistance

1625 W Olympic Blvd
Los Angeles, CA 90015

Receive free citizenship application assistance from immigration attorneys. Available in English, Spanish, Arabic, Farsi, and Armenian.

Reciba asistencia gratuita para solicitar la ciudadanía por parte de abogados especializados en inmigración. Disponible en inglés, español, árabe, farsi y armenio.

213-251-3534

213-251-3476

[Nmora@ccharities.org](#)

[catholiccharitiesla.org](#)

COALITION FOR ECONOMIC SURVIVAL (HOUSING PROVIDER)

616 Shatto Place, Los Angeles, CA 90005

CES works to empower tenants living in private and HUD-subsidized housing to fight to preserve safe affordable housing.

CES trabaja para empoderar a los inquilinos de viviendas privadas y con subsidios por el HUD para que luchen por preservar una vivienda asequible, segura y de calidad.

213-252-4422

[info@cesinaction.org](#)

English:

[cesinaction.org](#)

Espanol:

[cesinaction.org](#)

EVICTIION DEFENSE NETWORK (HOUSING PROVIDER)

205 S Broadway, Ste 820
Los Angeles, CA 90010

EDN is dedicated to closing the access to justice gap for families facing eviction in Los Angeles County.

EDN se dedica a cerrar la brecha de acceso a la justicia para las familias que se enfrentan a un desalojo en el condado de Los Angeles.

213-385-8112

[info@edn.la](#)

[edn.la](#)

HOUSING RIGHTS CENTER (HOUSING PROVIDERS)

Multiple locals throughout Los Angeles

The nation's largest non-profit civil rights organization dedicated to securing and promoting Fair Housing. Our mission is to actively support and promote freedom of residence through education, advocacy, and litigation, to the end that all persons have the opportunity to secure the housing they desire and can afford, without regard to their race, color, religion, gender, sexual orientation, national origin, familial status, marital status, disability, ancestry, age, source of income or other characteristics protected by law.

El Housing Rights Center (HRC) es la mayor organización de derechos civiles no lucrativa del país dedicada a garantizar y promover la vivienda justa. Nuestra misión es apoyar activamente y promover la libertad de residencia a través de la educación, la defensa y el litigio, con el fin de que todas las personas tengan la oportunidad de conseguir la vivienda que desean y pueden permitirse, sin tener en cuenta su raza, color, religión, sexo, orientación sexual, origen nacional, estado familiar, estado civil, discapacidad, ascendencia, edad, fuente de ingresos u otras características protegidas por la ley.

800-477-5977

[info@housingrightscenter.org](#)

[housingrightscenter.org](#)

IMMIGRATION CENTER FOR WOMEN AND CHILDREN

634 S Spring St, Ste 727
Los Angeles, CA 90014

The Immigration Center for Women and Children (ICWC) is a non-profit legal organization providing free and affordable immigration services to underrepresented

immigrants in California and Nevada. ICWC strives to provide security and stability for children who are abused, abandoned or neglected and for immigrants who are victims of domestic violence, sexual assault and other violent crimes.

El Centro de Inmigración para Mujeres y Niños (ICWC) es una organización jurídica no lucrativa que ofrece servicios de inmigración gratuitos y asequibles a inmigrantes subrepresentados en California y Nevada. ICWC se esfuerza por proporcionar seguridad y estabilidad a los niños que sufren abusos, abandono o negligencia y a los inmigrantes que son víctimas de violencia doméstica, agresión sexual y otros delitos violentos.

213-614-1165

[icwclaw.org](#)

LA LAW LIBRARY

Self Help Website

301 W 1st St, Los Angeles CA 90012

LA Law Library offers many ways to get help with your legal issue. In addition to our Reference Desk and valuable print and electronic resources, we also offer live and on-demand classes and other events. Attend classes covering the basics of your legal issue, receive hands-on assistance at legal workshops, or take advantage of opportunities to ask an attorney questions specific to your situation.

La Biblioteca de Derechos de Los Angeles ofrece muchas maneras para encontrar ayuda legal. Además de nuestro mostrador de referencia y valiosos recursos impresos y electrónicos, también ofrecemos clases en directo y virtuales y otros eventos. Asista a clases que cubren los aspectos básicos de su asunto legal, reciba asistencia práctica en talleres legales, o aproveche las oportunidades para hacer preguntas a un abogado específicas a su situación.

213-785-2529

[lalawlibrary.org](#)

LEGAL AID FOUNDATION OF LOS ANGELES

3250 Wilshire Blvd, 13th Floor
Los Angeles, CA 90010

Nonprofit law firm that protects and advances the rights of the most underserved—leveling the playing field and ensuring that everyone has access to the justice system. Areas of focus: families, preserving quality & affordability of housing, protecting human and civil rights, servicing population with special vulnerabilities, promoting safety/security & health, and maintaining economic stability.

Legal Aid Foundation of Los Angeles es un bufete de abogados no lucrativo que protege y promueve los derechos de los más desfavorecidos, igualando las condiciones y garantizando que todo el mundo pueda acceder al sistema judicial. Áreas de enfoque: familias, preservación de la calidad y asequibilidad de la vivienda, protección de los derechos humanos y civiles, atención a la población con vulnerabilidades especiales, promoción de la seguridad y la salud, y mantenimiento de la estabilidad económica.

213-385-0506

[lafla.org](#)

LOS ANGELES COUNTY CONSUMER & BUSINESS AFFAIRS

Hall of Records: 320 W Temple St
Room G-10, Los Angeles, CA 90012

We offer support for housing and tenants rights, including landlord/tenant disputes. The Foreclosure Prevention Unit can also work with lenders to explore options for avoiding foreclosure and provide eviction information and alternative housing.

Vivienda y derechos de los inquilinos. Proporciona información para resolver problemas como disputas entre propietarios e inquilinos. La Unidad de Prevención de Ejecuciones Hipotecarias puede ayudar a los propietarios a trabajar con los prestamistas para explorar opciones para evitar la ejecución hipotecaria y proporcionar información sobre el desalojo y las opciones alternativas de vivienda.

800-593-8222

[info@dcba.lacounty.gov](#)

[dcba.lacounty.gov](#)

LOS ANGELES TENANTS UNION (HOUSING PROVIDERS)

Multiple locals throughout Los Angeles

The LA Tenants Union is a diverse, tenant-led movement fighting for the human right to housing for all. We demand safe, affordable housing and universal rent control. We organize against landlord harassment, mass evictions, and displacement. We mobilize for the repeal of the Ellis Act and Costa-Hawkins Act. Our mission is to strengthen tenants' political power through education, advocacy, and direct action.

LA Tenants Union es un movimiento diverso, dirigido por inquilinos, que lucha por el derecho humano a la vivienda para todos. Exigimos viviendas seguras y asequibles y un control universal de

los alquileres. Nos organizamos contra el acoso de los propietarios, los desalojos masivos y los desplazamientos. Nos movilizamos por la derogación de la Ley Ellis y la Ley Costa-Hawkins. Nuestra misión es reforzar el poder político de los inquilinos mediante la educación, la defensa y la acción directa.

213-986-8266

[info@latenantsunion.org](#)

English:

[latenantsunion.org/en](#)

Espanol:

[latenantsunion.org/es](#)

NEIGHBORHOOD LEGAL SERVICES

Glendale: 1104 E Chevy Chase Dr
Glendale, CA 91205
Pacoima: 13327 Van Nuys Blvd
Pacoima, CA 91331
El Monte: 3629 Santa Anita Ave, #109
El Monte, CA 91731

At NLSLA, we see the law as a powerful tool to fight for individual rights and social change. Our work aims to unravel entrenched disparities that have resulted from longstanding injustice, systemic racism and institutionalized inequality. NLSLA attorneys—based in offices, courthouses and clinics throughout the county—specialize in areas of the law that disproportionately impact low-income people, including affordable housing and eviction defense, access to public benefits, support for domestic violence victims, access to healthcare, worker and consumer rights, and employment and training.

En NLSLA, vemos la ley como una poderosa herramienta para luchar por los derechos individuales y el cambio social. Los abogados de NLSLA, con sede en oficinas, juzgados y clínicas en todo el condado, se especializan en áreas de la ley que afectan de manera desproporcionada a las personas de bajos ingresos, incluyendo la vivienda asequible y la defensa contra el desalojo, el acceso a los beneficios públicos, el apoyo a las víctimas de violencia doméstica, el acceso a la atención médica, los derechos de los trabajadores y los consumidores, y el empleo y la capacitación.

