**HIVE presents Life Skills** 

## Taking Charge of Your Mental Health

With Everardo Alvizo



Friday, June 27, 2025 **Lunch & Presentation** 12-1:30pm

**APLA Health Center, Long Beach** 1043 Elm Ave., 3rd Floor Long Beach, CA 90813

## **RSVP**

Call/text your full name to (562) 247-7353 or Email JMcCray@aplahealth.org









