

HIVE presents Life Skills

The Alignment



With Daniel Garza

A guided experience to help you reconnect with your mind, body, and spirit.
Gain clarity, release blockages, and align with your purpose.
Come back to your center — grounded, clear, and empowered.



Friday, July 25, 2025

Lunch & Presentation
12–1:30pm

APLA Health Center, Long Beach

1043 Elm Ave., 3rd Floor – Meeting Rm. 1
Long Beach, CA 90813

RSVP

Call/text your full name to
(562) 247-7353 or Email
JMcCray@aplahealth.org