800-433-6251

818-834-7500

[nlsla.org](#)

PUBLIC COUNSEL

610 S Ardmore Ave, Los Angeles, CA 90005

Public Counsel is a nonprofit public interest law firm dedicated to advancing civil rights and racial and economic justice, as well as to amplifying the power of our clients through comprehensive legal advocacy. Founded on and strengthened by a pro bono legal service model, our staff and volunteers seek justice through direct legal services, promote healthy and resilient communities through education and outreach, and support community-led efforts to transform unjust systems through litigation and policy advocacy in and beyond Los Angeles. Areas of focus: access to justice, childre/youth/families, inclusive community development; economic justice, education equity, housing Justice, immigration rights, veteran's rights, and women & girls rights.

Public Counsel es un bufete de abogados de interés público no lucrativo dedicado a promover los derechos civiles y la justicia racial y económica, así como a amplificar el poder de nuestros clientes a través de una defensa legal integral. Fundado y fortalecido por un modelo de servicio legal pro bono, nuestro personal y voluntarios buscan la justicia a través de servicios legales directos, promueven comunidades saludables y resistentes a través de la educación y la divulgación, y apoyan los esfuerzos liderados por la comunidad para transformar los sistemas injustos a través de litigios y la promoción de políticas dentro y fuera de Los Ángeles. Áreas de enfoque: acceso a la justicia, infancia/juventud/familias, desarrollo comunitario inclusivo; justicia económica, equidad educativa, justicia en materia de vivienda, derechos de los inmigrantes, derechos de los veteranos y derechos de las mujeres y las niñas.

213-385-2977

STAY HOUSED LA (HOUSING PROVIDERS)

Los Angeles County

Stay Housed LA assists with LA tenants stay housed.

Stay Housed LA ayuda a los inquilinos de Los Ángeles a mantener su vivienda.

Online access only

English:

[stayhousedla.org](#)

Espanol:

[stayhousedla.org/es](#)

Mental Health

ACCESS TO PREVENTION ADVOCACY INTERVENTION & TREATMENT (APAIT)

Korea Town

3055 Wilshire Blvd, Ste 300
Los Angeles, CA 90010

APAIT boasts more than ten years of expertise in delivering culturally sensitive behavioral health care, counseling, and social support. The skilled team, composed of counselors, is committed to offering therapy and counseling services designed to assist you in managing life's challenges and addressing mental health issues.

APAIT cuenta con más de diez años de experiencia en la prestación de servicios de salud mental, asesoramiento y apoyo social culturalmente sensibles. El cualificado equipo, compuesto por consejeros, se compromete a ofrecer servicios de terapia y asesoramiento diseñados para ayudarle a manejar los retos de la vida y enfrentar los problemas de salud mental.

APLA HEALTH & WELLNESS

APLA Health offers outpatient services such as Individual therapy sessions, Confidential assessments, consultations, and intakes, Integration with your medical care team; Referrals for more intensive services; Same-day crisis services; In-person counseling and TeleHealth.

323.329.9939

[aplahealth.org](#)

Baldwin Hills

Gleicher/Chen Health Center

3743 S La Brea Ave, Los Angeles, CA 90016

323-329-9900

Monday-Friday: 8:30 a.m.-5 p.m.

Koreatown

David Geffen Health Center

611 S Kingsley Dr, Los Angeles, CA 90005

213-201-1621

Mon-Thurs: 8 a.m.-7 p.m.; Friday: 8 a.m.-6 p.m.

Mid-Wilshire

APLA Health Center

5901 W Olympic Blvd, Ste 310
Los Angeles, CA 90036

323-215-1725

South Los Angeles

APLA Health Center, CDU/MLK Medical Campus
1679 E 120th St, Los Angeles, CA 90059

323-329-9700

West Hollywood

Michael Gottlieb Health Center
7531 Santa Monica Blvd
West Hollywood, CA 90046

AVIVA FAMILY AND CHILDREN'S SERVICES—OUTPATIENT COMMUNITY MENTAL HEALTH

3580 Wilshire Blvd, Ste 800
Los Angeles, CA 90010

The agency provides counseling for children and young adults age 21 and younger who live in Los Angeles County. Services include adolescent/youth counseling, behavior modification, child guidance, child abuse prevention, family counseling, parent child interactive therapy and wrap-around facilitation/community support.

La agencia ofrece asesoramiento a niños y jóvenes de 21 años o menos que viven en el condado de Los Angeles. Los servicios incluyen asesoramiento para adolescentes y jóvenes, modificación del comportamiento, orientación infantil, prevención del maltrato infantil, asesoramiento familiar, terapia interactiva entre padres e hijos y facilitación y apoyo comunitario.

213-637-5000
avivacenter.org

BEING ALIVE

6043 Hollywood Blvd. Ste B (2nd Floor)
Los Angeles, CA 90028

Being Alive focuses on the mental health and wellness of people living with HIV/AIDS. Their services provide a variety of no-cost programs: comprehensive emotional support, treatment education, prevention, advocacy, wellness and social services.

Being Alive se enfoca en la salud mental y el bienestar de las personas que viven con el VIH y el SIDA. Sus servicios ofrecen diversos programas gratuitos: apoyo emocional integral, educación sobre tratamientos, prevención, defensa de derechos, bienestar y servicios sociales.

323-874-4322
jamie@beingalive.org
beingalivelva.org

BIENESTAR

Services provided by Bienestar's mental health program include Individual, partner, or family therapy sessions, 3-6 months of long-term mental health treatment, and mental health services focused on helping those living with HIV/AIDS.

Los servicios que ofrece el programa de salud mental de Bienestar incluyen sesiones de terapia individual, de pareja o familiar, tratamiento de salud mental a largo plazo de 3 a 6 meses y servicios de salud mental enfocados en ayudar a quienes viven con VIH/SIDA.

866-590-6411
Monday – Friday: 10AM – 7PM
bienestar.org

East Los Angeles

5326 E Beverly Blvd, Los Angeles, CA 90022

Long Beach

2690 Pacific Ave, Long Beach, CA 90806

Pomona

180 E Mission Blvd, Pomona, CA 91766

San Fernando Valley

8551 Vesper Ave, Panorama City, CA 91402

CLINICA MONSEÑOR OSCAR A. ROMERO COMMUNITY HEALTH CENTER

123 S Alvarado St, Los Angeles, CA 90057

The agency provides mental health services for low income, Spanish speaking people who live in Los Angeles County. Services include adolescent and youth counseling, conjoint counseling, family counseling, group counseling and individual counseling. The agency provides services for children age 6 and older. There are no geographic restrictions.

La agencia proporciona servicios de salud mental a personas de bajos ingresos y de habla hispana que viven en el condado de Los Angeles. Los servicios incluyen consejería para adolescentes y jóvenes, consejería conjunta, consejería familiar, consejería grupal y consejería individual. La agencia ofrece servicios para niños de 6 años en adelante. No hay restricciones geográficas.

213-989-7701
clinicaromero.com

DEPRESSION AND BIPOLAR SUPPORT ALLIANCE

127 S San Vicente Blvd
Los Angeles , CA 90048

The organization provides self help groups for people of all ages, and their significant others, in southern California. Services include mental health related support groups for general depression, postpartum depression, bipolar or unipolar disorder, depressive or manic-depressive affective disorder; an internet support group is also available. There is a separate support group for adolescents at the same meeting time. There are no geographic restrictions.

La organización ofrece grupos de autoayuda para personas de todas las edades, y sus parejas, en el sur de California. Los servicios incluyen grupos de apoyo relacionados con la salud mental para depresión general, depresión posparto, trastorno bipolar o unipolar, trastorno afectivo depresivo o maniaco-depresivo; también hay disponible un grupo de apoyo por Internet. Hay un grupo de apoyo separado para adolescentes a la misma hora de reunión. No hay restricciones geográficas.

213-316-6568
dbsacalifornia.org

EAST VALLEY COMMUNITY HEALTH CENTER

This health center offers integrated mental health services ensuring patients mental health and medical needs are met. Services provided include individual therapy, family therapy, connection to community resources, grief/loss groups.

626-919-4333 ext 2337
evchc.org

Pomona

Pomona Health Center
1555 S Garey Ave, Pomona, CA 91766

West Covina

West Covina Health Center
420 S Glendora Ave, West Covina, CA 91790

LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH CRISIS LINE

This helpline provides support and assistance during mental health crises. If you or someone you know is in immediate danger or experiencing a mental health emergency.

Esta línea de ayuda proporciona apoyo y asistencia durante crisis de salud mental. Si tú o alguien que conoces estás en peligro inminente o sufriendo una emergencia de salud mental.

800-854-7771
24-Hours, Daily

SUICIDE AND CRISIS LINE

Suicide Crises Line

The 988 Lifeline offers round-the-clock, no cost, confidential assistance for individuals in distress. We also offer a wealth of prevention and crisis resources, along with professional best practices.

El 988 Lifeline ofrece asistencia gratuita y confidencial las 24 horas del día a las personas en dificultades, así como una gran cantidad de recursos de prevención y crisis para usted, junto con las mejores prácticas profesionales.

DIAL 988

24-Hours, Daily
publichealth.lacounty.gov

THE LGBT CENTER LONG BEACH

2017 E 4th St, Long Beach, CA 90814

The Mental Health Program offers individual, couples, group, and family therapy for those ages 13 and up. This LGBT Center incorporates several approaches to therapy, including psychodynamic, cognitive-behavioral, strength-based, person-centered, humanistic, and mindfulness.

562-434-4455 ext 228
Monday through Friday 10:00am to 8:00pm, and Saturdays from 10:00am to 3:00pm, depending on availability.
centerlb.org

TARZANA TREATMENT CENTERS (TTC)

320 E Palmdale Blvd, Palmdale, CA 93550

TTC offers a full continuum of mental health treatment services. From a recovery perspective, mental health (MH) treatment services at TTC are tailored to meet each patient's specific needs. Services provided include treatment for anxiety disorders, depression, suicidal ideation, PTSD, and co-occurring disorders.

661-729-9090
tarzanatc.org

TRANS LIFELINE HOTLINE

Trans Lifeline's Hotline is a peer support phone service run by trans people for our trans and questioning peers. Call us if you need someone trans to talk to, even if you're not in a crisis or if you're not sure you're trans.

Trans Lifeline's Hotline es un servicio telefónico de apoyo entre pares dirigido por personas trans para personas trans y con dudas. Llámanos si necesitas hablar con alguien trans, aunque no estés en crisis o no estés seguro de ser trans.

877-565-8860
translifeline.org

Prenatal Care Services

CLÍNICA MONSEÑOR ROMERO

Pico-Union/Westlake
123 S Alvarado St, Los Angeles, CA 90057

This health clinic provides prenatal and postnatal healthcare, family planning, social service case management and home visitation care. Services they offer include pregnancy testing, childbirth preparation, medi-cal enrollment, and housing support.

Esta clínica de salud proporciona cuidado de la salud prenatal y postnatal, planificación familiar, manejo de casos de servicios sociales y visitas a domicilio. Los servicios que ofrecen incluyen pruebas de embarazo, preparación al parto, inscripción en Medi-cal y apoyo a la vivienda.

213-989-7700
M, W & F 7:00 am to 5:00 pm
Tu & Th 7:00 am to 8:30 pm
S 8:00 am to 4:30 pm
clinicaromero.com

HARBOR-UCLA MEDICAL CENTER

1000 West Carson St, Torrance, CA 90501

Perinatal HIV Specialty Center with coordinated expertise in perinatal and pediatric HIV care.

Perinatal Case Manager:
424-306-7200
Pediatric Services:
323-457-1928

LAC+USC MATERNAL CHILD & ADOLESCENT/ADULT CLINIC

2019 Zonal Ave, 5th Flr, OPD 5 West
Los Angeles, CA 90033

Perinatal HIV Specialty Center with coordinated expertise in perinatal and pediatric HIV care.

OB referrals:
323-409-2468
MCA Clinic and Answering Service:
323-409-2200
keck2.usc.edu/maternal-child-and-adolescent-adult-center

LONG BEACH MEMORIAL MEDICAL CENTER

Maternity Care

Cherese Mari Lauhere BirthCare Center
2801 Atlantic Ave, 2nd Flr, Long Beach

The BirthCare Center at Miller Children's & Women's Hospital Long Beach is a dedicated center for expectant women, providing compassionate, quality health care during pregnancy. The center offers a comprehensive program of research, diagnosis, treatment, educational resources, maternity classes, and individual and family support programs all under one roof. An in-house maternal fetal subspecialist, neonatologist and anesthesiologist, as well as clinical laboratory services are available 24 hours a day, 7 days a week to patients.

El BirthCare Center del Miller Children's & Women's Hospital Long Beach es un centro dedicado a las mujeres embarazadas, que ofrece un cuidado de la salud compasiva y de calidad durante el embarazo. El centro ofrece un programa integral de investigación, diagnóstico, tratamiento, recursos educativos, clases de maternidad y programas de apoyo individual y familiar, todo bajo un mismo techo. Un subespecialista materno-fetal, un neonatólogo y un anestesista, así como servicios de laboratorio clínico, están a disposición de las pacientes 24 horas al día, 7 días a la semana.

562-933-2000
memorialcare.org

LONG BEACH MEMORIAL MEDICAL CENTER/MILLER CHILDREN'S AND WOMEN'S HOSPITAL

Bickerstaff Family Center
2865 Atlantic Ave, Ste 152
Long Beach, CA 90806

The Bickerstaff Family Center cares for infants, children, adolescents, and pregnant women who are at risk for, or infected with HIV/AIDS, acute community-acquired illness, chronic infections and other immunological disorders.

El Bickerstaff Family Center atiende a bebés, niños, adolescentes y mujeres embarazadas con riesgo o infección por VIH/SIDA, enfermedades agudas adquiridas en la comunidad, infecciones crónicas y otros trastornos inmunológicos.

562-933-8590
millerchildrenshospitallb.org

MATERNAL AND CHILD HEALTH ACCESS

1111 W 6th St, Ste 400
Los Angeles , CA 90017

The program provides advocacy for low-income people in Los Angeles County and case management for pregnant women, and families who live in the downtown area of Los Angeles. Services include case/care management, health education, welfare rights assistance, and women's support groups. Geographic restrictions apply for case management.

El programa defiende los intereses de las personas con bajos ingresos del condado de Los Angeles y el manejo de los casos de mujeres embarazadas y familias que viven en el centro de la ciudad. Los servicios incluyen el manejo de casos/atención, educación sobre la salud, asistencia en materia de derechos de asistencia social y grupos de apoyo a mujeres. Se aplican restricciones geográficas para el manejo de casos.

213-749-4261
mchaccess.org

MATTEL CHILDREN'S HOSPITAL AT UCLA—CARE 4 FAMILIES CLINIC

10833 Le Conte Ave, Room BH312 MDCC
Los Angeles, CA 90095

310-206-4173
310-206-6369

NORTHEAST COMMUNITY CLINICS

1414 S Grand Ave, Ste 300
Los Angeles, CA 90015

This clinic provides comprehensive examinations, lab tests, and ultrasound screenings along with essential care and educational tools for both mother and infant. NECC is also a certified CPSP Provider. This comprehensive prenatal service program provides pregnant women with nutrition classes, health education, lactation education, newborn parenting, WIC (Women, Infant, and Children) referrals, and access to community resources such as parenting courses and counseling.

Esta clínica ofrece exámenes exhaustivos, pruebas de laboratorio y ecografías, además de cuidados esenciales y herramientas educativas tanto para la madre como para el bebé. NECC también es un proveedor certificado de CPSP. Este programa integral de servicios prenatales ofrece a las mujeres embarazadas clases de nutrición, educación para la salud, educación sobre lactancia, crianza de recién nacidos, derivaciones a WIC (Women, Infant, and Children) y acceso a otros recursos comunitarios, como cursos y asesoramiento para padres.

213-222-1300
M-F: 8-5pm
necccare.com

PARK TREE COMMUNITY HEALTH CENTER

750 S Park Ave, Pomona, CA 91766

This clinic provides prenatal planning, pregnancy testing, and Women, Infant and Children (WIC) Referrals. This clinic also provides routine cancer screenings (cervical and breast) and testing for sexually transmitted disease. Well Woman exams, DepoProvera, Hormonal Contraception (Pills, Patches, Ring), Barrier Methods (condoms, diaphragms) are also provided.

Esta clinica ofrece planificacion prenatal, prueba de embarazo, y referencias para Mujeres, Infantes y Niños (WIC). Esta clinica también proporciona servicios tales como la detección rutinaria del cáncer (cervical y de mama) a la prestación de detección de enfermedades de transmisión sexual. Los servicios también incluyen exámenes de la mujer bien, anticonceptivos y DepoProvera, anticoncepción hormonal (píldoras, parches, anillo), métodos de barrera (condones, diafragmas).

909-630-7927
Mon -Fri: 8:00 AM -5:00 PM,
12:00 PM -1:00 PM
parktreehc.org

ATTENTION!!

The state of California is concerned about the limited and potentially misleading nature of the services provided by **CRISIS PREGNANCY CENTERS**.

What are Crisis Pregnancy Centers (CPCs)?

- CPCs present themselves as clinics for pregnant people that advertise full-spectrum reproductive services. This is misleading, however, because CPCs do NOT provide abortion counseling, procedures, or pills.
- The goal of many CPCs is to persuade pregnant people away from abortion.
- Many CPCs are deliberately located near abortion clinics. Their advertisements and websites aim to confuse people who may be considering abortion.

HOW TO RECOGNIZE AND AVOID ANTI-ABORTION CENTERS

Look for these **Terms/Warning Signs** when searching for abortion services:

“Pregnancy Decision Consultation”

CPCs tend to advertise free pregnancy tests—and if a patient tests positive for pregnancy, the CPC staff aim to convince patients to stay pregnant and give birth.

“Free Limited Ultrasound”

Some sites provide free ultrasounds, which are often conducted by untrained staff, and are used primarily not to inform patients but to manipulate them against considering abortion.

“Post Abortion Counseling”

CPCs assume that having an abortion is a negative experience and those who have had one need counseling. In reality, most people feel relief after an abortion.

“Abortion Pill Reversal”

CPCs advertise abortion “reversal” services. This protocol is NOT supported by science and can be harmful to a patient's health. Language such as “regret” and “grief” surrounding abortion may also be a red flag.

Everyone deserves access to health care that is free of stigma, harassment, and shame. Patients are entitled to factual education and client-centered care that covers the full spectrum of pregnancy options that are available from legitimate reproductive health care clinics.

FIND ACCURATE ABORTION INFORMATION BY VISITING:

publichealth.lacounty.gov/owh/Abortion/MultilingualResources.htm

SAFE HAVENS FOR ABANDONED NEWBORNS

3630 E Imperial Hwy, Ste 402
Lynwood, CA 90262

The hospital provides safe haven services for people of all ages in Los Angeles County. Services include safe havens for abandoned newborns. There are no geographic restrictions.

El hospital ofrece servicios de refugio seguro a personas de todas las edades en el condado de Los Ángeles. Los servicios incluyen refugios seguros para recién nacidos abandonados. No hay restricciones geográficas.

310-900-8900
stfrancismedicalcenter.com

ST FRANCIS MEDICAL CENTER

3630 E Imperial Hwy, Ste 402
Lynwood, CA 90262

The center provides hospital services for people of all ages who live in Southeast Los Angeles County. Services include a 24-hour pharmacy, community clinics, crisis intervention for pregnant women, emergency room services, general medical care, health education, a medical information line, a physician referral line, prenatal care, rehabilitation services, psychiatric mobile response teams, and senior support services. Geographic restrictions apply for some services.

El centro presta servicios hospitalarios a personas de todas las edades que viven en el sudeste del condado de Los Ángeles. Los servicios incluyen una farmacia abierta las 24 horas, clínicas comunitarias, intervención en crisis para mujeres embarazadas, servicios de urgencias, atención médica general, educación sobre la salud, una línea de información médica, una línea de referencia a médicos, atención prenatal, servicios de rehabilitación, equipos móviles de respuesta psiquiátrica, y servicios de apoyo a personas mayores. Algunos servicios están sujetos a restricciones geográficas.

310-900-8900
stfrancismedicalcenter.com

THE CHILDREN'S COLLECTIVE

Black Infant Health (BIH)
3701 Stocker St, Ste 302
Los Angeles, CA 90008

BIH provides street level outreach to at-risk and parenting African American women as well as culturally sensitive case

management, support, and empowerment workshops. Services include Health Education and Counseling, Nutrition Information, Parent Education and Father Support Classes, Bus Passes/Tokens, Prenatal/Postnatal Incentives, Home Visits.

BIH ofrece servicios ambulantes a mujeres afroamericanas en situación de riesgo y madres, así como el manejo de casos, apoyo y talleres de empoderamiento culturalmente sensibles. Sus servicios también incluyen educación sobre la salud y asesoramiento, información nutricional, educación para padres y clases de apoyo a los padres, pases de autobús, incentivos prenatales y postnatales y visitas a domicilio.

310-733-4388
childrenscollective.org

UCLA MEDICAL CENTER

High Risk OB Clinic
10833 Le Conte Ave
Los Angeles, CA 90095

We provide full-scope obstetric care for high-risk pregnancies, including pre-conception counseling, ultrasounds, advanced genetic testing and fetal monitoring.

Esta clínica ofrece atención obstétrica completa para embarazos de alto riesgo, incluido asesoramiento previo a la concepción, ecografías, pruebas genéticas avanzadas y monitorización fetal.

310-825-7955
uclahealth.org

Sylmar

14445 Olive View Dr, Sylmar, CA 91342
747-210-4216

UNIVERSITY OF SOUTHERN CALIFORNIA AND LOS ANGELES COUNTY DEPARTMENT OF HEALTH SERVICES

Maternal Child and Adolescent/Adult Center for Infectious Diseases and Virology
2010 Zonal Ave, OPD 5 West
Los Angeles, CA 90033

Family-centered, primary and subspecialty medical care along with a strong psychosocial component are provided by a multidisciplinary team of providers from the departments of Pediatrics, Obstetrics/Gynecology, Family Medicine, Psychiatry, Social Work and Nutrition. MCA provides HIV/STD services, mental health, obstetrics gynecology, and support services.

Un equipo multidisciplinar de proveedores de los Departamentos de Pediatría, Obstetricia/Ginecología, Medicina de Familia, Psiquiatría, Trabajo Social y Nutrición ofrece atención médica primaria y subespecializada centrada en la familia, junto con un fuerte componente psicosocial. El MCA ofrece servicios como VIH/ETS, salud mental, ginecología y obstetricia y servicios de apoyo.

323-409-2200
keck.usc.edu

VALLEY COMMUNITY HEALTHCARE

6801 Coldwater Canyon Ave
North Hollywood, CA 91605

This clinic helps and supports patients during pregnancy, offer maternity care and assistance for the well-being of mother and baby, as well as dental care and vision services. Services include physical exams, post-delivery care and emotional support, breast cancer screenings, STI diagnosis and treatment, and postpartum and behavioral health counseling.

Esta clínica ayuda y apoya a las pacientes durante el embarazo, ofrece cuidados de maternidad y asistencia para el bienestar de la madre y el bebé, así como atención dental y servicios de visión. Los servicios incluyen exámenes físicos, atención posparto y apoyo emocional, pruebas de detección de cáncer de mama, diagnóstico y tratamiento de ITS, y asesoramiento posparto y de salud de complotamiento.

818-763-8836
Monday-Friday, 8:00am-5:00pm
info@vchcare.org
valleycommunityhealthcare.org

VALLEY COMMUNITY HEALTHCARE

9119 Haskell Ave, North Hills, CA 91343

This clinic helps and supports patients during pregnancy, offer maternity care and assistance for the well-being of mother and baby, as well as dental care and vision services. Services include physical exams, post-delivery care and emotional support, breast cancer screenings, STI diagnosis and treatment, and postpartum and behavioral health counseling.

Esta clínica ayuda y apoya a las pacientes durante el embarazo, ofrece cuidados de maternidad y asistencia para el bienestar de la madre y el bebé, así como atención dental y servicios de visión. Los servicios incluyen exámenes físicos, atención posparto y apoyo emocional, pruebas de detección de cáncer de mama, diagnóstico

co y tratamiento de ITS, y asesoramiento posparto y de salud de complotamiento.

818-763-8836
Monday & Wednesday, 8:00am-8:00pm;
Tuesday, Thursday, Friday, 8:00am-5:00pm;
Alternating Saturdays, 8:00am-12:00pm
info@vchcare.org
valleycommunityhealthcare.org

VENICE FAMILY CLINIC

Patients get focused attention from their care team and referrals for related services, from prenatal vitamins and ultrasounds, to blood testing and amniocentesis, through labor, delivery and postpartum checks. This clinic offers prenatal counseling to expectant parents, and baby showers to help mothers-to-be meet each other.

Las pacientes reciben atención integral de su equipo de cuidado y referencias para servicios relacionados, desde vitaminas prenatales y ecografías, hasta análisis de sangre y amniocentesis, pasando por el parto, el alumbramiento y los controles posparto. Esta clínica ofrece asesoramiento prenatal a los futuros padres y baby showers para que las futuras madres se conozcan.

310-392-8636
Monday – Friday 8 a.m. – 5 p.m.
VFCinfo@mednet.ucla.edu
venicefamilyclinic.org

Inglewood South La Brea Health Center

1091 S La Brea Ave, Inglewood, CA 90301

Simms/Mann Health and Wellness Center

2509 Pico Blvd, Santa Monica, CA 90405

VIA CARE

Whittier Health Center
5015 Whittier Blvd, Los Angeles, CA 90022

This clinic puts emphasis on preventative care and services are provided regardless of insurance or ability to pay. Services provided include Well-Woman checkups, prenatal care, OB/GYN care, breast cancer screening, menopause management, and hormone disorder treatment.

Esta clínica se enfoca el cuidado preventivo y los servicios se prestan independientemente del seguro o de la capacidad de pago. Los servicios ofrecidos incluyen chequeos de la mujer rutinarios, atención prenatal, atención gineco-obstétrica, detección del cáncer de mama, el manejo

de la menopausia y tratamiento de trastornos hormonales.

323-268-9191
viacarela.org

WATTS HEALTHCARE CORPORATION

Breast Pumps
10300 S Compton Ave
Los Angeles, CA 90002

This is a supplemental food program that provides food vouchers and nutrition education for pregnant women, breastfeeding mothers, infants, and children younger than age five who live in specified areas of Los Angeles. This agency serves women and children who live in Watts and parts of South Central Los Angeles, including parts of Los Angeles 90002, 90003, 90059 and 90061. Eligible applicants must meet federal low-income guidelines and have been determined to be at nutritional risk by a health professional; they may include undocumented women.

Este es un programa de alimentos suplementarios que proporciona cupones de comida y educación nutricional para mujeres embarazadas, madres primerizas y/o lactantes, bebés y niños menores de cinco años que viven en áreas específicas de Los Ángeles. Esta agencia sirve a mujeres y niños que viven en Watts y partes de South Central Los Angeles, incluyendo partes de Los Angeles 90002, 90003, 90059 y 90061. Las solicitantes reúnen los requisitos federales sobre bajos ingresos y un profesional de la salud ha determinado que se encuentran en situación de riesgo nutricional; entre ellas puede haber mujeres indocumentadas.

323-564-4331
8 am-5:30 pm
wattshealth.org

Public Benefits

ACCESS

Free Fare Program
Multiple Locations

Access customers are eligible for the Free Fare program, allowing free us of most bus and rail systems within Los Angeles County, including Metrolink. Just present your green Access Rider ID Card as fare when you board. Using the Free Fare program does not affect your eligibility for Access paratransit

800-827-0829
213-270-6110
Monday through Friday from 8 a.m. to 5 p.m.
accessla.org

DPSS-CAL-FRESH

Cal-Fresh

Multiple Locations

The CalFresh Program (formerly known as Food Stamps) improves people's nutrition in low-income households by increasing their food-buying power. When you apply, we can expedite CalFresh benefits by issuing the same day or within 3 days following the date we receive your application.

877-613-3777

DPSS-GENERAL RELIEF

Multiple Locations

General Relief (GR) is a County-funded program that provides cash aid to indigent adults, and children who are ineligible for Federal or State programs. Able-bodied adults can receive aid for no more than nine months in any 12-month period. Participation in the GR employment and training program, Skills and Training to Achieve Readiness for Tomorrow (START) is mandatory for able-bodied adults. You apply via phone call and website.

877-613-3777
dpss.lacounty.gov

EAST VALLEY COMMUNITY HEALTH CENTER

WEST COVINA Health Center
420 S Glendora Ave, West Covina, CA 91790

This organization can assist you in applying for New Health Insurance Coverage or conduct a Benefits Review of existing coverage. They work directly with Covered California, Medi-Cal, and Medicare

626-919-4333
evchc.org

ELECTRIC SERVICE PAYMENT ASSISTANCE

4716 E Cesar E Chavez Ave
Los Angeles, CA 90022

The program provides utility bill assistance for residential customers of Southern California Gas and Southern California Edison through the Gas Assistance Fund (GAF) and Energy Assistance Fund (EAF) programs. The GAF/EAF programs will pay up to \$100 per household (\$200 for all electric households).

El programa proporciona asistencia para el pago de facturas de servicios públicos a los clientes residenciales de Southern California Gas y Southern California Edison a través de los programas Gas Assistance Fund (GAF) y Energy Assistance Fund (EAF). Los programas GAF/EAF pagarán hasta 100 dólares por hogar (200 dólares para todos los hogares eléctricos).

323-260-2804

GAS SERVICE PAYMENT ASSISTANCE

4716 E Cesar E Chavez Ave
Los Angeles, CA 90022

The program provides utility bill assistance for residential customers of Southern California Gas and Southern California Edison through the Gas Assistance Fund (GAF) and Energy Assistance Fund (EAF) programs. The GAF/EAF programs will pay up to \$100 per household (\$200 for all electric households).

El programa proporciona asistencia para el pago de facturas de servicios públicos a los clientes residenciales de Southern California Gas y Southern California Edison. Los programas GAF/EAF pagarán hasta 100 dólares por hogar (200 dólares para todos los hogares eléctricos).

323-260-2804

LOS ANGELES COUNTY DEPARTMENT OF PUBLIC SERVICES

The LAC Department of Pubic Services can assist with cash assistance, job services, health care and seniors and persons with disabilities.

866-613-3777
lacounty.gov

MARAVILLA FOUNDATION— UTILITIES ASSISTANCE

Through HEAP (Home Energy Assistance Program), we offer our qualified clients assistance with their utility bills. Utility bills include electricity, gas, wood, and propane/oil.

323-721-4162
8:00 AM-4:30 PM
maravilla.org

East Los Angeles

5729 E Union Pacific Ave
Commerce, CA 90022

Lancaster

43460 Sahuayo St, Lancaster, CA 93535

Panorama City

8534 Van Nuys Blvd
Panorama City, CA 91402

PACIFIC ASIAN CONSORTIUM IN EMPLOYMENT

1055 Wilshire Blvd, Ste 1475
Los Angeles, CA 90017

Our Energy Department provides outreach, energy and environmental conservation education, weatherization services, and assistance with utility bill payments to low income individuals and families in collaboration with our community partners the State of California Department of Community Services & Development, Southern California Gas Company, Los Angeles Department of Water & Power, and Southern California Edison.

213-353-3982 ext 236
8 AM-4 PM
pacela.org

SPECIAL SERVICE FOR GROUPS, INC (SSG)

515 Columbia Ave, Ste 310
Los Angeles, CA 90017

Located in the heart of Los Angeles, BACUP offers a client-run drop-in center that provides peer support, groups and activities, and assistance securing benefits. BACUP promotes wellness, recovery, and self-determination through peer support, SSI/SSDI benefits assistance, and community and family engagement.

213-368-1888 x405
ssg.org

Substance Use and Addiction Services

ADVENTIST HEALTH — GLENDALE

Glendale Adventist Alcohol & Drug Services (GAADS)
335 Mission Road, Glendale, CA 91205

This residential addiction treatment program provides interventions, detoxification, outpatient treatment, and continuing care. This program specializes in treating a wide variety of addictions and co-occurring disorders. Financial assistance offered through American HealthCare Lending.

Este programa residencial de tratamiento de adicciones ofrece intervenciones, desintoxicación, tratamiento ambulatorio y atención continuada. Este programa se especializa en el tratamiento de una amplia variedad de adicciones y trastornos concurrentes. Ofrecen asistencia financiera a través de American HealthCare Lending.

818-242-3116.
adventisthealth.org

ALCOHOLISM CENTER FOR WOMEN, INC. (ACW)

1147 S Alvarado St, Los Angeles 90006

Provides in-patient residential treatment program, mental health services, vocational counseling, parenting skills, domestic violence services, HIV/AIDS education and assistance with family reunification.

Ofrece un programa de tratamiento residencial en régimen de internado, servicios de salud mental, orientación profesional, formación para la crianza de los hijos, servicios contra la violencia doméstica, educación sobre el VIH/SIDA y ayuda para la reunificación familiar.

213-381-8500
alcoholismcenterforwomen.org

ASIAN AMERICAN DRUG ABUSE PROGRAM (AADAP)

Dedicated to serving Asian Pacific Islanders and other underserved communities with substance abuse services throughout Los Angeles County.

aadapinc.org

Inglewood

Health Navigation and Harm Reduction Services
652 E Manchester Blvd
Inglewood, CA 90301

424-331-5799

Substance Abuse Treatment (Outpatient)
520 N La Brea, Inglewood, CA 90302

323-294-4932

South Los Angeles

Substance Abuse treatment (Residential)
5319 S Crenshaw Blvd
Los Angeles, CA 90043

323-293-6291

CASA TREATMENT CENTER

160 N El Molino Ave, Pasadena, CA 91101

Non-medical substance abuse treatment program for women. Women 18 years of age or older (or emancipated minors) are provided with a safe, compassionate and sober environment to help them reach the goal of becoming alcohol and drug free.

Programa no médico de tratamiento del abuso de sustancias para mujeres. A las mujeres de 18 años o más (o menores emancipadas) se les proporciona un ambiente seguro, compasivo y sobrio para ayudarlas a alcanzar el objetivo de liberarse del alcohol y las drogas.

Toll Free: 855.954.2272
Telephone: 626.792.2770

CHAINS OF LOVE

2035 W 29th St, Los Angeles, CA

Chains of Love is a sober living residence for women.

Chains of Love es una residencia de vida sobria para mujeres.

323-533-5304

CLARE FOUNDATION

Women and Children Sober Living
911 Pico Blvd, Santa Monica, CA 90405

Offers sober living facility / fully furnished apartments for women in substance abuse recovery and their children. Curriculum includes 12-step program and a comprehensive substance recovery program.

Ofrece un centro de vida sobria / apartamentos totalmente amueblados para mujeres en recuperación de abuso de sustancias y sus hijos. El plan de estudios

incluye un programa de 12 pasos y un programa integral de recuperación de sustancias.

866-452-5273

CLARE MATRIX

Assessment Center
844 Pico Blvd, Santa Monica, CA 90405

Clare Matrix offers a sober living facility/ fully furnished apartments for women in substance abuse recovery and their children. Curriculum includes 12-step program and a comprehensive substance recovery program.

Clare Matrix ofrece un centro de vida sobria / apartamentos totalmente amueblados para mujeres en recuperación de abuso de sustancias y sus hijos. El plan de estudios incluye un programa de 12 pasos y un programa integral de recuperación de sustancias.

866-452-5273
clarematrix.org

CLEARVIEW TREATMENT PROGRAMS

Womens Treatment Center
Located in Venice, CA

This program provides comprehensive dialectical behavior therapy (DBT) for clients with diverse gender identities, ages 18 and older who struggle with a variety of emotional disorders.This treatment center was developed primarily to treat Borderline Personality Disorder but they also treat anxiety, depression, dissaciative disorders, other personality disorders, and PTSD. Services they provide include individual and group therapy, access to healthy meals, structured activities, and family support.

Este programa ofrece un programa integral de terapia de comportamiento dialéctica (DBT) diseñado para tratar a clientes con diversas identidades de género, mayores de 18 años que luchan con una variedad de trastornos emocionales. Este centro de tratamiento fue desarrollado principalmente para tratar el Trastorno Límite de la Personalidad, pero también tratan la ansiedad, la depresión, los trastornos disociativos, otros trastornos de la personalidad y el TEPT. Los servicios que ofrecen incluyen terapia individual y de grupo, acceso a comidas saludables, actividades estructuradas y apoyo familiar.

866-339-3544
clearviewtreatment.com

DIDI HIRSCH MENTAL HEALTH SERVICES

Via Avanta
1328 W Manchester Ave
Los Angeles, CA 90044

24/7 residential substance use/mental health treatment for women and their children up to age 6; psychiatric services medication support.

Tratamiento residencial 24/7 por consumo de sustancias/salud mental para mujeres y sus hijos de hasta 6 años; servicios psiquiátricos de apoyo a la medicación.

818-897-2609
didihirsch.org

FRIENDLY HOUSE

Residential Treatment: 347 S Normandie Ave, Los Angeles, CA 90020

Sober Living: 3112 Castle Heights Ave, Los Angeles, CA 90034

Offering sober living, transitional living, addiction treatment, detox for women.

Friendly House ofrece vida sobria, vida de transición, tratamiento de adicciones, desintoxicación para mujeres.

Residential Treatment: 866-475-0892
Sober living: 310-204-3351

HOUSE OF HOPE

205 West 9th Street, San Pedro, CA 90731

House of Hope offers primary treatment, outpatient care, bridge housing, residential program for women.

House of Hope ofrece tratamiento primario, atención ambulatoria, alojamiento puente, programa residencial para mujeres.

877-403-8016
Program Office: 310-831-9411

LITTLE HOUSE

9718 Harvard St, Bellflower CA 90706

Little house supports women through the work of recovery by providing a residential treatment program with a safe, supportive environment.

Little House apoya a las mujeres en su labor de recuperación ofreciéndoles un programa de tratamiento residencial en un ambiente seguro y de apoyo.

562-925-2777
877-820-2023

MEDMARK
TREATMENT CENTER

11900 Avalon Blvd, Ste 200
Los Angeles, CA 90061

This program offers medication-assisted treatment (MAT) for addictions to fentanyl, heroin, prescription medications, and other opioids. Services include individual and group counseling, medical assesments and testing, coordinated pregnancy treatment, and referrals to community resources.

Tratamiento asistido con medicación (MAT) para las adicciones al fentanilo, la heroína, los medicamentos con receta y otros opiáceos. Los servicios que ofrecen incluyen asesoramiento individual y de grupo, evaluaciones y pruebas médicas, tratamiento coordinado del embarazo y referecia a recursos comunitarios.

323-242-0500
Mon – Fri: 5:30am – 2:00pm
Sat – Sun: 6:00am – 10:00am
Holidays: 7:00am – 9:00am
[medmark.com](#)

SOCIAL MODEL
RECOVERY SYSTEMS

Stepping Stones
223 E Rowland St, Covina, CA 91723

Comprehensive residential drug and alcohol treatment for women (and women with children) in a safe and nurturing environment. Services provided include Anger Management, Parenting, Relapse Prevention, Domestic Violence Prevention, Family Reunification and life skills.

877-507-6242
info@socialmodel.com
[socialmodelrecovery.org](#)

TARZANA
TREATMENT CENTER

18646 Oxnard St, Tarzana, CA 91356

Tarzana Treatment Center provides rehab for clients suffering from substance misuse. They also provide in home housing supportive services and ADAP enrollment.

Tarzana Treatment Center ofrece rehabilitación para los clientes que sufren de abuso de sustancias. También ofrecen servicios de apoyo de vivienda en el hogar y la inscripción al programa ADAP.

818-996-1051 ext 388
[tarzanatc.org](#)

U.S. VETS—UNITED STATES
VETERANS INITIATIVE

ADVANCE Women’s Program
2001 River Ave, Long Beach CA 90810

A transitional housing service focused on addressing the unique needs of women who were exposed to sexual trauma during their military service and may be experiencing problems with substance use. In partnership with the Department of Veterans Affairs, ADVANCE provides a safe and sober living environment where women with children can receive treatment for sexual trauma, substance misuse, work re-entry counseling, and assistance in receiving disability payments.

Esta organización es un servicio de alojamiento transitorio centrado en atender las necesidades específicas de las mujeres que estuvieron expuestas a traumas sexuales durante su servicio militar y pueden tener problemas con el consumo de sustancias. En colaboración con el Departamento de Asuntos de los Veteranos, ADVANCE ofrece un ambiente seguro y sobrio en el que las mujeres con hijos pueden recibir tratamiento por traumas sexuales, abuso de sustancias, asesoramiento para la reincorporación al trabajo y asistencia para recibir pagos por discapacidad.

562.936.8127

UNITED WOMEN IN
TRANSITION (OUTPATIENT)

9410 S Western Ave
Los Angeles , CA , 90037

This alcohol rehab program focuses on a health and substance abuse services mix. Providing substance abuse treatment with outpatient care, partial hospitalization or day treatment, and residential long-term treatment.

323-779-2237
[drug-rehab-headquarters.com](#)

Support
Groups

APLA HEALTH & WELLNESS

Bereavement Support Groups
611 S Kingsley Dr, Los Angeles, CA 90005

APLA Health offers ongoing support groups, either virtually or in person, including for anyone newly diagnosed with HIV, for men who are age 50+ with HIV, as well as Life Skills support monthly for men and women with HIV. We plan to start a support group in 2024 for women with HIV.

NEWLY DIAGNOSED GROUP: Meets weekly on Thursdays, 7:00-8:30pm virtually and in-person. Facilitated by APLA Health’s Brian Risley for 25 years, this long-running group has been a safe space to help men and women in their first two years of diagnosis reduce fear, stigma, receive peer support and get accurate medical information and life skills. For more information and to request the Zoom link, call Brian: 323-365-5600 or email: brisley@aplahealth.org

HIVE CONNECTIONS SUPPORT GROUP: Meets Mondays, 5:00-6:00pm on Zoom for men who have sex with men who are 50+ living with HIV. Share information, insights and life changes and get peer support.

213-201-1615
[aplahealth.org](#)

BEING ALIVE

7080 Hollywood Blvd, Ste 450
Los Angeles, CA 90028

Being Alive is proud to have one of the only support groups in the area for HIV+ women, called Queen Bees. Other groups include Friday Night Lite – a group open to anyone wishing to make uplifting connections, and a CMA Meeting that shares our space, though it has been virtual during the pandemic.

Being Alive se enorgullece de tener uno de los únicos grupos de apoyo de la zona para mujeres VIH+, llamado Queen Bees. Otros grupos incluyen Friday Night Lite - un grupo abierto a cualquier persona que desee hacer conexiones inspiradoras, y una Reunión CMA que comparte nuestro espacio, aunque ha sido virtual durante la pandemia.

323-874-4322
[beingalivela.org](#)

BIENESTAR

HERMANAS
180 East Mission Blvd, Pomona, CA 91766

HIV & STI prevention program for trans-gender women who reside in Los Angeles County. The program includes group sessions focused on community-building, supportive services, and friendship.

Hermanas es un programa de prevención del VIH y las ITS para mujeres transgénero que viven en el condado de Los Ángeles. El programa incluye tres sesiones de grupo centradas en la creación de comunidad, servicios de apoyo y amistad.

[bienestar.org](#)

CAMP LAUREL

The Laurel Foundation
75 S Grand Ave Pasadena, CA 91105

The mission of The Laurel Foundation is to empower children, youth and families affected by HIV/AIDS, transgender and gender diverse youth through educational and support programs in a safe and trusting environment.

La misión de la Fundación Laurel es empoderar a los niños, jóvenes y familias afectados por el VIH/SIDA y a los jóvenes transgénero y con diversidad de género mediante programas educativos y de apoyo en un ambiente seguro y de confianza.

626-683-0800
[laurel-foundation.org](#)

CHARLES DREW UNIVERSITY

1731 E 120th St, Los Angeles, CA 90059

CDU (Located South LA) offers support groups for clients living with HIV.

CDU ofrece grupos de apoyo para clientes que viven con VIH.

323-563-4800
[cdrewu.edu](#)

EAST LOS ANGELES
WOMEN’S CENTER

Seeking Safety Group
1431 S Atlantic Blvd
Los Angeles, CA 90022

Support for dealing with strong emotions and feeling safer in your body. Learn effective skills to cope and manage moments when triggers or feelings are strong.

323-526-5819
[elawc.org](#)

KAISER PERMANENTE—
WEST LOS ANGELES
MEDICAL CENTER

6041 Cadillac Ave, Los Angeles , CA 90034

The program provides self help groups for adults, children and families in Los Angeles. Services include bereavement support groups and bereavement group volunteer opportunities. There are no geographic restrictions. The groups are open to anyone in the general public who has experienced the death of a family member or other close relationship, as well as to Kaiser health plan members. Groups are not equipped to handle crisis intervention or serious trauma issues related to loss; but rather are oriented to coping with grief.

Los servicios incluyen grupos de apoyo en duelo y oportunidades de voluntariado en grupos de duelo. No hay restricciones geográficas. Los grupos están abiertos a cualquier persona del público en general que haya experimentado la muerte de un familiar u otra relación cercana, así como a los miembros del plan de salud de Kaiser. Los grupos no están equipados para manejar la intervención en crisis o problemas traumáticos graves relacionados con la pérdida, sino que están orientados a sobrellevar el duelo.

323-783-4977
[kp.org](#)

LIFE GROUP LA

1049 Havenhurst Dr
West Hollywood, CA 90046

Our emotional support groups are weekly, ongoing and closed groups that meet once per week for 2 hours. No drop in visitors are permitted. The Life Group LA offers support groups to people who are not only HIV+, but HIV-also. This would include an HIV-Partner of someone whom is positive, or an HIV-person who needs support in making safe and productive life choices.

Nuestros grupos de apoyo emocional son grupos semanales, continuos y cerrados que se reúnen una vez a la semana durante 2 horas. No se permiten visitas sin cita previa. The Life Group LA ofrece grupos de apoyo a personas que no sólo son VIH+, sino también VIH-. Esto incluiría una pareja VIH- de alguien que es positivo, o una persona VIH- que necesita apoyo para tomar decisiones de vida seguras y productivas.

888-208-8081
[thelifegroupla.org](#)

MINORITY AIDS PROJECT
(M.A.P)

5147 W Jefferson Blvd
Los Angeles, CA 90016

Group discussion on topics that affects us! No topics off limits! No issue too small! Let's laugh, cry, and talk about it!

323-936-4949
Thursdays 10:30am – 12:00pm
[minorityaidsproject.org](#)

PEACE OVER VIOLENCE

1541 Wilshire Blvd, Ste 300
Los Angeles, CA 90017

The organization provides sexual assault services for people in Los Angeles County. Services include abuse/violence related

support groups, accompaniment, peer counseling, speakers and printed materials, self-defense courses for women and girls, ongoing professional training for caregiv-ers; and training programs for self-defense instructors. No geographic restrictions.

La organización ofrece servicios de ayuda a las víctimas de agresiones sexuales en el condado de Los Ángeles. Los servicios incluyen grupos de apoyo relacionados con el abuso/violencia, acompañamiento, asesoramiento entre iguales, conferencias y material impreso, cursos de autodefensa para mujeres y niñas, entrenamiento profesional continua para cuidadores y programas de entrenamiento para instructores de autodefensa. No hay restricciones geográficas.

213-955-9090
[peaceoverviolence.org](#)

POZ COMMUNITY FORUMS

Virtual forum for HIV positive individuals.
POZ Community Forums, a round-the-clock discussion area for people with HIV/AIDS, their friends/family/caregivers, and others concerned about HIV/AIDS. Access to discussion board is online.

212-242-2163
[forums.poz.com](#)

THE LGBTQ CENTER
OF LONG BEACH

Support Positive
2017 E 4th St, Long Beach, CA 90814

Dealing with a new HIV diagnosis can be a challenging and at times overwhelming. Support Positive discusses issues affecting those with a new diagnos including reala-tionships, managing and understanding medical care and treatment options, and dealing with family work and friends.

Enfrentarse a un nuevo diagnóstico de VIH puede ser un reto y, en ocasiones, abrumador. Support Positive hablan sobre cuestiones que afectan a las personas con un nuevo diagnóstico, como las relaciones interpersonales, la y comprensión de la atención médica y las opciones de tratamiento, y la relación con la familia, el trabajo y los amigos.

562-247-7353
[centerlb.org](#)

UFC MOVEMENT

Project Wholeness & Wellness
Support Group / Education
UFC Movement
717 E Pacific Coast Hwy
Long Beach, CA 90806

Offers a six week HIV/AIDS educationand prevention workshop for women of color.

Ofrece un taller de seis semanas sobre educación y prevención del VIH/SIDA para mujeres de color.

562-489-1017

WHITE MEMORIAL
MEDICAL CENTER

1720 Cesar E Chavez Blvd
Los Angeles , CA 90033

Services include breastfeeding support programs; cancer support groups, including a breast cancer support group for Latinas; CPR for new parents; diabetes self management; diabetes support groups; household safety programs for new parents; nutrition classes for heart patients, cancer patients and people who have diabetes; exercise/fitness classes including aquarobics, pilates, and yoga instruction. Support groups are for people who have cancer and their families. Classes focus on teaching people coping skills and how to focus on living.

323-268-5000
[adventisthealth.org](#)

YWCA GREATER
LOS ANGELES—COMPTON
EMPOWERMENT CENTER

Sexual Assault Support Groups
1600 E Compton Blvd, Compton, CA 90221

The agency provides sexual assault services for youth and adults age 12 and older in Compton, Gardena, Lynwood, and Rancho Dominguez . Services include crime victim accompaniment services, a sexual assault hotline, sexual assault counseling, sexual assault/incest support groups for females, self defense training for female survivors, specialized information and referral and community speakers. Age and geographic restrictions apply.

La agencia ofrece servicios de asalto sexual para jóvenes y adultos mayores de 12 años en Compton, Gardena, Lynwood y Rancho Dominguez . Los servicios incluyen servicios de acompañamiento a las víctimas de delitos, una línea telefónica directa sobre agresiones sexuales, asesoramiento sobre agresiones sexuales, grupos de apoyo sobre agresiones sexuales/incesto para mujeres,

entrenamiento en autodefensa para mujeres sobrevivientes, información especializada y referencias y portavoces comunitarios. Se aplican restricciones de edad y geográficas.

310-763-9117
[ywcagla.org](#)

Transport
Services

ACCESS SERVICES

Access is the service name of the ADA Complementary Paratransit service for functionally disabled individuals in Los Angeles County. Access transportation service is available for any ADA paratransit eligible individual to any location within ¾ of a mile of any fixed bus operated by the Los Angeles County public fixed route bus operators and within ¾ of a mile around METRO Rail stations during the hours that the systems are operational. Complementary paratransit service is not required to complement commuter rail and commuter bus services, since it is not required by the ADA.

800-827-0829
4:00 AM to 12:00 AM, 7 days a week
cserv@accessla.org
[accessla.org](#)

ADMINISTRATIVE SERVICES
AND TAXI CO-OP

This company offers professional drivers who are licensed, certified and insured for your protection.

424-222-2222
[layellowcab.com](#)

ADVENTIST HEALTH
WHITE MEMORIAL

Mexican American Opportunity
Foundation
1700 Cesar E Chavez, 1st Floor
Los Angeles, CA 90033

Adventist Health White Memorial in collaboration with the Mexican American Opportunity Foundation (MAOF) offers senior citizens 60 years of age or older, on-site as well as over the phone, assistance, resources, referrals to agencies and programs based on individual needs including taxi coupons and bus tokens.

Adventist Health White Memorial en colaboración con la Mexican American Opportunity Foundation (MAOF) ofrece a los ciudadanos de la tercera edad de

60 años o más, en el lugar, así como por teléfono, asistencia, recursos, referencias a agencias y programas basados en las necesidades individuales, incluyendo cupones de taxi y fichas de autobús.

323-526-7206
adventisthealth.org

ANTELOPE VALLEY
TRANSIT AUTHORITY

Antelope Valley Transit Authority is the transit agency serving the cities of Palmdale, Lancaster and Northern Los Angeles County. Antelope Valley Transit Authority is operated under contract by MV Transportation, and offers connecting services with Metro and Metrolink.

661-945-9445
avta.com

APLA HEALTH & WELLNESS

Medical Transportation

APLA Health Medical Transportation Services can provide referrals and information on transportation services for clients, such as free taxi rides to and from medical appointments and assistance with public transportation needs.

213-201-1323
aplahealth.org

CALIFORNIA BLACK
WOMEN'S HEALTH PROJECT
(CABWHP)

9800 La Cienega Blvd, Ste 905
Inglewood, CA 90301

CABWHP advocates for the physical, spiritual, mental and emotional well-being of Black Women and girls in California. They provide advocate training programs and services related to domestic/intimate partner violence, nutrition/fitness, mental health, reproductive health, menopause, and other health issues.

CABWHP se compromete a defender y mejorar el bienestar físico, espiritual, mental y emocional de las mujeres y niñas negras de California. Ofrecen programas de entrenamiento de defensores y ofrecen educación sobre prevención de enfermedades, violencia doméstica/de pareja íntima, nutrición/fitness, salud mental, salud reproductiva, menopausia y otros temas de salud negra.

310-412-1928
wellwoman@cabwhp.org
cabwhp.org

CATALYST FOUNDATION

547 W Lancaster Blvd, Lancaster, CA 93534

The Catalyst Foundation offers transportation through The International Institute of Los Angeles-Metro's Low-Income Fare is Easy (LIFE) program, which provides transportation assistance to low-income individuals in Los Angeles County. The LIFE program offers fare subsidies that may be applied toward the purchase of Metro or any LIFE participating transit agencies or free regional ride options.

661-948-8559
catalystfdn.org

EVANS COMMUNITY
ADULT SCHOOL

Hollywood Campus
1521 N Highland Ave
Los Angeles, CA 90028

Evans Community Adult School offers English as a Second Language (ESL) academic classes for adult basic education, career technical education, and US citizen program. They also offer Adult Basic Education Program (ABE) that prepares students to take the examinations for a High School Equivalency Certificate. Classes are offered both in-person and online.

Evans Community Adult School ofrece clases académicas de inglés como segundo idioma (ESL) para educación básica de adultos, educación técnica profesional y programa para ciudadanos estadounidenses. También ofrecen el Programa de Educación Básica para Adultos (ABE) que prepara a los estudiantes para tomar los exámenes para un Certificado de Equivalencia de Escuela Secundaria. Las clases se imparten tanto en persona como en línea.

323-993-1800
contact@evansla.org
evansla.org

FAME ASSISTANCE
CORPORATION

LIFE (Low-Income Fare is Easy)
1968 W Adams Blvd, Los Angeles, CA 90018

The Low-Income Fare is Easy (LIFE) program provides transportation assistance to low-income individuals in Los Angeles County. LIFE offers fare subsidies that may be applied toward the purchase of passes on Metro or any LIFE participating transit agencies or a free regional ride option.

El programa Low-Income Fare is Easy (LIFE) proporciona ayuda para el transporte a personas con bajos ingresos en el condado de Los Ángeles. LIFE ofrece

subsidios de tarifas que pueden aplicarse a la compra de pases en Metro o en cualquiera de las agencias de transporte participantes en LIFE o una opción de viaje regional gratuito.

323-870-8567
9:30am-11:30am & 1:30pm-3:30pm
Closed between 11:30am-1:30pm
lifefinfo@famecorporations.org
famecorporations.org

Northwest Office

3800 La Crescenta Ave, Ste 207
Glendale, CA 91214

818-244-2550
8:30am-4:00pm

HEALTH NET

Your Health Net Medi-Cal plan covers rides when you need health care and services. This is also known as, routine medical transportation.

855-253-6863

L.A. CARE HEALTH CARE

L.A. Care members are eligible for both emergency and non-emergency transportation benefits. Depending on your plan and the service needed, prior authorization may be required. Always consult your plan handbook or call Member Services for your plan for complete details.

888-839-9909 Press 2
lacare.org

METRO LOW-INCOME FREE
IS EASY (LIFE) PROGRAM

One Gateway Plaza, Los Angeles, CA 90012

Metro Transit has reduced the cost of transit for low-income riders with the new Low-Income Fare is Easy (LIFE) Program. The program offers fare discounts that can be applied toward the purchase of weekly and monthly transit passes on Metro and any LIFE participating transit agencies, or 20 free rides or purchase a discounted pass on any of the 13 LIFE participating transit agencies.

213-680-0054
Monday – Friday, 8am – 4pm
taptogo.net

NORTHEAST LOS ANGELES
WORKSOURCE CENTER

Through a network of partners, Goodwill Southern California Employment Centers bring job seekers and employers together in one place. Employers receive assistance finding candidates and screening prospective employees, and career seekers receive assistance in the following areas: one-on-One Career Counseling, job Search Strategies, access to Computer, Internet, Phone, Fax, and Copier, resume Writing, computer and Skills Training, interview Workshops, financial Management, access to Community Resources, text Books, Bus Passes, and other Work Tools, on-the-Job Training Opportunities, and career Development and Job Leads.

A través de una red de socios, los Centros de Empleo de Goodwill del Sur de California reúnen en un mismo lugar a las personas que buscan empleo y a los empresarios. Los empleadores reciben ayuda para encontrar candidatos y seleccionar a los posibles empleados, y los solicitantes de empleo reciben asistencia en las siguientes áreas: asesoramiento profesional personalizado, estrategias de búsqueda de empleo, acceso a computadoras, Internet, teléfono, fax y copiadora, redacción de currículos, entrenamiento de computación y en habilidades, talleres de entrevistas, manejo financiera, acceso a recursos comunitarios, libros de texto, pases de autobús y otras herramientas de trabajo, oportunidades de entrenamiento en el puesto de trabajo, desarrollo profesional y oportunidades de empleo.

WISE & HEALTHY AGING

MODE
1527 4th St, 2nd Floor
Santa Monica, CA 90401

The City of Santa Monica's Big Blue Bus program, MODE (Mobility On Demand Everyday) offers transportation options. Low cost, shared-ride curb-to curb van transportation is available for Santa Monica residents who are at least 65 years of age and persons with disabilities who are 18 years of age or older. All vans are lift-equipped and are driven by specially licensed and trained drivers.

310-394-9871
info@wiseandhealthyaging.org
wiseandhealthyaging.org

APLA
Health

WOMEN
TOGETHER
COLLABORATIVE

Thank You...

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“ I am a woman
PHENOMENALLY
Phenomenal woman
That's me ”

— *Maya Angelou*

WOMEN
TOGETHER
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